

Parks for Everyone



What's Happening
Jan 2019 - Jun 2019



Contents

- 02 Arts & Culture
- 06 Concerts & Performances
- 10 Gardening
- 16 Nature
- 36 Sports & Wellness
- 40 Special Events
- 45 Overview Calendar
- 73 Volunteer Opportunities
- 78 Terms & Conditions
- 79 Tenants Listing

Parks for Everyone

Our parks, gardens and nature areas are for all to enjoy. In this booklet, learn about the wide variety of activities that you can participate in for a fulfilling day at our green spaces from now till June 2019! Do look out for a list of eateries and recreational facilities you can visit in our parks, gardens and nature areas.

If you have ideas for new activities, do share them with us at NParks_Programmes_Events@nparks.gov.sg



Scan the QR code to visit our webpage and get the latest updates on events and programmes.

To receive updates on the latest version of the e-Programme Booklet, SMS PB01 to 77275. Standard message and data rates may apply.



Photo credit: Voon Tin Keat

SMS the programme code to 7PARK (77275) to receive updates on each programme (standard message and data rates may apply). Please note that subscription to updates on a programme does not constitute registration for the actual programme.

Sign up for our free e-newsletters at www.nparks.gov.sg/e-newsletter to receive event updates or learn how you can shape our City in a Garden. To receive the e-newsletter on your mobile, SMS code (NB01) to 7PARK (77275).



nparksbuzz

Share your love for nature with us at [#nparksbuzz](https://twitter.com/nparksbuzz)

Art in Nature

(Programme Code: **AC019**)

Every 3rd Saturday of the month

19 JAN • 16 FEB • 16 MAR
20 APR • 18 MAY • 15 JUN

Bukit Timah Nature Reserve

9am – 12pm

Free



TO REGISTER:

Email: lim_siew_hong@nparks.gov.sg

If you have been drawing or painting for years and are looking for a new challenge, join us at this workshop. Volunteer leader Jerome Pang will guide you in developing your skills while raising your awareness on conservation and native biodiversity.

Please bring along your own art materials.

Nature Sketching in the Gardens

(Programme Code: **AC029**)

Every 3rd Saturday of odd months

19 JAN • 16 MAR • 18 MAY

Singapore Botanic Gardens,
Visitor Centre (Nassim Gate)

9am – 11am

Free



TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In person: Visitor Centre (Nassim Gate),
Singapore Botanic Gardens

Email: nparks_sbg_visitor_services@nparks.gov.sg

Enjoy nature creatively through this engaging, fun and therapeutic activity. Join our volunteer artist, Tham Pui San, as he guides you in acquiring drawing and observational skills to equip you for an interesting journey of nature appreciation.

Please bring along your own sketching materials.

Heritage Tour

(Programme Code: **AC039**)

Every 4th Saturday of the month

26 JAN • 23 FEB • 23 MAR
27 APR • 25 MAY • 22 JUN

Singapore Botanic Gardens,
Visitor Services Counter
(Tanglin Gate)

9am – 10.30am

Free



TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In Person: Visitor Services Counter (Tanglin Gate), Singapore Botanic Gardens

Email: nparks_sbg_visitor_services@nparks.gov.sg

The Singapore Botanic Gardens dates back to 1859. Learn about the grand old trees and characters that have shaped the Gardens through the years during this guided walk.

For groups larger than 20, please register at least 14 days in advance.

SGPY Photography Workshop by Nikon Singapore

(Programme Code: **AC049**)

19 Jan

The Foothills Fort Canning Park,
Galeri Utama

9am – 12pm

Free

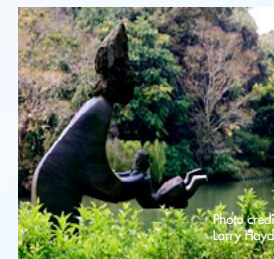


Photo credit:
Larry Haydn

the third workshop in the series.

TO REGISTER:

Website: www.nparks.gov.sg/events

In conjunction with the Singapore Garden Photographer of the Year (SGPY) 2019, Nikon Singapore and NParks are organising a series of hands-on photography workshops. We are happy to have invited Larry Haydn – a professional photographer and an MOE-registered instructor to conduct

Pasir Ris Park Sculpture Walk

(Programme Code: **AC059**)

26 Jan

Pasir Ris Park, Mangrove Swamp ('Outreach' venue)

9am – 10.30am

Free



Photo credit:
Sculpture Society (Singapore)

In conjunction with the World Wetlands Day 2019, join artists from the Sculpture Society (Singapore) for a walk in nature from a different perspective as they share more about the various wood sculptures exhibited around Pasir Ris Park.

TO REGISTER:

Website: www.nparks.gov.sg/events

Upcycle with Us

(Programme Code: **AC069**)

26 Jan

Meeting Point: Sungei Buloh Wetland Reserve, Visitor Centre Information Counter

9am – 1pm

Free



Recycle? Why not upcycle?

Breathe new life into old clothes by transforming them into tote bags in this upcycling craft activity!

TO REGISTER:

Website: www.nparks.gov.sg/events

World Wetlands Day – Activity Booth

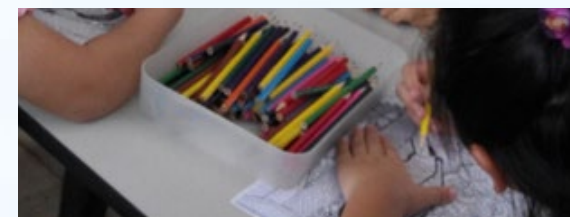
(Programme Code: **AC079**)

26 Jan

Sungei Buloh Wetland Reserve, Visitor Centre Foyer (Kranji Way entrance)

9am – 11pm

Free



Come make wetland-inspired arts and crafts at our various booths! Registration is not required.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Craft with Us

(Programme Code: **AC089**)

26 Jan

Singapore Botanic Gardens,
Visitor Services Counter
(Tyersall Gate)

9.30am – 12pm

Free

Art and Ecology – Fun Prints with Marine Debris

(Programme Code: **AC099**)

26 Jan

Singapore Botanic Gardens,
CDL Green Gallery @ SBG
Heritage Museum

3pm – 5pm

Free

Night Heritage Tour

(Held in conjunction
with Festival at the Fort
@ i Light 2019)

(Programme Code: **AC109**)

1 & 2, 8 & 9,
15 & 16, 22 & 23 Feb

Meeting Point: Fort Canning
Park, Stamford Green

7pm – 8.30pm

Free



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.



What better formula for your child to blossom than a generous dose of fresh air, sunshine and an outlet for creativity? Join us to create your very own wetland craft!

Registration is not required.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events



Join us to explore Singapore's marine biodiversity this school holidays through art and science! As part of "Beneath tide, Running forest", exhibition curator Dr. Wang Ruobing is conducting a hands-on workshop where children can create artworks through printmaking.

Held in conjunction with International Year of the Reef

2018, the workshop will include a guided exhibition tour by the curator and an introduction to marine biodiversity by NParks. All materials are provided and participants will be able to bring home their artwork.

This programme is suitable for participants from 5 to 12 years old.

TO REGISTER:

Website: www.nparks.gov.sg/events



Did you know that the history of Fort Canning dates back to the 14th century? Join us on a night journey through time, as we share about the intriguing stories and legends that shroud the Forbidden Hill.

TO REGISTER:

Website: www.nparks.gov.sg/events



NATIONAL PARKS
NPARKS CONCERT
SERIES IN THE PARK
Rockestra®



CONCERTS &
PERFORMANCES

Photo credit: LJCP Photography

SMS the programme code to 7PARK (77275) to receive updates on each programme (standard message and data rates may apply). Please note that subscription to updates on a programme does not constitute registration for the actual programme.

