



Biking Responsibly

✓ **Plan Ahead**

Know the area and plan your route before you begin.

Ride in good weather as wet and muddy trails are more prone to damage.

✓ **Wear Proper Gear**

For your own safety, wear a helmet and appropriate safety gear when riding.

Bring along a first-aid kit, always carry a mobile phone and ride with someone.

✓ **Be Considerate**

Be attentive at all times for the safety of yourself and others on the trails.

Be a good trail neighbour and minimise noise to fully enjoy the trail.

✓ **Give Way**

Give way to mountain bikers riding uphill and alert bikers before overtaking.

Aim to make each pass a safe and friendly one.

✓ **Ride on Designated Trails**

Mountain biking trails run through important forest habitats.

You risk trampling on our plants and animals when you stray off the trail.

✓ **Respect Wildlife**

Trails are also homes to many native animals and they get startled by an unannounced approach. Keep a safe distance from them.

✓ **Leave No Trace**

Pack out what you pack in. Take a minute to clear your litter to make the trail a better place for other bikers and our biodiversity.



nparksbuzz
Share your love for nature with us at
#nparksbuzz