

# Tampines Central Community Gardens



**Tampines Arcadia RC**  
Blk 842G Tampines  
St 82 #01-96  
Singapore 527842  
Tel: 6785 8593

**Tampines Starlight RC**  
Blk 719 Tampines  
St 72 #01-37  
Singapore 520719  
Tel: 6260 7318

**Tampines Courtview RC**  
Blk 730 Tampines  
St 71 #01-61  
Singapore 520730  
Tel: 6785 5130  
Fax: 6785 4672

**Tampines Ville RC**  
Blk 842 Tampines  
St 82 #01-141  
Singapore 520842  
Tel: 6786 5450

**Tampines Greenvale RC**  
Blk 736 Tampines  
St 72 #01-28  
Singapore 520736  
Tel/Fax: 6786 2931

**Tampines Vista RC**  
Blk 874 Tampines  
St 84 #01-13  
Singapore 520874  
Tel: 6785 3936

**Tampines Spring RC**  
Blk 880 Tampines Ave 8 #01-278  
Singapore 520880  
Tel: 6785 3472

## Plants in CIB Gardens



**Sireh**  
*Piper betle*



**Mahkota Dewa**  
*Phaleria macrocarpa*



**Kang Kong**  
*Ipomoea aquatica*



**Roselle**  
*Hibiscus sabdariffa*



**Pandan**  
*Pandanus amaryllifolius*



**Mas Kotek**  
*Ficus deltoidea*

## Tempinis Tree

The name 'Tampines' is derived from the Ironwood tree known to the locals as Tempinis (*Streblus elongatus*), that grew abundantly in this area. The Tempinis tree is monoecious, meaning that it produces both male and female flowers on the same tree. Its flowers are insect-pollinated.



(Clockwise from left) Tempinis tree, its leaf, flower and fruit.

**Best Visiting Time:**

Early morning (before 9am) or evening (after 5pm) when the community gardeners are usually present. Special arrangements for garden visits can be made with the respective Residents' Committee-in-charge.

**Garden Visit Etiquette:**

- Approach the gardeners before taking any plants or cuttings from the community garden.
- Ask the gardeners for assistance if you like some of the plants, such as Pandan or Lemongrass which are grown on the perimeter of the community gardens.
- Gardeners have put in many hours of hard work under the hot sun to grow the crops. Return their kindness by offering them seed packs or volunteering to help out with gardening activities.

**About Community In Bloom Programme**

Community In Bloom (CIB) is a programme launched by National Parks Board (NParks) in 2005. It aims to nurture a gardening culture among Singaporeans by encouraging and facilitating community gardening efforts. It is also an opportunity to build community bonds and strengthen social resilience.



Supporting Partner:



For more information, visit our website:  
[www.nparks.gov.sg/cib](http://www.nparks.gov.sg/cib)  
 Alternatively, call or email us to find out more.  
 Tel: 1800 471 7300  
 Email: [CommunityInBloom@nparks.gov.sg](mailto:CommunityInBloom@nparks.gov.sg)  
 For more examples of plants, visit NParks Flora&FaunaWeb:  
[florafauanaweb.nparks.gov.sg](http://florafauanaweb.nparks.gov.sg)



**Tampines Central Community Garden Trail**



*Come discover your neighbourhood community gardens*

# Tampines Central Community Garden Trail

**A** 720 Tampines St 72  
Tampines Starlight RC – Le Garden



Come and learn how to grow fruits and vegetables from avid gardeners here.

**B** 718 Tampines St 72  
Tampines Starlight RC – Harmony Garden



Pop by to see one of the more colourful gardens in Tampines Central.

**C** 742 Tampines St 72  
Tampines Greenvale RC – Greenvale Community Garden



Check out the attractive water features of this low-fenced garden.

**D** 730 Tampines St 71  
Tampines Courtview RC - Courtview Community Garden



Join them for some healthy fun under the sun.



**H** 842G Tampines St 82  
Tampines Arcadia RC – Arcadia Garden



This English themed garden has vertical greenery along the walkway.

**E** 874 Tampines St 84  
Tampines Vista RC– Mini Farm



Admire the winter melons and many vegetables and fruit trees grown here.

**G** 842 Tampines St 82  
Tampines Ville RC – Ville Community Garden



Edibles like kailan are among the gardeners' favourite crops.

**F** 880A Tampines Ave 8  
Tampines Spring RC Community Garden



Spice up your life at this Malay medicinal herb garden.