Sign up for our free e-newsletters at www.nparks.gov.sg/e-newsletter to receive event updates or learn how you can shape our City in a Garden. To receive the e-newsletter on your mobile, SMS code (NB01) to 7PARK (77275).



nparksbuzz

Share your love for nature with us at
#nparksbuzz

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens

(Programme Code: **CP909**)

Singapore Botanic Gardens, Shaw Foundation Symphony Stage

Free

Performances in the Gardens are free, and we welcome everyone to pack a picnic basket and relax amid the lush surroundings of Palm Valley.

We host jazz and classical groups about twice a month on Saturdays or Sundays. For more details and further updates, please refer to our calendar of events online at www.nparks.gov.sg/sbg

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg



12 Jan 6pm – 7pm
Music Oasis 2019

20 Jan 2pm – 6pm
The Great Sing-Off Finals

3 Mar 4.30pm – 6.30pm
NAC-ExxonMobil Concert in the Park

16 Mar 4.30pm – 6.45pm
An Evening With Studio Ghibli

23 Mar 5pm – 7pm
Victoria School Band

30 Mar 6pm – 7pm
NGAYAH - A Dedication of Heart and Soul

6 Apr 6pm – 7pm
Spring at the Gardens

21 Apr 4.30pm – 7.30pm
Celebrate Jazz @ The Red Dot

27 Apr 6pm – 7.30pm
Celebrating UNESCO International Jazz Day 2019

28 Apr 5.30pm – 7pm
Big Band Bash

4 May 6pm – 7pm
Songs At Twilight

12 May 6pm – 7pm
SSO Mother's Day Concert

2 Jun 6pm – 7.15pm
Festival Closing Concert with Singapore Symphony Orchestra

9 Jun 6pm – 7.15pm
Nicklas Sahl Concert: Asian Premiere at Singapore Botanic Gardens

NParks Concert Series in the Park: Rockestra®

(Programme Code: **ROCK**)

27 Apr

Jurong Lake Gardens
6.30pm till late

1 Jun

Fort Canning Park
6.30pm till late

Free



Photo credit: LJCP Photography

The NParks Concert Series in the Park: Rockestra® is a series of free outdoor concerts aiming to inspire and encourage the development of the local music scene. The concerts will shine the spotlight and serve as a platform for Singapore's home-grown talents, where both established and budding musicians can showcase their music.

To receive updates on the concert, SMS **ROCK** to 77275.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/concertseries

Satay Night Live at Mount Faber

(Programme Code: CP309)

8 Jun

Faber Deck on Mount Faber
(near Carpark B)

6pm – 10pm

Free



Satay lovers rejoice, One Faber Group has a treat for you! One Faber Group will be hosting Satay Night LIVE at Mount Faber. For the first time ever, the Faber Deck, located next to Carpark B at Mount Faber, will be transformed into the ultimate throw-back with the familiar aroma of satay grilled over charcoal complete with a line-up of nostalgia-inducing entertainment and activities.

As part of the Singapore Cable Car's 45th Anniversary's calendar of activities, One Faber Group introduces Satay Night Live to entice guests to re(visit) and re(discover) Mount Faber. Satay Night Live is the perfect way to introduce Mount Faber to family, friends, and loved ones over sticks of satay, beer towers, live performances and cable car rides.

FOR MORE INFORMATION:

Website: www.onefabergroup.com/sataynight



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.



SMS the programme code to 7PARK (77275) to receive updates on each programme (standard message and data rates may apply). Please note that subscription to updates on a programme does not constitute registration for the actual programme.

Sign up for our free e-newsletters at www.nparks.gov.sg/e-newsletter to receive event updates or learn how you can shape our City in a Garden. To receive the e-newsletter on your mobile, SMS code (NB01) to 7PARK (77275).



nparksbuzz

Share your love for nature with us at
#nparksbuzz

Singapore Botanic Gardens Market Square

(Programme Code: **GD019**)

Every 1st weekend of the month

5 & 6 JAN • 2 & 3 FEB
2 & 3 MAR • 6 & 7 APR
4 & 5 MAY • 1 & 2 JUN

Singapore Botanic Gardens,
Orchid Plaza

9am – 7.30pm

Free



Bring your family and friends for a weekend of scrumptious bites and plant shopping at the Market Square, Orchid Plaza in the Singapore Botanic Gardens. Each weekend will comprise different food stalls and plant vendors. Afterwards, relax and unwind as you enjoy a concert in the evening.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

Gardeners' Day Out (GDO)

(Programme Code: **GD029**)

Every 3rd Saturday of the month except Apr*

19 JAN • 16 FEB • 16 MAR
18 MAY • 15 JUN

HortPark

9am – 3pm

Free**



Join us for a day of gardening fun at HortPark – The Gardening Hub. Highlights at Gardeners' Day Out include our Gardeners' Market, free talks and demonstrations, free garden tours of HortPark and kids' activities like storytelling and arts and craft!

* Gardeners' Day Out will not be taking place in April 2019.

** Admission to the event is free but selected workshops and talks are chargeable.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/GDO

Growing Tropical Orchids for Beginners (A Gardening Workshop)

(Programme Code: **GD039**)

12 Jan
13 Apr

Singapore Botanic Gardens,
Botany Centre, Level 3 Classroom

10am – 5pm

\$

\$80 / pax (Includes all materials)



Do you aspire to cultivate prize-winning orchids? Start with the basics in this workshop where you will be introduced to the Orchidaceae family and taught the cultivation techniques to maintain and propagate healthy orchids. A guided tour of the National Orchid Garden and hands-on planting session are also included.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Native Plants Workshop (A Gardening Workshop)

(Programme Code: **GD049**)

19 Jan

Singapore Botanic Gardens,
Botany Centre, Level 3 Classroom

10am – 1pm

\$

\$50 / pax (Includes all materials)



Did you know that Singapore has a record of over 2,000 native plant species, some with high ornamental value? Learn more about our native flora and which plants have adapted to our local climate, making them potentially easier to care for.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Revised! Basic Home Gardening (A Gardening Workshop cum Guided Tour)

(Programme Code: **GD059**)

23 Feb

Singapore Botanic Gardens,
Botany Centre, Level 3 Classroom
10am – 5pm



\$80 / pax (Includes all materials)



Tips on choosing the right plants as well as general plant care techniques such as establishing a good watering regime, using the right fertiliser, re-potting and pruning will be covered in this comprehensive basic course. Participants will be led on a guided tour around the Tanglin Core of Singapore Botanic Gardens to learn and discuss about the different types of plants suitable for home gardening.

This workshop is an updated version of a previous workshop entitled Home Gardening: The Fundamentals and Another Perspective (A Gardening Workshop and Guided Tour).

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

The Art of Planting: Container Gardens and Terrariums (A Gardening Workshop)

(Programme Code: **GD069**)

**2 Mar
11 May**

Singapore Botanic Gardens,
Botany Centre, Level 3 Classroom
10am – 5pm



\$80 / pax (Includes all materials)



The art of growing and arranging plants in containers and enclosed bottles will be explored in this workshop. Learn how to make a self-sustaining terrarium for your home or as a gift for your family or friends. You will also get to bring your container garden and terrarium home at the end of the workshop.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Herbs & Spices (A Gardening Workshop cum Guided Tour)

(Programme Code: **GD079**)

6 Apr

Singapore Botanic Gardens,
Botany Centre, Level 3 Classroom
10am – 5pm



\$80 / pax (Includes all materials)



Get up close and personal with the herbs and spices commonly used in Asian and Western cooking! This workshop will explore their historical significance, use as herbal remedies and methods of propagation.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Advanced Gardening (A Gardening Workshop)

(Programme Code: **GD089**)

27 Apr

Singapore Botanic Gardens,
Botany Centre, Level 3 Classroom

10am – 5pm



\$80 / pax (Includes all materials)



A follow-up to the workshop titled Home Gardening: The Fundamentals & Another Perspective, this advanced gardening workshop will cover a wide variety of plants, different propagation techniques and common pests and diseases. Participants are invited to bring in infected plants for diagnosis and advice.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.



