



**Come discover your neighbourhood  
community gardens**



## Teck Ghee Community Garden Trail



## Teck Ghee Community Gardens



Ang Mo Kio is one of the earliest towns to be built by the Housing Development Board, with two town parks that were developed on hills, retaining part of the area's original secondary forest and farmland.

There are various theories about the origins of the town's name. A plausible suggestion is that it referred to a portion of Cheng San Road that ran over a concrete bridge that facilitated movement into the area – the contraction of the Hokkien words for 'concrete' (*ang mo he*) and 'bridge' (*kio*), resulting in the town's name.

Over the years, the Ang Mo Kio Town Council has been working closely with NParks to encourage community gardening by supporting Residents' Committees and Neighbourhood Committees gardens. It has been running the biennial Ang Mo Kio in Bloom competition since 2007, recognising the town's best gardens.

## Plants of Cultural Significance found in our gardens



**Cranberry hibiscus  
(*Hibiscus acetosella*):** Its young leaves have a tangy taste and can be eaten in a salad. Its dried leaves can be brewed as a tea while its flowers can be used to colour drinks like lemonade.



**Pokok terung pipit  
(*Solanum torvum*):** Its fruit is used in Thai cuisine as an ingredient for curry and chilli paste.



**Purslane (*Portulaca oleracea*):** Its sour yet salty tasting leaves is eaten raw, fried or cooked in soup in some Middle Eastern, European, and Mexican cuisines.



**Indian lettuce (*Lactuca indica*):** Its leaves can be consumed raw, boiled or steamed, and also used as feed for geese and silkworms.

**Moonflower (*Ipomoea alba*):** Its young leaves and calyxes are cooked and eaten as vegetable. Its young seeds can also be eaten.



**Belimbing (*Averrhoa bilimbi*):** Its fruit is used pickled or dried as a souring agent in Indonesian and Malay cuisines. Fruit also be made into jam.

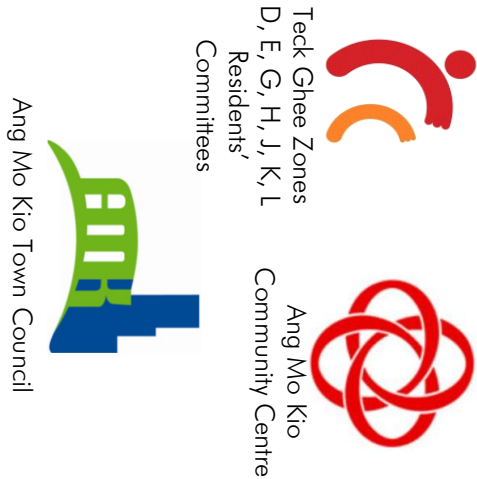


**Garlic chives (*Allium tuberosum*):** Its leaves can be consumed raw, fried, boiled in soups or steamed in certain Chinese cuisines.

**About Community In Bloom Programme**  
Community In Bloom (CIB) is a programme launched by National Parks Board (NParks) in 2005. It aims to nurture a gardening culture among Singaporeans by encouraging and facilitating community gardening efforts. It is also an opportunity to build community bonds and strengthen social resilience.



Supporting Partners:



For more information, visit our website:  
[www.nparks.gov.sg/cib](http://www.nparks.gov.sg/cib)

Alternatively, email us to find out more.  
Email: [CommunityInBloom@nparks.gov.sg](mailto:CommunityInBloom@nparks.gov.sg)  
For more information of plants, visit NParks Flora&FaunaWeb:  
[florafaunaweb.nparks.gov.sg](http://florafaunaweb.nparks.gov.sg)

### Best Visiting Time:

Early morning (before 9 am) or evening (after 5 pm) when the community gardens are usually present. Special arrangements for garden visits can be made with the respective Residents' Committee-in-charge.

### Garden Visit Etiquette:

- Approach the gardeners before taking any plants or cuttings from the community garden.
- Gardeners have put in many hours of hard work to grow the many ornamentals, vegetables, fruits and herbs. Return their kindness by offering them seed packs or volunteering to help out with gardening activities.

