

Visit Bicentennial @ Fort Canning Park

Date	Time	Programme	Venue
1 June 9am-10pm	9- 10am	Special Guided Tour	Farquhar Garden
	12.30pm- 8.30pm	F&B @ Food Village	Fort Gate
	10am – 6pm	Station Guides @ Fort Canning Gardens	Fort Gate
	10am – 6pm	Children's Activities	Artisan's Garden
	10.30am	Talks and Demos: Holistic Nutrition Through Ayurveda	Raffles House
	11am – 6pm	An Ode to a Hill- Gamelan	Sang Nila Utama Garden
	1pm – 6pm	An Ode to a Hill- Dance	Pancur Larangan
	3pm- 4pm	Special Guided Tour	Farquhar Garden
	3pm- 4pm	Talks and Demos: Talk by Prof John Miksic	Raffles House
	4.30pm- 6pm	Talks and Demos: My Artspace: Sketching tour	Raffles House
	6.30pm- 10.30pm	NParks Concert Series in the Park: Rockestra®	Fort Canning Green
2 June 9am-10pm	9- 10am	Special Guided Tour	Farquhar Garden
	10am – 10pm	F&B @ Food Village	Fort Gate
	10am – 6pm	Station Guides @ Fort Canning Gardens	Fort Gate
	10am – 6pm	Children's Activities	Artisan's Garden
	11am - 6pm	An Ode to a Hill- Gamelan	Sang Nila Utama Garden
	1pm- 6pm	An Ode to a Hill- Dance	Pancur Larangan
	3pm- 4pm	Special Guided Tour	Farquhar Garden
	4.30pm- 5.30pm	Talks and Demos: Gardening Tips by Volunteer Bob	Raffles House
5 June 9am – 10pm	9- 10am	Special Guided Tour	Farquhar Garden
	10am – 10pm	F&B @ Food Village	Fort Gate
	10am – 6pm	Station Guides @ Fort Canning Gardens	Fort Gate
	10am – 6pm	Children's Activities	Artisan's Garden
	1pm- 6pm	An Ode to a Hill- Dance	Pancur Larangan
	3pm- 4pm	Special Guided Tour	Farquhar Garden
	4.30pm- 6pm	Talks and Demos: Terrarium Workshop (charged)	Raffles House
	9- 10am	Special Guided Tour	Farquhar Garden

8 June 9am- 10pm	10am – 10pm	F&B @ Food Village	Fort Gate
	10am – 6pm	Station Guides @ Fort Canning Gardens	Fort Gate
	10am – 6pm	Children’s Activities	Artisan’s Garden
	10.30am- 11.30am	Talks and Demos: Ceramic House Artists	Raffles House
	11am – 6pm	An Ode to a Hill- Gamelan	Sang Nila Utama Garden
	1pm – 6pm	An Ode to a Hill- Dance	Pancur Larangan
	3pm- 4pm	Special Guided Tour	Farquhar Garden
	4.30pm – 6pm	Talks and Demos: Hotel Fort Canning Peranakan Laksa with Lobster by Chef Jeffrey	Raffles House
	6pm – 10pm	*Night Out @ Armenian Street	Armenian Street
	7.30pm- 9.30pm	Movie Screening: Captain Marvel	Jubilee Park
9 June 9am-10pm	9- 10am	Special Guided Tour by Nature Society	Farquhar Garden
	10am – 10pm	F&B @ Food Village	Fort Gate
	10am – 6pm	Station Guides @ Fort Canning Gardens	Fort Gate
	10.30am- 11.30am	Talks and Demos: Cooking Demonstration by Lewin Terrace	Raffles House
	10am – 6pm	Children’s Activities	Artisan’s Garden
	11am – 6pm	An Ode to a Hill- Gamelan	Sang Nila Utama Garden
	1pm – 6pm	An Ode to a Hill- Dance	Pancur Larangan
	3pm- 4pm	Special Guided Tour	Farquhar Garden
	4.30pm- 5.30pm	Talks and Demos: Mind Wellness Through Ayurveda	Raffles House

*Night Out @ Armenian Street - 7 & 8 June

Family Fun

F&B at Food Village (2,5,8,9 June)

The Food Village by Dining in the Garden City provides a needed respite for all visitors to take a break, fuel up and go again! Nestled in the deep of Fort Canning right next to the iconic Fort Gate, the hawker edition brings you specially curated local favourites such as Hokkien Mee, Laksa and Satay.

Eat Your History @ Food Village (1 June, 3- 5.45pm)

Food is a reflection of our history and people. As we look at our island's rich history, we dive into the culinary world to discover gastronomic delights from different cultures in Singapore and find out what they mean in our journey as one people. For one day only, you are invited to taste an array of mouth-watering dishes prepared by Singapore's top chefs. Meet and greet these culinary masters as they share interesting stories about their dishes and what they tell us about our history. Admission and tasting sessions is complimentary and each session is limited to 500 tasting portions. For more info, please visit www.bicentennial.sg



Children's Activities (All Days)

Artisan's Garden is a new workshop and activity space within Fort Canning Park. Its name derives from the fact that the area was likely used as a royal artisans' workshop and living quarters in ancient Singapura. Come on down to check out the brand new space and the activities that we have prepared! Suitable for children aged 3 years and above.