Photo credit: Chuah Hock Seong

SMS the programme code to 7PARK (77275) to receive updates on each programme (standard message and data rates may apply). Please note that subscription to updates on a programme does not constitute registration for the actual programme.

Sign up for our free e-newsletters at www.nparks.gov.sg/e-newsletter to receive event updates or learn how you can shape our City in a Garden. To receive the e-newsletter on your mobile, SMS code (NB01) to 7PARK (77275).



nparksbuzz

Share your love for nature with us at
#nparksbuzz

Community in Nature Initiative

The Community in Nature (CIN) initiative is a national movement. It brings together all of NParks' nature-related events, activities and programmes with the aim of connecting, engaging and inspiring diverse communities to help conserve our natural heritage.

For more details, please refer to our website at www.nparks.gov.sg/CIN or write to us at CIN@nparks.gov.sg



Sungei Buloh Wetland Reserve Guided Tour

(Programme Code: **NR019**)

Every Saturday

Sungei Buloh Wetland Reserve
9,30am – 11am

Free

Learn about the diverse plants and animals found in the various habitats of Sungei Buloh Wetland Reserve. There is a different theme every week! This guided walk is suitable for everyone, including families with children.

Registration is required with a maximum of 20 people per session, on a first-come, first-served basis.

TO REGISTER (TWO FRIDAYS BEFORE SCHEDULED DATE):
Website: www.nparks.gov.sg/sbwr

Guided Intertidal Walk at Sisters' Islands Marine Park and St. John's Island

(Programme Code: **NR029**)

Twice a month during low tides

Sisters' Islands Marine Park
Dependant on low tide

Every 1st Saturday of the month

5 JAN • 2 FEB • 2 MAR
6 APR • 4 MAY • 1 JUN

St. John's Island
10am

Free



The intertidal area at Sisters' Islands Marine Park is most suitable for visiting during low tides of 0.4 metres and below – this is when you will be able to see the shore teeming with marine life as the area will be submerged under water at higher tides. Follow the nature guides to discover the Marine Park's rich biodiversity.

The St. John's Island Land Trail Guided Walk will lead you on an exploration of the island. On your journey, you will have many enriching encounters with both nature and history. Visitors will also learn about the Marine Park at a Public Gallery in the Marine Park Outreach and Education Centre, a collaboration between National Parks Board and the Tropical Marine Science Institute, National University of Singapore.

TO REGISTER:

Website: www.nparks.gov.sg/events

Healing Garden Tour

(Programme Code: **NR039**)

Every 1st Saturday of the month

5 JAN • 2 FEB • 2 MAR
6 APR • 4 MAY • 1 JUN

Singapore Botanic Gardens,
Visitor Centre (Nassim Gate)

9am & 10am (English)
10am (Mandarin)

Free

The Healing Garden showcases over 400 varieties of plants used medicinally. It is laid out thematically relating to parts of the body such as the head, as well as respiratory and reproductive systems.

For groups larger than 20, please register at least 14 days in advance.

TO REGISTER (15 MINUTES BEFORE THE TOUR COMMENCES):

In Person: Visitor Centre (Nassim Gate), Singapore Botanic Gardens Tel: 1800 471 7300

Email: nparks_sbg_visitor_services@nparks.gov.sg

For groups larger than 20, please register at least 14 days in advance.

Rain Forest Tour

(Programme Code: **NR049**)

Every 1st Saturday of the month

5 JAN • 2 FEB • 2 MAR
6 APR • 4 MAY • 1 JUN

Singapore Botanic Gardens,
Visitor Centre (Nassim Gate)

10am (Japanese)

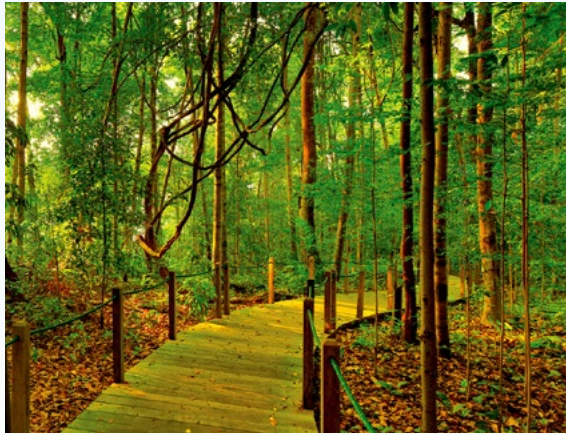
Every 2nd Saturday of the month

12 JAN • 9 FEB • 9 MAR
13 APR • 11 MAY • 8 JUN

Singapore Botanic Gardens,
Visitor Centre (Nassim Gate)

9am, 10am, 11am & 4pm (English)
10am & 4pm (Mandarin)

Free



Since our very first tour launched in 2001, this remains the most popular of its kind to date. Find out more about the ecosystem of the Gardens' Rain Forest and its importance.

For groups larger than 20, please register at least 14 days in advance.

TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In Person: Visitor Centre (Nassim Gate), Singapore Botanic Gardens Tel: 1800 471 7300

Email: nparks_sbg_visitor_services@nparks.gov.sg

Evening Chorus at Kranji Marshes (Guided Tour)

(Programme Code: **NR059**)

Every 2nd Saturday of the month

12 JAN • 9 FEB • 9 MAR
13 APR • 11 MAY • 8 JUN

Kranji Marshes

4.30pm – 6.30pm

Free



The walk will introduce participants to this unique nature area and the species that live in the marsh, woodland and grass habitats. Participants will be guided through the ecologically sensitive core conservation area which is not usually opened to the public.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

A Walk with Your Neighbours — the Macaques of MacRitchie, Lower Peirce and Bukit Timah

(Programme Code: **NR069**)

Every 2nd Saturday of the month

12 JAN • 9 FEB • 9 MAR
13 APR • 11 MAY • 8 JUN

MacRitchie Reservoir Park

Every 3rd Saturday of the month

19 JAN • 16 FEB • 16 MAR
20 APR • 18 MAY • 15 JUN

Lower Peirce Reservoir Park

Every 4th Saturday of the month

26 JAN • 23 FEB • 23 MAR
27 APR • 25 MAY • 22 JUN

Bukit Timah Nature Reserve

5pm – 6.30pm

Free



The Long-tailed Macaque is one of the most commonly encountered animals at MacRitchie Reservoir Park, Lower Peirce Reservoir Park and Bukit Timah Nature Reserve, but it is often misunderstood. Few people know about the complex social world the macaque lives in – it has kin networks, power struggles, friends and foes.

Learn more during this walk led by experts from the Jane Goodall Institute Singapore.

TO REGISTER:

Email: sg.monkey.walk@gmail.com

Website: www.nparks.gov.sg/events

Learning Forest Tour

(Programme Code: **NR079**)

Every 2nd & 4th
Saturday of the month

12 & 26 JAN • 9 & 23 FEB
9 & 23 MAR • 13 & 27 APR
11 & 25 MAY • 8 & 22 JUN

Singapore Botanic Gardens,
Learning Forest

9am – 10am

Free



The Learning Forest features a network of boardwalks and elevated walkways that allows visitors to explore habitats ranging from a freshwater forest wetland to a lowland rainforest. Visitors can learn about freshwater forest wetland ecosystems at the Keppel Discovery Wetlands and walk amongst a collection of some of the tallest tree species in Southeast Asia at the SPH Walk of Giants.

The Learning Forest is open daily from 5am – 12am. The SPH Walk of Giants and Keppel Discovery Wetlands will be closed from 7pm – 7am to maintain a conducive habitat for wildlife.