### Teck Ghee Community Gardens

**Teck Ghee Zone D RC**  
Blk 337 Ang Mo Kio Ave 1  
#01-2029  
Singapore 560337  
Tel: 6454 8258

**Teck Ghee Zone J RC**  
Blk 325 Ang Mo Kio Ave 3  
#01-1910  
Singapore 560325  
Tel: 6452 4303

**Teck Ghee Zone E RC**  
Blk 418 Ang Mo Kio Ave 10, #01-1053  
Singapore 560418  
Tel: 6453 9614

**Teck Ghee Zone K RC**  
Blk 220 Ang Mo Kio Ave 1  
#01-797  
Singapore 560220  
Tel: 6552 2532

**Teck Ghee Zone G RC**  
Blk 459 Ang Mo Kio Ave 10, #01-1594  
Singapore 560459  
Tel: 6453 5132

**Teck Ghee Zone L RC**  
Blk 309B Ang Mo Kio Ave 1  
#01-01  
Singapore 560309  
Tel: 6456 4182

**Teck Ghee Zone H RC**  
Blk 470 Ang Mo Kio Ave 10, #01-926  
Singapore 560470  
Tel: 9475 3172

**Ang Mo Kio Community Centre**  
795 Ang Mo Kio Ave 1  
Street 22  
Singapore 569976  
Tel: 6456 6536



# Teck Ghee Community Garden Trail



2016  
CIB Award  
Winner

This pleasant green oasis is filled with vegetables and fruit trees. Its gardeners creatively used recycled items to build its pathways, trellises and raised garden beds.



Plants cultivated here includes bonsai, ornamentals, fruit trees, vegetables and medicinal herbs.



2016  
CIB Award  
Winner

This charming garden produces a steady supply of vegetables and fruits for residents. Notable produce includes passion fruit and okra.



2016  
CIB Award  
Winner

This shady garden sits at a bustling junction, producing a steady supply of belimbing, pandan and banana for residents.



Situated at a quiet spot, this L-shaped garden boasts a spacious orchid shed overlooking a row of racks for bonsai and neatly arranged lots for vegetables. Look out for flowering orchids of the *Papilionanthe*, *Oncidium*, *Phalaenopsis* and *Dendrobium* affinities.

## Legend:

- Community Garden
- ● ● Community Garden Trail (6 km)

Community gardens are usually open when the gardeners are present in the morning or evening. To visit the gardens outside of opening hours, please make special arrangements with the respective Residents' Committee (RC)-in-charge. Map is not drawn to scale.



Gardeners share their regular harvests of leafy vegetables and fruits with needy residents. The harvests include lettuce, Chinese kale, pak choi and choy sum.



2016  
CIB Award  
Winner

The garden is home to a wide variety of ornamentals and includes a koi pond. Visit in the morning to see its orchids, *Episcia* and *Begonia*, and watch the fishes being fed.



2016  
CIB Award  
Winner

This garden focuses on growing leafy vegetables and fruits while fruit trees and grapevines grow around its perimeter. You may even get to see ripe tropical fruits if you are lucky!



2016  
CIB Award  
Winner

Though primarily a vegetable garden, you can also see local culinary herbs like turmeric, curry leaf, bunga tonkin and lemon grass, in one of the smallest garden in Teck Ghee!



2016  
CIB Award  
Winner

Gardeners grow orchids, and various culinary and medicinal herbs in this garden. You can also find an abundance of pandan, oyster plant and mulberry leaves.



2016  
CIB Award  
Winner

This delightful garden boasts a variety of leafy vegetables and small fruit trees like soursop, custard apple, papaya and mulberry.



2016  
CIB Award  
Winner

The gardeners are growing new varieties of vegetables, such as squashes, white bitter gourds and *Ipomoea alba*. They have also adapted the built-in trellises to help them grow wintermelons and muskmelons successfully.