

Festival at the Fort - Full Programme

Date	Time	Programme	Venue
3 Feb 10am - 10pm	10.00am – 6.00pm	Market Place	Cox Terrace
	10.00am – 6.00pm	Children Craft: Colouring and Pebble Design	Activity Space
	10.00am – 12.00pm	Sketching walk	Cox Terrace
	10.00am - 11.30am	Special Guided Tour of Fort Canning Park	Cox Terrace
	10.00am – 11.00am	'A Story of Strategy and Surrender – The Battlebox Guided Tour	Battlebox
	11.00am - 11.30am	Interactive Bubble Show	Cox Terrace
	11.30am – 12.00pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	1.00pm - 2.30pm	Special Guided Tour of Fort Canning Park	Cox Terrace
	2.00pm - 2.30pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	3.00pm – 4.00pm	Talk: Ayurveda and Mindfulness	Activity Space
	3.00pm - 3.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	4.30pm - 5.30pm	'Modern Asian Cooking' Demo	Activity Space
	5.00pm - 5.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	5.00pm - 6.30pm	Special Guided Tour of Fort Canning Park	Cox Terrace
	5.30pm – 6.00pm	Interactive Bubble Show	Cox Terrace
6.00pm - 6.30pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space	
6.30pm – 10.00pm	NParks Concert Series in the Park: Rockestra®	Fort Canning Green	
4 Feb 10am - 6.30pm	10.00am – 6.00pm	Market Place	Cox Terrace
	10.00am – 6.00pm	Children Craft: Colouring and Pebble Design	Activity Space
	10.00am – 6.00pm	Mime Performances	Cox Terrace
	10.00am - 11.30am	Special Guided Tour of Fort Canning Park	Cox Terrace
	10.00am - 10.30am	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	11.00am – 12.00pm	Talk: Caring for your orchids at home	Activity Space
	11.30am – 12.00pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	12.30pm – 1.00pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	1.30pm - 2.30pm	Talk: Archaeology Research in Singapore	Activity Space
	2.00pm - 2.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	3.00pm - 3.30pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	4.00pm – 5.00pm	'Arts For A Changing Future' Drawing Demonstration	Activity Space
	4.00pm - 4.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	5.00pm - 6.30pm	Special Guided Tour of Fort Canning Park	Cox Terrace
5.30pm - 6.30pm	Cooking Demo: Making Lemon Grass and Ginger Jelly	Activity Space	

Date	Time	Programme	Venue
10 Feb 10am - 9.30pm	10.00am – 6.00pm	Market Place	Cox Terrace
	10.00am – 6.00pm	Children Craft: Colouring and Pebble Design	Activity Space
	10.00am - 11.30am	Special Guided Tour of Fort Canning Park	Cox Terrace
	10.00am - 10.30am	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	10.30am - 11.15am	Interactive Bubble Show	Cox Terrace
	11.00am – 12.00pm	'Art as Meditation' Demo	Activity Space
	11.30am – 12.00pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	12.30pm – 1.00pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	1.30pm - 2.30pm	'Modern Asian Cooking' Demo	Activity Space
	2.00pm - 2.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	3.00pm - 3.30pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	4.00pm – 5.00pm	'Fine Dining Made Simple' Cooking Demo	Activity Space
	4.00pm - 4.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	4.00pm – 6.00pm	Sketching Walk	Cox Terrace
	5.00pm - 5.45pm	Interactive Bubble Show	Cox Terrace
	5.00pm – 6.00pm	The Marvels of the Orchid World	Activity Space
5.00pm - 6.30pm	Special Guided Tour of Fort Canning Park	Cox Terrace	
7.30pm - 9.30pm	Movie Screening: Wonder Woman	Fort Canning Green	
11 Feb 10am - 6.30pm	10.00am – 6.00pm	Market Place	Cox Terrace
	10.00am – 6.00pm	Children Craft: Colouring and Pebble Design	Activity Space
	10.00am – 6.00pm	Mime Performances	Cox Terrace
	10.00am - 10.30am	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	10.00am - 11.30am	Special Guided Tour of Fort Canning Park	Cox Terrace
	11.00am – 12.00pm	Introduction to Native Orchids of Singapore	Activity Space
	11.30am – 12.00pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	12.30pm – 1.00pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	1.30pm - 2.30pm	'What is Art To Me?' Art Demo Talk	Activity Space
	2.00pm - 2.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	3.00pm - 3.30pm	Drama Performance: Secrets of the Forbidden Hill	Activity Space
	4.00pm – 5.00pm	Talk: Ayurveda for Memory Improvement	Activity Space
	4.00pm - 4.30pm	Roving Performance: The Lost Visitors and the Descendant of the Last Sultan	Cox Terrace
	5.00pm - 6.30pm	Special Guided Tour of Fort Canning Park	Cox Terrace