Please note that no pets are allowed on this tour as the route requires access to the elevated boardwalk.

TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

*In Person: Visitor Services Counter (Learning Forest),
Singapore Botanic Gardens Tel: 1800 471 7300*

Open House at Teck Seng's Place

(Programme Code: **NR089**)

Every 2nd & 4th
weekend of the month

12 & 26 JAN • 9 & 23 FEB
9 & 23 MAR • 13 & 27 APR
11 & 25 MAY • 8 & 22 JUN

Pulau Ubin, Jalan Ubin,
Teck Seng's Place

10am – 2pm

Free



Take a self-guided tour around Teck Seng's Place and immerse yourself in 1970s Pulau Ubin. Learn about what life was like in a Chinese kampong house.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Kampong Tour

(Programme Code: **NR099**)

Every 3rd Saturday of
the month

19 JAN • 16 FEB • 16 MAR
20 APR • 18 MAY • 15 JUN

Pulau Ubin, Ubin Volunteer Hub

9.30am – 11.30am



\$60/group
(Max. 15 persons per group)



Experience Pulau Ubin's wonderful natural and cultural heritage as this two-hour walk takes you from the Ubin Volunteer Hub, through the spice trees around the Jelutong campsite, Butterfly Hill, Pekan Quarry, Sensory Trail Ponds, Kampong House, the old Bin Kiang School site, Tua Pek Kong Temple, and finally, to the Wayang Stage.

TO REGISTER:

Website: www.nparks.gov.sg/events

National Orchid Garden Tour

(Programme Code: **NR109**)

Every 3rd Saturday of
the month

19 JAN • 16 FEB • 16 MAR
20 APR • 18 MAY • 15 JUN

National Orchid Garden

9am, 10am, 11am & 4pm (English)

4pm (Mandarin)



Admission fees apply



Treat yourself to a visual spectacle by visiting the National Orchid Garden, which has one of the world's largest collections of orchids, spanning over 1,000 species and 2,000 hybrids!

For groups larger than 20, please register at least 14 days in advance.

TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

*In Person: Visitor Centre (Nassim Gate), Singapore Botanic
Gardens Tel: 1800 471 7300*

Email: nparks_sbg_visitor_services@nparks.gov.sg

*For groups larger than 20, please register at least 14 days in
advance.*

Rustic Reflections Tour

(Programme Code: **NR0119**)

Every 3rd Saturday of the month

19 JAN • 16 FEB • 16 MAR
20 APR • 18 MAY • 15 JUN

Pulau Ubin, Ubin Volunteer Hub

9.30am – 11.30am



\$60/group
(Max. 15 persons per group)



Discover Pulau Ubin's unique and colourful kampong history with our volunteer guides. This two-hour walk will take you on a trip to discover the island's cultural, economic and natural heritage with visits to important historical landmarks, wildlife habitats and restored buildings. Learn about what life was like on this rustic island in the past and the hidden gems that make this place irreplaceable.

TO REGISTER:

Website: www.nparks.gov.sg/events

Nature Appreciation Walk at Bukit Timah Nature Reserve and Windsor Nature Park

(Programme Code: **NR129**)

Every 3rd Saturday of the month

19 JAN • 16 FEB • 16 MAR
20 APR • 18 MAY • 15 JUN

Bukit Timah Nature Reserve,
Visitor Centre

9.30am – 11.30am

Every 4th Saturday of the month

26 JAN • 23 FEB • 23 MAR
27 APR • 25 MAY • 22 JUN

Windsor Nature Park



Experience nature in its pristine form at Bukit Timah Nature Reserve, home to one of the richest and most diverse ecological systems by virtue of Singapore's location on the equatorial belt and Windsor Nature Park, a buffer to the Central Catchment Nature Reserve. Through this guided walk, you will gain a greater appreciation of Singapore's rich natural heritage and the need to protect it for future generations.

Registration is required with a maximum of 15 people per group, on a first-come, first-served basis.

TO REGISTER:

Email: lim_siew_hong@nparks.gov.sg

Website: www.nparks.gov.sg/events

Race Against Time – Science behind a Botanic Garden Tour

(Programme Code: **NR139**)

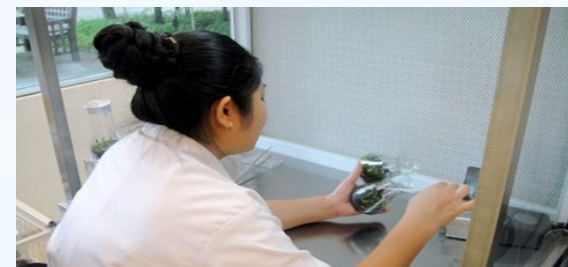
Every 4th Saturday of the month

26 JAN • 23 FEB • 23 MAR
27 APR • 25 MAY • 22 JUN

Singapore Botanic Gardens,
Visitor Services Counter
(Tanglin Gate)

10am – 10.45am

Free



If you have a keen interest in orchids, Singapore Botanic Gardens' hybridisation programme, or how the Gardens' dried plant specimens assist us in recording plant species of our region, this is the tour for you!

TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In Person: Visitor Services Counter (Tanglin Gate), Singapore Botanic Gardens

Wetlands in Our City

(Programme Code: **NR149**)

16 Jan – 2 Feb

Various locations

8am – 4.30pm

Free



Join us as we celebrate World Wetlands Day with a series of events in January and February 2019 across different wetlands in Singapore!

Learn more about our wetlands and enjoy activities suitable for all ages.

Visit our website to explore what's in store for everyone!

Participation is on a first-come, first-served basis. Prior registration is required for selected programmes.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Free

"Grow with Nature" Drama Series: The Mixed-up Chameleon (A Drama Workshop)

(Programme Code: **NR159**)

19 Jan

Jacob Ballas Children's Garden
10am – 11am



\$10/child



Nature holds many life lessons anyone can learn. By dramatising stories based on plants and animals, your children can pick up acting skills and understand the importance of character-building qualities such as tenderness and generosity through these drama workshops. They will also be taught to care for nature and develop an appreciation for biodiversity.

Join us as we find out about the chameleon which wishes to be more like others!

This workshop is suitable for children at the K1 – P4 levels.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Croc Talk: Learn about Estuarine Crocodiles at the Sungei Buloh Wetland Reserve

(Programme Code: **NR169**)

20 Jan

Sungei Buloh Wetland Reserve,
Wetland Centre Main Bridge
(Neo Tiew entrance)

4pm – 6pm

Free



Drop by and learn all about the Estuarine Crocodile that basks in the Sungei Buloh Wetland Reserve (SBWR) from Bernard, a SBWR volunteer with a keen interest in our reptilian friend!

Find out fascinating facts about the crocodile such as its characteristics and behaviour, and observe them as they go about their daily business.

Registration is not required.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Wetlands Wonders Guided Tour

(Programme Code: **NR179**)

26 Jan

Singapore Botanic Gardens,
Visitor Centre (Tyersall Gate)

9am – 10.30am

Free



To celebrate World Wetlands Day 2019, join us and learn about the Keppel Discovery Wetland, a restored freshwater habitat of native flora and fauna. Walk through the different layers of tropical rainforest at the SPH Walk of Giants.

This tour is suitable for children at the K1 – P6 levels.

TO REGISTER:

Website: www.nparks.gov.sg/events

World Wetlands Day – Wetland Family Adventure!

(Programme Code: **NR189**)

26 Jan

Meeting Point: Sungei Buloh
Wetland Reserve, Visitor Centre
Information Counter
(Kranji Way entrance)

9am – 12pm

Free



Learn about wetlands in this Parent-Child bonding activity which brings you for a guided tour of the wetlands of Sungei Buloh, ending with hands-on activity at our new "Junior Wetland", designed for young children!