Movie Screening: Captain Marvel (8 June)

Bring your family and loved ones, picnic mats and baskets to the all new Jubilee Park and join in on the adventure of Carol Danvers as she becomes one of the universe's most powerful heroes. While a galactic war between two alien races reaches Earth, Captain Marvel finds herself and a small cadre of allies at the center of the maelstrom.

Walks and Tours

Special Guided Tour of Fort Canning Gardens (All Days)

Fort Canning Park has 700 years of history, dating from the 12th century right through to the arrival of the British in the 19th century.

Fort Canning Park sits on a hill and spans 19.74 hectares or 197,400 square metres. It is filled not only with history, but also a wide variety of flora and fauna.

Join our guides as they bring you through one of Singapore's most historic landmarks which has witnessed Singapore's golden age, from the time the Malay kings ruled from its peak and watched as the island transformed over the centuries into the vibrant city-state it is today.

Gathering point: Farquhar Garden

Capacity: 50 pax, on a first come, first served basis



Station Guides @ Fort Canning Gardens (All Days)

Want to find out more about the interesting stories, features and landscaping at our new Fort Canning Gardens? Want to see how the new augmented reality app provides a fresh and interesting perspective to history of Fort Canning and Singapore?

Look for our station guides, who will provide nuggets of information and untold stories as you find your way around the rich historical site.

First station: Fort Gate



Night Out @ Armenian Street (7 & 8 June)

Night Out @ Armenian Street re-imagines the street as a colorful & surreal Botanical world where the flora and fauna from Raffles' first Botanical and Experimental Garden come alive and inhabit the site in quirky and mesmerising ways. Along with installations and interactive stations, an exciting theatrical performance celebrates the botanical heritage of Fort Canning Park. Featuring an aerialist, a unicyclist, a cellist and two larger than life ants, come along and be charmed by the spectacle and musicality! Specially commissioned activity packs will be available at the interactive stations, where you can participate and bring home a one-of-a-kind memento. Come along for a great night out!



Performances

NParks Concert Series in the Park: Rockestra® (1 June)

Get ready to boogie the night away to classics from the 60s to the 90s at the next instalment of NParks Concert Series in the Park: Rockestra®, themed 'Saturday Night Retro Fever'!

Hosted by Justin Misson, look forward to performances by our all-star retro line-up: Enigma, Jack & Rai, Jive' Talkin, Shagies and The Vibes!

Admission is free. Delectable halal and non-halal food, and a wide selection of beverages will be on sale.

Proudly presented by Gold Sponsor Ascendas-Singbridge Gives Foundation.



An Ode to a Hill- Gamelan (1-2 & 8-9 June)

The Sang Nila Utama Garden is inspired by the 14th century royal gardens, which was used exclusively by members of the court to meditate and entertain. As you stroll through its four zones, be enchanted by the musical strains of a Gamelan performance.



An Ode to a Hill- Dance (1-2 & 5 & 8-9 June)

Legend has it that the women of the royal court bathed in the waters of *Pancur Larangan* or the 'Forbidden Spring', strictly concealed from gazing eyes. Be swept away by a dance performance under the canopy of the open sky and have your curiosity piqued by the secrets of *Pancur Larangan* from the ancient days of Fort Canning Hill.



Talks and Demos

Talk: Holistic Nutrition through Ayurveda (1 June)

Diet and nutrition are increasingly recognised as one of the most important factors in maintaining health and well-being. According to Ayurveda, nutrition is the key to continuous good health and it provides a customised approach to nutrition. By understanding your body constitution (individual body type) and digestion based on Ayurvedic perspective you will be able to assess the type of food that is suitable for you.

Ayurveda, known as the “Science of Life”, offers a comprehensive study of the effects of food and lifestyle on one’s mind, body and soul. Even though this holistic system originated in India thousands of years ago, its wisdom on diet and health is universal and timeless.



Talk: Talk by Prof. John Miksic (1 June)

Dr. Miksic is a professor in the Southeast Asian Studies department of NUS. His teaching areas include the History of Premodern Southeast Asia as well as the Archaeology and Ancient History of Southeast Asia.

In this talk by Prof. Miksic, we will have an introduction to archaeology and learn about the history of archaeological findings in Fort Canning Park. These findings can showcase the importance and historical significance of Fort Canning Park and how it relates to the Southeast Asian region.