Family Fun

Market Place (All Days)

Looking for plants or orchids for Chinese New Year or Valentine's Day? Visit this plant market alongside other merchandise, craft works, art demonstrations, and local food and beverages options. There will be old-school food and drinks, as well as homemade delectable cakes by Fabulous Baker Boy.

Merchandise on sale includes plants and orchids, gardening products, healthy snacks, heritage tour tickets by Singapore History Consultants (Battlebox), and art paintings by local artists from My Art Space.



Interactive Bubble Show (3, 10 Feb)

A truly unique act, CJ and her Bubble Girls, will wow and thrill you with their gadgets that are capable of making bubbles of all sizes. Join us for a fun and bubbly time!



Children Craft: Colouring and Pebble Design (All Days)

Try your hand at colouring and designing pebbles featuring Fort Canning and botanical art pieces.

Movie Screening: Wonder Woman (10 Feb)

Bring your family and loved ones, picnic mats and baskets to Fort Canning Green and join the journey with "Wonder Woman", the Amazonian warrior who leaves her home to save the world and in the midst, discovers her full powers and true identity.

Mime Performances (4, 11 Feb)

Mischievous and witty by nature, Gohpi's expressive actions speak louder than words. Fun and entertaining, he's bound to put a smile on your face.



Guided Walks / Tours

Sketching Walk by My Art Space (3, 10 Feb)

Join our sketch walk and be inspired by the natural surroundings, historical architecture and tranquillity of Fort Canning. Learn how to capture the beauty of the park with great ease and fun. A professional artist will guide you with step-by-step instructions to sketch creatively. All aged above 16 are welcome. Bring along your own materials: 0.5 black ink pen and A5 size sketching pad. Registration is preferred - email info@myartspace.com.sg to register. Walk-ins are welcome.

Gathering point: Marketplace, near Cox Terrace stairs

Capacity: 15 pax, on a first come, first served basis



'A Story of Strategy and Surrender – The Battlebox Guided Tour by Battlebox Museum (3 Feb)

Battlebox is a former WWII British underground command that was part of the headquarters of Malaya Command, the army which defended Malaya and Singapore in WWII. It was inside the Battlebox that the British decided to surrender Singapore to the invading Japanese on 15 February 1942, a momentous event that changed world history.

Join our free guided tour to understand the true stories behind "the worst disaster and largest capitulation in British history". Registration is required. Please register by writing in to enquiry@battlebox.com.sg with names, NRICs and contact numbers of all participants. Tour spaces are limited. Registration is on a first come, first served basis.

Gathering point: Marketplace, in front of Battlebox booth **Capacity:** 20 pax, registration required



Special Guided Tour of Fort Canning Park (All Days)

The history of Fort Canning dates back to 14th Century. Check out the ancient artefacts on the hill, and join us on a journey that highlights the changing faces of Fort Canning, from the ancient 14th century to the colonial 19th century!