TO REGISTER:

Website: www.nparks.gov.sg/events

Love Our Wetlands Boardwalk Tour

(Programme Code: **NR199**)

2 Feb

Pulau Ubin, Open Lawn (Chek Jawa Visitor Centre)

3pm – 4.30pm

Free



In celebration of World Wetlands Day 2019, come join us for a guided boardwalk tour to discover and learn about Chek Jawa's six ecosystems and the diverse array of animals and plants that inhabits these unique habitats.

TO REGISTER:

Website: www.nparks.gov.sg/events

Sara Goes Gardening (A Guided Tour)

(Programme Code: **NR209**)

23 Feb

Jacob Ballas Children's Garden
10am – 11am



\$9 / child (Includes \$3 "Sara Goes Gardening" Workbook) & \$6 / accompanying adult

Join Sara the Botanicosaurus, her siblings and friends as they discover the joy of gardening. You will learn fascinating facts about Aloe vera, lemon grass, garlic, spring onion and many more herbs and spices, and pick up gardening tips too.

This tour is suitable for children at the K1 – P6 levels.

TO REGISTER:

Website:

www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)



Plants & Their Habitats (A Guided Tour)

(Programme Code: **NR219**)

16 Mar

Jacob Ballas Children's Garden
10am – 11am



\$6/child & \$6/accompanying adult



Just like us, plants need a place they can call home. Plant habitats are diverse, ranging from gardens and ponds to deserts. During this tour, children will be able to observe the habitats of different plants, explore the features of such plants and understand how certain adaptations help them survive.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Pasir Ris Park Mangrove Guided Walk

(Programme Code: **NR229**)

16 Mar

Pasir Ris Park, Mangrove Swamp ("Outreach" venue)

9am – 11am



Photo credit: Jeanice Aw

Mangroves like the 6-hectare Pasir Ris Mangrove not only help prevent coastal erosion by breaking the strong force of waves, they also shelter young animals and fish. Get up close and personal with mud crabs, mudskippers and water monitors during this guided walk as you stroll along the boardwalk.

TO REGISTER:

Email: pauline_tan@nparks.gov.sg

Be an Ethnobotanist for a Day! (A Guided Tour)

(Programme Code: **NR239**)

18 Mar

Singapore Botanic Gardens, Ethnobotany Garden

10am – 11am



\$6/child & \$6/accompanying adult



Join us on a journey to discover the many uses of plants for food, clothing, medicine and craft! Children can step into the shoes of an ethnobotanist, to appreciate the importance of plants in their daily lives. Learn how plants have shaped human culture and explore the many interactive displays found in the Centre for Ethnobotany!

This tour is suitable for children at the P3 – P6 levels.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

"Celebrating Wildlife" Series: Our Amazing Rainforest and its Biodiversity (A Biodiversity Investigative Workshop)

(Programme Code: **NR249**)

19 Mar

Singapore Botanic Gardens,
Botany Centre

9am – 1pm



\$50 / child (Includes all materials & dinner)



Singapore's rainforest is home to an incredible diversity of living things. Giant trees reach up to the sky, while the understorey is home to a multitude of ferns, creepers and climbers. High up in the canopy, colourful birds fly from branch to branch, while the mousedeer and Horned Frog live in the leafy undergrowth. Join us and learn all about these rainforest friends! In this workshop, participants will go on a guided tour, make a wall-hanging craft and pot their very own dish garden.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

"Celebrating Wildlife" Series: Amphibian Survey for Young Naturalists (A Biodiversity Investigative Workshop)

(Programme Code: **NR259**)

21 Mar

Singapore Botanic Gardens,
Botany Centre

4.30pm – 8.30pm



\$50 / child (Includes all materials & dinner)



Did you know that there are about 29 species of frogs and toads in Singapore? How many species can be found in the Singapore Botanic Gardens? Learn all about native frogs and toads, their diversity, life-cycles, habitats, and the important services they provide in our environment. In this workshop, participants will go on a guided tour, make an amphibian craft and pot their very own dish garden.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Ecolife Family Tour

(Programme Code: **NR269**)

23 Mar
1, 8, 15, 22, 29 Jun

Bishan-Ang Mo Kio Park,
River Plains

1 & 15 Jun

Coney Island Park

9am – 11am



This family tour introduces Bishan-Ang Mo Kio Park, Coney Island Park and their biodiversity – have fun working together answering worksheets, conducting surveys and going for photo hunts, among other activities.

Online registration opens a month prior to the event.

TO REGISTER:

Website: www.nparks.gov.sg/events

Dragons & Damsels in Our Wetland (A Guided Tour)

(Programme Code: **NR279**)

1 Jun

Singapore Botanic Gardens,
Learning Forest

10am – 11am



\$6/child &
\$6/accompanying adult



Did you know that dragonflies are among one of the most ancient winged insects in the world? With body structures that have remain largely unchanged since the Jurassic age, these fighter jets of the insect world help to keep the population of insects in check, and are an indicator for the health of our environment.

Join us at the Keppel Discovery Wetlands of the Singapore Botanic Gardens' Learning Forest to discover how plants and animals have adapted to this wetland habitat, the differences between dragonflies and damselflies, and challenge yourself to identifying the many species of 'dragons' and 'damsels' that can be found here!

This tour is suitable for children at the K1 – P6 levels.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

"Grow with Nature" Drama Series: The Giving Tree (A Drama Workshop)

(Programme Code: **NR289**)

7 Jun

Jacob Ballas Children's Garden

10am – 11am



\$10 / child



Nature holds many life lessons anyone can learn. By dramatising stories based on plants and animals, your children can pick up acting skills and understand the importance of character-building qualities such as tenderness and generosity through these drama workshops. They will also be taught to care for nature and develop an appreciation for biodiversity.

Join us to find out about the tree that keeps giving!

This workshop is suitable for children at the K1 – P4 levels.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Sara Goes Supermarket Gardening (A Guided Tour)

(Programme Code: **NR299**)

8 Jun

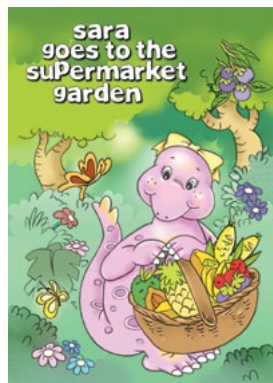
Jacob Ballas Children's Garden

10am – 11am



\$9 / child (Includes \$3 "Sara Goes to the Supermarket Garden" workbook) & \$6 / accompanying adult

Sara the Botanicosaurus is back! She is visiting the Supermarket Garden in the Jacob Ballas Children's Garden with her siblings and friends. Join her to learn fascinating facts and hear interesting stories about the banana, peanut, soya bean, sugarcane, sweet potato and many more yummy fruits and vegetables in this special garden. Along with learning about edible plants, pick up tips on how you can have a healthy and nutritional diet.



This tour is suitable for children in K1 – P6 levels.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)

Pasir Ris Park Mangrove Clean Up

(Programme Code: **NR309**)

15 Jun

Pasir Ris Park

9am – 11am



Photo credit: Jeanice Aw

During the high tide, man-made waste such as plastics and foam pieces get trapped in the mangrove forest. Cleaning up the mangrove bed can prevent such inedible material to be ingested by the mangrove wildlife such as mudskippers, tree-climbing crabs to mangrove snakes, which you may get to see during the activity.

TO REGISTER:

Email: pauline_tan@nparks.gov.sg

Nature Keeper Camp

(Programme Code: **NR319**)

14 Jun

21 Jun

Bukit Timah Nature Reserve,
Seminar/Meeting Room

9am – 3pm



\$25 / child* (Includes Halal lunch & craft materials)



This Camp will develop your child's appreciation of our forests and help him or her understand the need to protect and conserve our natural heritage. It will be carried out at Bukit Timah Nature Reserve.

