

NParks PAL (Outdoor Education) Programme



Aim

- Equip children with relevant skills and knowledge to enable them to be safe and comfortable in the outdoors
- Cultivate a sense of ownership for the environment, encourage and provide opportunities for pupils to take action to sustain our City in a Garden
- Shape a child's character and attitudes through experiential learning in their immediate outdoor setting

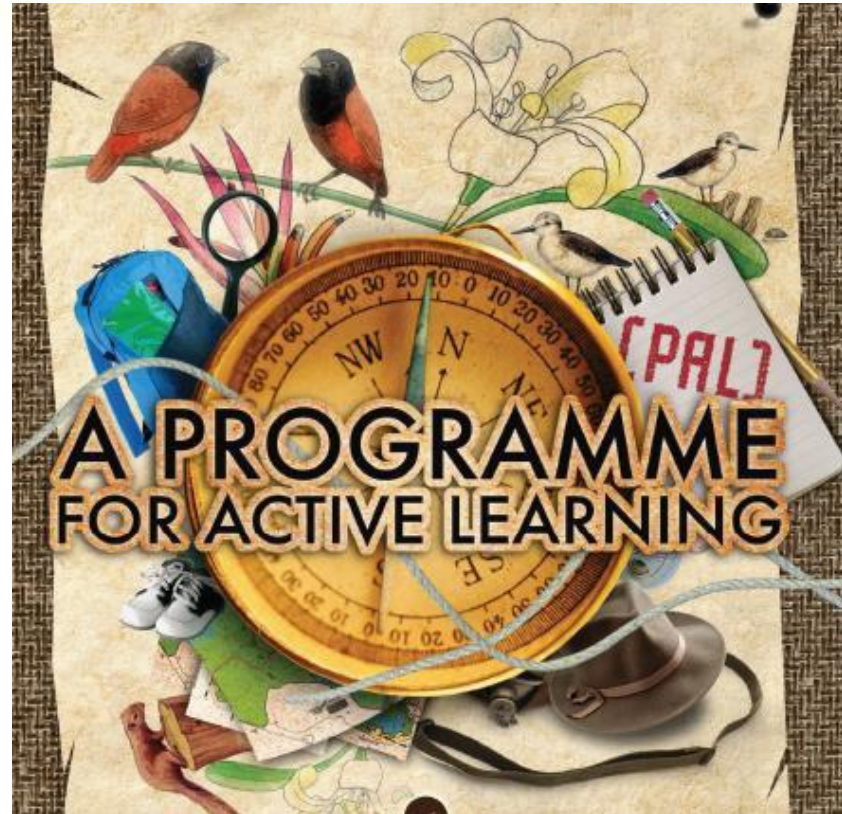
Programme Details

Target Group

- Primary 1
- Primary 2

Timeframe

- 8 sessions
- 2 hours/session



P1 Topics

1. In and Out of the Window
2. Mr Sun and Ms Wind
3. I'll Take This and That
4. Can You See What I See?
5. We Are Not Alone
6. It's a Small World
7. Gifts from You to Me
8. My Friends and I



P2 Topics

1. Let's Gear Up
2. Here We Go
3. Giants Among Us
4. Of Shapes and Sizes
5. Colours, Colours Everywhere
6. Little Farmers
7. Fruits of our Labour
8. The Secret Garden



Outdoor Skills

Awareness of Immediate Surroundings
(Indoors vs Outdoors)

↓
Basics of Being Outdoors
(Packing & Weather)

↓
Living Communities within the School
(Purposes & Relationships)

**Primary
1**

↓
Awareness of Self with the Surroundings
(Needs vs Wants, Basic Orienteering)