Gathering point: Cox Terrace, near glass door to reception

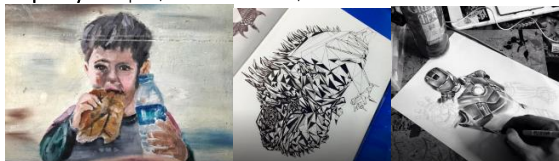
Capacity: 20 pax, on a first come, first served basis

Art Activities

'Arts For A Changing Future' Demo by Artist Zulfadly Selemat and Suelastria Bte Md Bashir from My Art Space (4 Feb)

Join Artist Zulfadly Selemat and Suelastria Bte Md Bashir, as they demonstrate what it is like to draw inspirations from daily encounters and turn everyday life experiences into a piece of art. This art demonstration is suitable for all ages.

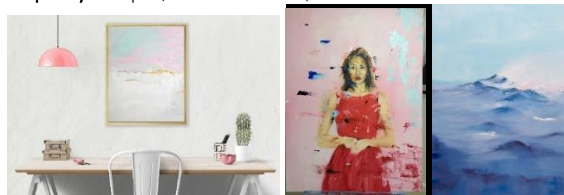
Location: Activity Space within Fort Canning Centre
Capacity: 40 pax, on a first come, first served basis



'Art as Meditation' Demo by Artist Yin Chua from My Art Space (10 Feb)

Do you want to experience the benefits of meditation but find it hard to keep quiet and still? Art may be the answer. The process of expressing oneself through art can bring about healing effects emotionally and physically. Through this art demonstration, Yin hopes to inspire you to find that child within and start creating again.

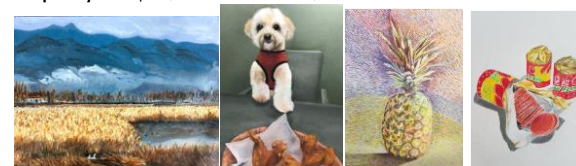
Location: Activity Space within Fort Canning Centre
Capacity: 40 pax, on a first come, first served basis



'What is Art To Me?' Demo and Talk by four Artists from My Art Space (Cindy Ann, Geraldine Wang, Janice Lum and award-winning Yong Wee Loon) (11 Feb)

Ms Janice Lum will be sharing the heartfelt stories of four artists with very different backgrounds, namely Ms Cindy Ann, Ms Geraldine Wan, award-winning Mr Yong Wee Loon and herself. She will also be conducting a demonstration on how one can draw beautiful art pieces with simple tools, such as colour pencils. There will be a Q&A session to understand more about art.

Location: Activity Space within Fort Canning Centre
Capacity: 40 pax, on a first come, first served basis



Cooking Demos

'Modern Asian Cooking' Demo by Chef Jeffrey Tan of Hotel Fort Canning (3, 10 Feb)

Hotel Fort Canning's Chef Jeffrey Tan will demonstrate the preparation and cooking of the Seared Sashimi-grade Barramundi Fillet with Barley Risotto, laced with the uniquely created Laksa Bouillabaisse. Well-versed in many cuisines and having many awards and accolades to his name, Chef Tan will be sharing his extensive knowledge and expertise on how Asian spices can be infused to bring out the taste in western dishes. He will also be revealing some tricks of the trade used by chefs to prepare restaurant style meals at home for the family.

Location: Activity Space within Fort Canning Centre
Capacity: 40 pax, on a first come first served basis



'Fine Dining Made Simple' Cooking Demo by Chef Hiroyuki Shinkai from Lewin Terrace (10 Feb)

Join this short cooking demo session for an unforgettable lesson in making the best out of simple ingredients. With over a decade of professional experience working at Michelin star establishments, Chef Hiroyuki Shinkai from Lewin Terrace is devoted to honing his skill in the culinary arts as he continues to refine his own interpretation of French Cuisine. Chef Hiroyuki will show you how easy it is to turn a simple dish into something extraordinary. Come on down and learn how to make an impressive home-cooked appetiser and main dish with a fine dining twist!