This programme is suitable for children aged 7 to 11.

TO REGISTER:

Email: lim_siew_hong@nparks.gov.sg
Website: www.nparks.gov.sg/events

Sara the Forgetful Dinosaur: Children's Treasure Hunt (A Guided Tour)

(Programme Code: **NR329**)

25 Jun

Singapore Botanic Gardens,
Botany Centre

10am – 11am



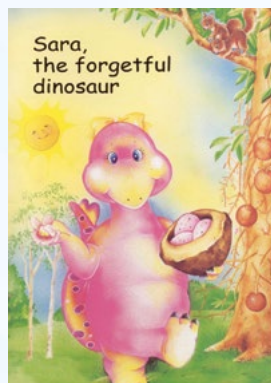
\$8.50 / child (Includes \$2.50 "Sara the Forgetful Dinosaur" workbook) &
\$6 / accompanying adult

Sara the Botanicosaurus has left her eggs in the Singapore Botanic Gardens! Children will discover interesting members of the plant kingdom as they go on this treasure hunt cum guided tour.

This tour is suitable for children at the K1 – P6 levels.

TO REGISTER:

Website: www.nparks.gov.sg/sbg (under the "Education" tab and proceed to the respective "Individuals" segments)



Singapore Botanic Gardens Speaker Series

(Programme Code: **NR339**)

Monthly

Singapore Botanic Gardens,
Botany Centre, Function Hall

4pm – 5pm

Free

SPEAKER SERIES



The Singapore Botanic Gardens benefits from the knowledge and expertise of eminent visiting foreign botanists, as well as distinguished local scientists. This series offers them a platform to share their passion and the fascinating stories behind their research with the public.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

Families for Nature

(Programme Code: **NR349**)

Monthly

Various locations

Free



Families for Nature is an initiative which encourages families to experience nature and learn more about Singapore's biodiversity through exciting events and activities organised under the National Parks Board's Community in Nature (CIN) programme.

Take part in activities organised throughout the year with your family! These activities fall into four categories – Nature Adventurer, Wildlife Guardian, CIN Ambassador and SGBioAtlas Contributor.

Participate in all four types of activities and collect unique stamps and puzzle pieces. Upon completion of each activity, you will also receive one of four puzzle pieces. Collect all four pieces to form a map featuring Singapore's rich biodiversity.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/familiesfornature



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.

Chuah Hock Seong

NParks Parks Group Director, hobby nature photographer, karaoke lover

Jovial Hock Seong loves life and nature. With years of experience and an in-depth knowledge of botany and horticulture, he has given numerous talks overseas, sharing his knowledge and expertise on the management of public greenery. In his spare time, he enjoys nature photography and is a karaoke fanatic.



What do you do in NParks?

I have been with NParks for 40 years, beginning when it was known as Parks and Recreation! Currently I oversee the management of parks in western Singapore, looking after the greenery and facilities in these parks, ensuring they are vibrant recreation destinations.

We are constantly looking to make our parks more accessible and attractive for all, such as building therapeutic gardens and inclusive playgrounds, staying true to our goal of creating Parks for Everyone. Of course, I can do my work only with my team of very dedicated staff.

When did you pick up photography?

In primary school when processing your own photographs was the norm. As I was a student, my father funded my hobby and spent quite a sum on it! When I started working, I stopped photography as it was expensive and I wanted to save up to start a family. It was 15 years later that I picked it up again, when my children were older and I had spare cash.

Why do you like photography?

Taking photographs brings me joy. These days, I like to walk in the parks and snap whatever I come across with my camera. I like shooting flora and fauna. Spiders used to be my favourite subject but now I have shifted to shooting birds. I'm an "opportunistic photographer" – I don't sit and wait for a shot; I just snap whatever, whenever! (Check out Hock Seong's shot of a Grey Heron (*Ardea cinerea*) on the cover of the Nature section!)



Photo credit: Chuah Hock Seong

An amusing capture of a Neriid Fly (*Telostylinus lineolatus*) coming across a pair of Mating Neriid Flies.



Photo credit: Chuah Hock Seong

Eurasian Tree Sparrows (*Passer montanus*) resting on a tree branch.

Tell us about your love for karaoke.

Karaoke is another beloved hobby of mine. My karaoke set at home is for practice and to build up confidence so that when I sing outside, among friends, I *buay paiseh* (Hokkien for 'not embarrassed')



SMS the programme code to 7PARK (77275) to receive updates on each programme (standard message and data rates may apply). Please note that subscription to updates on a programme does not constitute registration for the actual programme.

Sign up for our free e-newsletters at www.nparks.gov.sg/e-newsletter to receive event updates or learn how you can shape our City in a Garden. To receive the e-newsletter on your mobile, SMS code (NB01) to 7PARK (77275).



nparksbuzz

Share your love for nature with us at [#nparksbuzz](https://www.instagram.com/nparksbuzz)

Weekends in The Park: Mass Chalk Art Drawing

(Programme Code: **SW019**)

Daily

East Coast Park, Parkland Green
7.30am – 11pm

Free



Does your child enjoy doodling or drawing? Walk in to any business outlet at Parkland Green and ask for some free chalk. Unleash their creativity and have a go drawing on the concrete floor outside the outlets.

FOR MORE INFORMATION:

Website: <http://www.nparks.gov.sg/weekends>

Weekends in The Park: Family Yoga in the Park

(Programme Code: **SW029**)

Every 2nd Sunday of the month

13 JAN • 10 FEB • 10 MAR
14 APR • 12 MAY • 9 JUN

Bishan-Ang Mo Kio Park,
River Plains (near Carpark A)
8am – 9am

Free



Soak in the morning sun with a family yoga session in the park, on every second Sunday of the month! Take the opportunity to enjoy the open lawns, lush banks of wildflowers and unique waterways.

Things to bring: water bottle, yoga mat and mosquito repellent.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/weekends

Weekends in The Park: Lifestyle Market & Workshops

(Programme Code: **SW039**)

12 & 13 JAN • 9 & 10 MAR

East Coast Park, Marine Cove
11am – 8pm

Free

9 & 10 FEB

East Coast Park, Parkland Green
11am – 8pm

Free



Join us for weekends of free activities and great giveaways! Expect fun for the whole family, with art activities, sports, games and much more.

FOR MORE INFORMATION:

Website: <http://www.nparks.gov.sg/weekends>

Sundays @ the Park

(Programme Code: **SW049**)

Every Sunday

Various locations

8.30am – 9.30am

9am – 10am

9.30am – 10.30am

5pm – 6pm

Free



Get active with your family and friends every Sunday! Bond over fun, instructor-led group workouts at a park near you.

Organised in collaboration with the Health Promotion Board (HPB), look forward to energetic routines suitable for all ages such as Zumba® Fitness, Mind Body & Blend, and more to keep yourself trim and fit!

For the men, there's also the Men's Boot Camp and Circuit Training – get your heart pumping and grow stronger with a mix of traditional callisthenic and body weight exercises, as well as interval, strength, resistance trainings, and more!

The programme schedule is subject to change.