Demo: MyArtSpace – Sketching Tour (1 June)

Join our sketch walk and be inspired by the natural surroundings, historical architecture and tranquillity of Fort Canning. Learn how to capture the beauty of the park with great ease and fun. My Art Space professional artist Uhky Uhky will guide you with step-by-step instructions to sketch creatively. All aged above 16 are welcome. Bring along your own materials: 0.5 black ink pen/ 2B pencil and A5 size sketching pad.



Talk: Gardening Tips by Volunteer Bob (2 June)

Herbs and spices make delicious ingredients and garnishes to add to your food. You too can learn to grow your own herbs and spices! Make them organic even!

Join Bob, our volunteer, as he teaches you all the tips and tricks to grow your very own herb and spice garden. Learn about optimal growth conditions as well as propagation tips for a blooming herb garden!



Talk: Terrarium Workshop (5 June)

Terrariums are self-sustaining systems in a container that helps to house plants. Think of it as a mini-greenhouse. They are low-maintenance, which means that almost anyone can take good care of the terrariums! Especially for those who have busy schedules. Terrariums also beautify a space elegantly.

Come down to the terrarium workshop and learn how to make your own terrarium! Find out which plants are suitable for terrariums and how to care for them!

(Do note that this is a charged workshop)



Talk: Ceramic House Artists (8 June)

Artists from Ceramic House Singapore contributed artworks to the landscape of the Sang Nila Utama Garden. These works are special because they incorporate clay from the soil on Fort Canning Park.

Join the artists as they talk about the process of harvesting clay, processing it, testing the clay and eventually conceiving of the designs concepts of all 12 pieces of work.



Demo: Hotel Fort Canning Peranakan Laksa with Lobster by Chef Jeffrey Tan (8 June)

Love your Peranakan laksa and wish to perfect it? Pick up tips and tricks from Hotel Fort Canning's Director of Kitchen, Chef Jeffrey Tan, on whipping up a rich and flavoursome Nyonya-style laksa using his homemade rempah. Apart from fish cakes, tau pok, and hard-boiled egg, his rendition features a star ingredient of poached succulent lobster that lends this favourite classic an upmarket twist!



Talk: Guided Tour by NSS (9 June)

Nature Society Singapore is a non-profit organisation dedicated to the enjoyment and conservation of the natural environment and natural heritage of Singapore. Join their guided tour around Fort Canning Park as they share about the different flora and fauna in Fort Canning Park. Gain an appreciation about the wide variety of plants here and learn about the natural and historical significance of these plants!



**Demo: Cooking Demonstration by
Lewin Terrace (9 June)**

Join us at the Cooking Demonstration by the Head Chef of Lewin Terrace, Hidenori Takanashi, as he showcases his flair in incorporating French techniques into modern Japanese cuisine. Chef Takanashi will charm you with 2 of his dishes:

**1. Fresh Scallop Carpaccio with
Passion Fruit Yuzu Dressing**

Get inspired in the kitchen with this simple yet vibrant appetizer that is inspired by the soft colours of Japanese Spring!

**2. Chicken Leg with Marinated
Herbs & Mango Mustard
Sauce**

Make stay-in date nights exciting with this delicious yet stress-free chicken dish accompanied with a bold mango mustard sauce.



**Talk: Mind Wellness through Ayurveda (9
June)**

According to the Sciences of Ayurveda and Yoga, true health encompasses a balance of mind, body and inner happiness. Any kind of imbalance of the mind (sadness, anger, grief, frustration, worry, anxiety, fear etc) will slowly percolate into the body and manifest as physical ailment. Both Ayurveda and Yoga have an extensive literature on the mind, its layers of consciousness, qualities of the mind and how the mind functions. Both these sciences strongly advocate the importance of keeping the mind in a balanced state in order to prevent long term mental health or physical health issues. Being aware is far much more than just being mindful. In awareness we are not only aware of ourselves and our mind, but also aware of our subtle body and surroundings. We become more conscious of our thoughts, actions and slowly develop compassion towards self, family and society as a whole. At this Talk you will learn the causes of imbalance and simple tips for mind wellness.



Fort Canning Park

Attractions:

- Farquhar Garden
- Fort Canning Green
- Artisan's Garden
- Fort Gate
- Armenian Street
- Sang Nila Utama Garden
- Raffles Garden
- Jubilee Park

Historical Landmarks:

- Fort Wall
- Fort Gate
- Old Gunpowder Magazine
- Battlebox
- Sally Port
- Cemetery Walls
- Gothic Gate
- Cupolas
- Napier Monument
- 9-Pound Cannon
- Keramat Iskandar Shah
- Reservoir
- Lighthouse
- Flagstaff
- Raffles House
- Timeball

Legend:

- Entrance to Park
- MBT Station
- Bus Stop
- Car Park
- Escalator
- Pedestrian Underpass
- Drop-off Point
- Fitness Station
- Shade
- Restaurant
- Vending Machine
- Shower
- Ticket
- Automated External Defibrillator
- Overhead Bridge
- Heritage Tree