Central Urban Loop

Discover the great outdoors along the Park Connector Network (PCN) – an island-wide network of linear open spaces around major residential areas, linking up parks and natural areas. An important part of Singapore’s transformation into a City in a Garden, the PCN brings you through the lush greenery and natural splendour of our island, as well as providing opportunities for people to engage in a wide range of exciting recreational activities.

The 36-kilometre Central Urban Loop encompasses iconic linear HDB housing estates in the central region of Singapore including Behan, Ang Mo Kio, Toa Payoh and Whampoa, and provides direct access to Bishan-Ang Mo Kio Park, Kallang Riverine Park and Punggol Waterway Park.

The greenway amid the neighbourhoods provides you with lots of recreational options as well as opportunities to observe a myriad of wildlife up close. Plenty of hawker delights will tempt you to indulge in them.

Get away from the bustling city centre and enjoy an idyllic day: discovering the charms of different neighbourhoods while traversing from one park to another via the PCN. Try and catch glimpses of the different flora and fauna along the way. The Central Urban Loop promises visitors a memorable adventure.

For more information and detailed maps of our park connectors, visit www.parks.sg/PCN

Overview Map

1. John F. Kennedy Park & Garden
2. Ang Mo Kio Park
3. Ang Mo Kio Avenue 5 Park Connector
4. Buangkok Park Connector
5. Serangoon Park Connector
6. Jln Pelikat Park Connector
7. Paya Lebar Park Connector
8. Ang Mo Kio Town Garden West
9. Pelton Canal Park Connector

The Charm of the Heartlands

True to our status of being a City in a Garden, beautiful foliage with vibrant hues rejuvenate our landscapes, providing a welcome respite from urban life. Be enraptured by the picturesque view as you take in the distinctive architecture of Bishan and Potong Pasir estates. Spot the wide variety of wildlife along the naturalised Kallang River in Bishan-Ang Mo Kio Park. Showcasing the unique charm of the heartlands, a tour around the Central Urban Loop offers an opportunity to explore little-known pockets of Singapore!

1. Bishan-Ang Mo Kio Park

Bishan’s iconic HDB Flats are topped with triangular pitched-shaped roofs. Before the 1990s, the north and east areas of Bishan were used as greenwards, before giving way to housing and commercial developments in the 1980s. Today, Bishan boasts a multitude of facilities ranging from sports infrastructure, lush greenery to dining and shopping options.

2. Potong Pasir Architecture

Built in the 1980s, HDB Flats in the central region of Housing Part were designed to incorporate distinctive sloping roofs. The area has managed to retain its idyllic feel despite the rapid pace of urbanisation. Meaning ‘Tree Island’ in Malay, Potong Pasir was dominated by sand quarries in the early days. As development progressed, the sand quarries were filled up eventually with high-rise flats built on them.

Safety Do’s and Don’ts

For Cyclists

- Do wear a helmet that fits well.
- Do switch on your front and rear lights under conditions of low light or poor visibility.
- Do slow down and give way to pedestrians.
- Don’t break or swerve your bicycle suddenly or without warning.

For All Users

- Do hydrate before any physical activity.
- Do bring along your handphone in case of an emergency.
- Do obey all traffic rules, such as
- Don’t brake or swerve your bicycle suddenly or without warning.
- Do keep to the left side of the track if you intend to stop.
- Don’t use electric or motorised vehicles on the PCN.

Osman’s Hill Garden West

Opening 20 hectares, the Ang Mo Kio Garden West is a sanctuary for nature lovers and fitness enthusiasts.

- Featuring indigenous foliage that weaves through lush wooded areas, the landscape promotes recreational runs with unique experience.
- The 1.2-km walk trail leads to a lookout point at the top of a hill, where you can enjoy a stunning view of the residences and traffic below.

Punggol Waterway Park

This extraordinary linear has led to some calling it the “Venice of Punggol”.

- With an impressive 4.2-kilometre waterfront, this new U-shaped park transforms Punggol River into a beautiful water body, providing a welcome recreational area.
- The park is home to a variety of bird species, making it a haven for nature lovers.

For feedback or queries, please call our 24-hour helpline or e-mail us at

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Information accurate as of August 2015