FOR MORE INFORMATION AND TO REGISTER:

Website: www.hpb.gov.sg/sundays-at-the-park

Therapeutic Horticulture Programme

(Programme Code: **SW059**)

15 & 29 JAN • 12 & 26 FEB
12 & 26 MAR • 9 & 23 APR
14 & 28 MAY • 11 & 25 JUN

Bishan-Ang Mo Kio Park

16 & 30 JAN • 13 & 27 FEB
13 & 27 MAR • 10 & 24 APR
15 & 29 MAY • 12 & 26 JUN

Tiong Bahru Park

17 & 31 JAN • 14 & 28 FEB
14 & 28 MAR • 4 & 25 APR
9 & 30 MAY • 13 & 27 JUN

Choa Chu Kang Park

9am – 10.30am



\$38 / participant with full 100% waiver for participants from MCCY registered charities, IPC, Coop and WWOs



The Therapeutic Horticulture Programme is designed to stimulate participants' senses and memories through interaction with nature. With growing interest in the benefits of therapeutic horticulture, this programme is suitable for elderly groups, persons with dementia and other special needs. Each session is 1.5 hours and has a minimum group size of five and a maximum group size of ten participants (caregivers not included). The programme's highlight is a horticulture activity or nature art activity.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/gardens-parks-and-nature/therapeutic-gardens

TO REGISTER (2 WEEKS PRIOR TO EVENT):

Email: nparks_public_affairs@nparks.gov.sg



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.

Lace Ong

Volunteer for the NParks Therapeutic Horticulture Programme



Photo credit: Lili Lin

Lace is a well-liked facilitator for the Therapeutic Horticulture Programme, a programme that uses plants and nature-related activities to maximise the benefits of a therapeutic garden, suitable for elderly groups, persons with dementia and other special needs.

How did you start volunteering for the Therapeutic Horticulture Programme?

I was attending a floral arrangement course to 'upgrade' myself when I learnt that NParks was looking for coordinators for this programme. I thought to myself, why not give it a go? I started first at Tiong Bahru Park and then went on to be a facilitator at Bishan-Ang Mo Kio Park. I have been volunteering for about a year now and am loving every minute! My husband also joins in once in a while as 'my assistant'!

What is it like working closely with seniors who participate in the programme?

Seniors, like everyone else, enjoy being praised and given assurance. They just need a nudge to try new things that they think they aren't capable of. I recall a participant who did not have the confidence to paint because he said his hands shook. I patiently guided him to paint with simple strokes, and not long after, he was happily painting on his own! He was so proud of his work and that filled me with such great joy, seeing what can be achieved with some encouragement!



Photo credit: Lili Lin

Lace sharing with a group of THP participants on the different types of plants in the Therapeutic Garden.



THP participants cutting up Lemongrass (*Cymbopogon citratus*) and Pandan (*Pandanus amaryllifolius*) leaves to make scent bags.

What do you like best about the programme?

It is especially heartening when we bring participants around the garden to check out the herbs and spices, seeing them recognise the plants and smelling them which jogs their memories of recipes and preparation methods. Some even engage in healthy debates on whose recipes are better! I hope everyone can learn something new and continue to try new activities to improve themselves. It's important to have an open heart, and give yourself a chance. Be good and do good!

What benefits does the therapeutic programme bring?

It is very calming and enjoyable for participants and facilitators. We are surrounded by greenery which is very relaxing. The activities we conduct in the programme, such as plant propagation, making of scent bags and painting, also help improve participants' mobility while engaging their senses.



Photo credit: Ong Hwee Min

SMS the programme code to 7PARK (77275) to receive updates on each programme (standard message and data rates may apply). Please note that subscription to updates on a programme does not constitute registration for the actual programme.

Sign up for our free e-newsletters at www.nparks.gov.sg/e-newsletter to receive event updates or learn how you can shape our City in a Garden. To receive the e-newsletter on your mobile, SMS code (NB01) to 7PARK (77275).



nparksbuzz

Share your love for nature with us at **#nparksbuzz**

Celebration of Two Queens: A Tale of Queen Elizabeth II's Sapphire Anniversary and Vanda Miss Joaquim, Singapore's National Flower

(Programme Code: SE019)

1 Jan – 29 Mar*

Singapore Botanic Gardens,
Botany Centre, Library of Botany
and Horticulture

9am – 6pm*

Free



The year 2019 sees two historical anniversaries being celebrated across two countries. One is the 125th anniversary of Vanda Miss Joaquim (VMJ), an orchid hybrid described and named by Mr. Henry Ridley, first Director of Singapore Botanic Gardens, and the other is the 65th coronation anniversary of Queen Elizabeth II on 2nd June 1953.

This exhibition is made possible with support from Mr Y. H. Hsien, a serious collector with an avid interest in Singapore's social history.

*This exhibition will run from 1 October 2018 to 29 March 2019, Mondays to Fridays, 9am to 5pm. Closed on weekends and public holidays

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

Beneath tide, Running forest Exhibition

(Programme Code: SE029)

1 Jan – 14 Apr*

Singapore Botanic Gardens,
CDL Green Gallery @ SBG
Heritage Museum

9am – 6pm*

Free



Globally, marine biodiversity is under threat – pollution is on the rise and oceanic life is disappearing. Yet, marine life thrives amidst Singapore's busy shipping lanes. This exhibition is a conscious response to the beauty and ruin of these majestic ecosystems from four local artists. It is also a rallying cry that something needs to be done by everyone before it is too late. Learn more about these fragile yet resilient ecosystems, and the efforts invested into restoring them.

This is a group exhibition by local artists Chen Sai Hua Kuan, Shirley Koh, Wang Ruobing, Henry Lee, curated by Dr. Wang Ruobing and held in conjunction with the International Year of the Reefs 2018.

*The CDL Green Gallery is closed every last Tuesday of the month, should that fall on a public holiday, the closure will be moved to the next working day.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/ijor

Singapore Botanic Gardens Celebrates 160 Years Exhibition

(Programme Code: SE039)

9 – 25 Jan

Singapore Botanic Gardens,
Botany Centre, Green Pavilion

5am – 11.59pm*

Free



The Singapore Botanic Gardens has come a long way since it was established in 1859. From its beginnings as a pleasure garden for the colonial community, the Gardens gradually adopted a more scientific focus and horticultural role in the greening of Singapore, to become the premier tropical botanic gardens it is today.

This exhibition highlights the key milestones in the Gardens' 160 year history, and showcases features of the upcoming Gallop extension which brings the Gardens to its largest ever at 82 hectares.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

Wood Sculpture Symposium 2019

(Programme Code: SE049)

16 – 20 Jan

Pasir Ris Park, Piai Plaza
(next to Carpark B)

9am – 5pm

Free



Photo credit: Sculpture Society (Singapore)

Come down to Pasir Ris Park for the 2019 "Blue Carbon" Wood Sculpture Symposium by Sculpture Society (Singapore)!

Through several activities open to the public during the 5-day symposium from 16 to 20 January 2019, you can try your hand at wood carving and art-making using recycled materials within the park. The local community can also come together to create a public sculpture, as well as learn from experts and artists on wetlands conservation, reducing carbon footprint, community art and woodcarving artistic processes. Their artworks will be drawn from inspirations in the mangrove and coastal ecosystems in Pasir Ris Park, to celebrate World Wetlands Day 2019.

On the last day of the symposium, 20 January, get ready to feast your eyes on the finished nature-inspired masterpieces, exhibited around the mangrove.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Festival at the Fort @ i Light Singapore

(Programme Code: SE059)

28 Jan – 24 Feb
(Fridays & Saturdays only)

Fort Canning Park,
Raffles Terrace

6.30pm – 11pm*

Free



Come to the second edition of Festival at the Fort @ i Light Singapore as we celebrate Singapore's rich heritage at one of the most historical places in Singapore. This year's Festival focuses on the life and legacy of Sir Stamford Raffles.

Visit the Raffles Terrace, which has a replica of Sir Stamford Raffles' residence in 1822, and explore the newly planted area on your own. Alternatively, you could join one of our guided tours and learn more about the stories surrounding the magnificent Fort Canning Hill.

There will be activities for the whole family. Highlights include visually stunning light art installations such as the Land-pass Bird and Reflecting Holons and music performances at the Keys of Light installation. Various F&B options are also available at the Festival – take your pick and have a picnic under the stars!