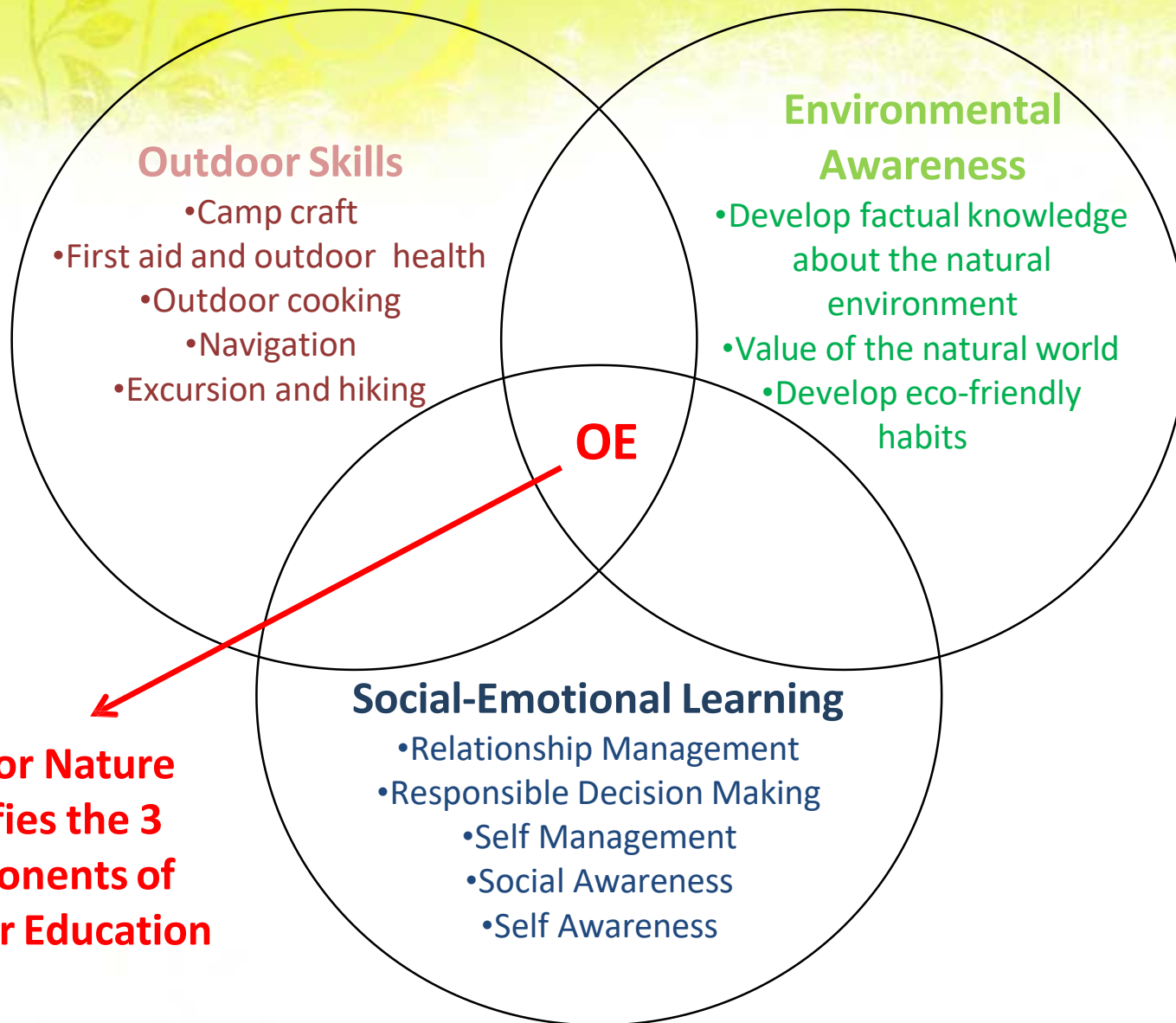
↓
Awareness of Basic Ecology
(Importance of Nature)

**Primary
2**

↓
Awareness of Self and Impacts to Nature
(Impacts & A Call to Action)

FIELDTRIP (1hr) – A Visit to the Singapore Botanic Gardens, HortPark or Singapore Garden Festival (held once every two years)

Outdoor Education



**Kids for Nature
satisfies the 3
components of
Outdoor Education**

Going outdoors...



Working in teams...



Using their sense of touch...



Using their sense of
smell...



Learning about plants...



A group of children, mostly of Asian descent, are gathered around a large, dark wooden log. They are looking intently at a colony of ants crawling on the log. The children are wearing various hats and clothing, including a blue cap and a yellow shirt. The background is slightly blurred, showing green foliage.

**Discovering more about
animals...**

the scary ones...



the icky ones...



and the pretty ones!

A young boy with dark hair, wearing a white short-sleeved shirt with a blue collar and blue suspenders, is smiling broadly at the camera. He is outdoors on a paved path surrounded by trees and foliage. In the background, another child is partially visible, and an adult woman in a dark top and light shorts stands with her hands on her hips. The scene is brightly lit with dappled sunlight.

What pupils say...

"I love going outdoors!"

A pupil from Bukit Timah Primary School

What teachers say...

A group of about six women, presumably teachers, are gathered in a lush garden. They are all looking down at plants, with some holding clipboards and pens, suggesting they are taking notes or observing. The garden is filled with various tropical plants, including large banana leaves and tall, thin stalks with red flowers. In the background, a white building is visible.

“The facilitator shared about how the lessons are supposed to be conducted. Many opportunities were given to ask questions and to clarify our doubts.”

A teacher from Innova Primary School