Location: Activity Space within Fort Canning Centre
Capacity: 40 pax, on a first come, first served basis



Cooking Demo: Making lemon grass and ginger jelly by Poh Joo Nam (4 Feb)

Join Ms Poh Joo Nam in this cooking demo session and learn to cook a simple and delicious jelly from the lemon grass plant and ginger root.

Location: Activity Space within Fort Canning Centre
Capacity: 40 pax, on a first come, first served basis

Performances

NParks Concert Series in the Park: Rockestra® (3 Feb)

Follow the call of the disco ball and groove to the theme of "Saturday Night Retro Fever" with hits from the '60s to the '90s, performed by Jack and Rai, JAWN x M1LDL1FE, O.K Ready, Shagies, ShiLi & Adi and Umar x Dru Chen. The Rockestra® concert is proudly presented by Temasek and Gold Sponsor Ascendas-Singbridge Gives Foundation.

Roving Performance: The Lost Visitors and the Descendant of the Last Sultan (All Days)

Through this interactive outdoor performance, you will discover the rich history of Fort Canning (formerly known as 'Bukit Larangan' which means 'Forbidden Hill' in Malay) with two lost visitors as they find their way around and meet the descendant of the last Sultan. Watch how the story unfolds as they interact with you and other visitors amongst the crowd.

Drama Performance: Secrets of the Forbidden Hill (All Days)

Join us for this indoor performance that will bring to life the legends of the last kings of Singapura with colourful characters, music, costumes and props. Watch as old-aged tales of Sang Nila Utama, the myth behind the Singapore stone, and more come to life through this "story-telling" session!

Talks

Talk: Ayurveda and Mindfulness (3 Feb)

Mindfulness is the practice of being aware. Research has shown that being mindful improves one's physical, mental and emotional health. Ayurveda, also known as the "Science of Life", is a holistic system that aims to promote one's health through the Mind-Body-Emotion approach. Ayurveda adopts a unique, multi-dimensional approach to create awareness and enhance one's wellbeing.

Talk: The Marvels of the Orchid World by Mark Choo (10 Feb)

Learn more about the diversity of orchids, including *Dendrobiums* from Asia to *Cattleyas* from South America. Find out more about the mechanisms behind successful pollination of orchids!

Talk: Caring for your orchids at home by Sheryl Koh (4 Feb)

Wondering what to buy and how to care for the orchids that you've purchase for the upcoming festive season? Pick up some tips to care for your orchids, such as growing, maintaining, displaying and fertilising orchid species including *Dendrobiums*, *Vandas*, *Oncidiums*, *Bulbophyllum*, *Cymbidiums* and *Phalaenopsis*.



Talk: Singapore Archaeology: An Overview of Recent Excavations and its Research Potential by Aaron Kao (4 Feb)

Curious about archaeology? Join Aaron Kao, Research Officer with the NSC Archaeology Unit, ISEAS – Yusof Ishak Institute as he shares his journey in archaeology when he started out as a volunteer to a full-time staff at the NSC Archaeology Unit. In addition to field processes and artefact assemblages, what happens to the artefacts after an excavation? What can they tell us about Singapore's past?



Photo Credit: Young Wei Ping

Talk: Introduction to Native Orchids of Singapore by Jeremy Yeo (11 Feb)

Did you know that Singapore used to be home to around 220 native orchid species? Find out more about the various native orchid species that are reintroduced and thriving in its natural habitat, as well as orchids which are being conserved in Singapore Botanic Gardens.



Talk: Ayurveda for Memory Improvement (11 Feb)

Ayurveda helps to improve one's health. This unique system of science offers treatment for various ailments by focusing on diet and lifestyle. Discover the ancient secrets of memory improvement through Ayurveda. You will also learn a simple herbal drink recipe to improve your memory.