*i Light art installations will be ongoing every evening from 7.30pm – 11pm. (Until 12am on Fridays and Saturdays).

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Istana Open House

(Programme Code: SE069)

6 Feb, 1 May, 5 Jun

Istana Domain

8.30am – 6pm

Free

Free admission for Singaporeans
& PRs

\$2 / pax for all other visitors

Visit the Istana during its Open House and sign up for the Nature Guided Walk (charges apply, see below), a collaboration between the President's Office and NParks, which will showcase the Istana's flora and fauna. The guided walk will be conducted hourly from 10am to 4pm. Charges for the Nature Guided Walk:

\$2 / child (aged 3 years and above)
\$4 / pax for Singaporeans or PRs (aged 13 and above)
\$10 / pax for foreigners (aged 13 and above)
\$12 / family of four for Singaporeans and PRs
\$30 / family of four for all other visitors

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

7th ISHS Symposium 2019

(Programme Code: SE079)

25 Feb – 1 Mar

Singapore Botanic Gardens,
Botany Centre, Function Hall

8am – 6pm

\$

The VII International Symposium on the Taxonomy of Cultivated Plants (25 February 2019 to 1 March 2019) will serve as a forum for discussion and exchange of the latest information on cultivated plant taxonomy by scientists, researchers, students, technicians, consultants, people in industry, horticulture enthusiasts and other interested persons.

Charges for the Symposium:

ISHS Member: \$600
Non-ISHS Member: \$750
Student: \$350
One-day Pass: \$250

FOR MORE INFORMATION:

Website: www.ishs.org

The Pawfect Match @ Pet Expo 2019

(Programme Code: SE089)

12 – 14 Apr

Singapore EXPO Convention and
Exhibition Centre, Hall 7

11am – 8pm

\$

\$5 / day,
\$12 for three-day passes



Photo credit: AVA

Pet Expo is Singapore's largest annual educational fair focused on pets and their well-being. There is a myriad of stage programmes and things to buy for pet owners. Animals and potential pet owners can visit The Pawfect Match booth to pick up more information on responsible pet ownership and meet the adorable cats, dogs and rabbits who are waiting for their 'forever' home – will it be yours?

FOR MORE INFORMATION:

Website: www.petexposg.com

SGF Horticulture Show 2019

(Programme Code: SE099)

27 Apr – 5 May

Jurong Lake Gardens West

10am – 7pm

Free

The Singapore Garden Festival (SGF) Horticulture Show will take place at Singapore's next national gardens in the heartlands, Jurong Lake Gardens. The nine-day biennial event will be an opportunity for local industry partners, students and the community to showcase their expertise in areas like landscape design, horticulture skills such as growing and cultivating plants, and skyrise greenery.

FOR MORE INFORMATION:

Website: www.singaporegardenfestival.com

Pesta Ubin 2019

(Programme Code: SE109)

18 May – 30 Jun

Pulau Ubin

Various times

Free



Photo credit: Ria Tan

A kampung-style open house at Singapore's last rustic island, Pulau Ubin, Pesta Ubin is the highlight of each year of 'Celebrating Ubin', made possible by the Friends of Ubin Network (FUN). FUN brings together those who are committed to working together for Ubin. Pronounced 'Pays-ta', Pesta is Malay for 'festival' or 'party'. Pesta often describes festivities that bring a community together, such as a wedding or a cultural celebration.

During Pesta Ubin, get a taste of the kinder, gentler way of life on Ubin, and discover what the Ubin Way means as you leave the worries of city living behind.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Festival of Biodiversity 2019

(Programme Code: SE119)

25 & 26 May

HDB Hub at Toa Payoh
(near Toa Payoh MRT Station)
10.30am – 10.30pm

Free



Organised in collaboration with the Biodiversity Roundtable, the annual Festival of Biodiversity celebrates Singapore's biodiversity. Through games, crafts, interactive booths and exhibitions, the Festival aims to enthuse the general public about conserving our natural heritage.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/festivalofbiodiversity

Ubin Day 2019

(Programme Code: SE129)

29 Jun

Pulau Ubin
9am – 4pm

Free



Ubin Day celebrates this unique island that is loved by many. From the flora and fauna to the temples, kampong houses and scenery, who can resist Pulau Ubin's rustic charm? Join us in celebrating its rich natural and cultural heritage by taking part in a series of activities to gain a greater appreciation of the need to conserve the island's heritage for generations to come.

FOR MORE INFORMATION:

Website: www.nparks.gov.sg/pulau-ubin
Email: nparks_pulau_ubin@nparks.gov.sg



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.

Overview Calendar

49 Jan

50 Feb

52 Mar

54 Apr

57 May

59 Jun



JANUARY 2019

5 Jan

Healing Garden Tour
Singapore Botanic Gardens
9am & 10am (English)
10am (Mandarin)

Singapore Botanic Gardens Market Square
Singapore Botanic Gardens
9am – 7.30pm

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Guided Intertidal Walk
St. John's Island
10am

Rain Forest Tour
Singapore Botanic Gardens
10am (Japanese)

6 Jan

Singapore Botanic Gardens Market Square
Singapore Botanic Gardens
9am – 7.30pm

9 Jan

Singapore Botanic Gardens Celebrates 160 Years Exhibition
Singapore Botanic Gardens
9 Jan – 25 Jan
9am – 7.30pm

12 Jan

Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Rain Forest Tour
Singapore Botanic Gardens
9am, 10am, 11am & 4pm (English)
10am & 4pm (Mandarin)

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

Growing Tropical Orchids for Beginners (A Gardening Workshop)
Singapore Botanic Gardens
10am – 5pm

Weekends in The Park: Lifestyle Market & Workshops
East Coast Park
11am – 8pm

Evening Chorus at Kranji Marshes (Guide Tour)
Kranji Marshes
4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie
MacRitchie Reservoir Park
5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Music Oasis 2019
Shaw Foundation Symphony Stage
6pm – 7pm

13 Jan

Weekends in The Park: Family Yoga in the Park
Bishan-Ang Mo Kio Park
8am – 9am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

15 Jan

Therapeutic Horticulture Programme
Bishan-Ang Mo Kio Park
9am – 10.30am

16 Jan

Wetlands in Our City
Various locations
16 Jan – 2 Feb
8am – 4.30pm

Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

Wood Sculpture Symposium 2019
Pasir Ris Park
16 Jan – 20 Jan
9am – 5pm

17 Jan

Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

19 Jan

Nature Sketching in the Gardens
Singapore Botanic Gardens
9am – 11am

National Orchid Garden Tour
National Orchid Garden
9am, 10am, 11am & 4pm (English)
4pm (Mandarin)

Art in Nature
Bukit Timah Nature Reserve
9am – 12pm

SGPY Photography by Nikon Singapore
Fort Canning Park
9am – 12pm

Gardeners' Day Out
HortPark
9am – 3pm

Nature Appreciation Walk
Bukit Timah Nature Reserve
9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Kampong Tour
Pulau Ubin
9.30am – 11.30am

Rustic Reflections Tour
Pulau Ubin
9.30am – 11.30am

"Grow with Nature" Drama Series: The Mixed-up Chameleon (A Drama Workshop)
Jacob Ballas Children's Garden
10am – 11am

Native Plants Workshop (A Gardening Workshop)
Singapore Botanic Gardens
10am – 1pm

A Walk with Your Neighbours – the Macaques of Lower Peirce
Lower Peirce Reservoir Park
5pm – 6.30pm

20 Jan

Croc Talk: Learn about Estuarine Crocodiles at Main Bridge
Sungei Buloh Wetland Reserve
4pm – 6pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – The Great Sing-Off Finals
Shaw Foundation Symphony Stage
2pm – 6pm

26 Jan

Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Heritage Tour
Singapore Botanic Gardens
9am – 10.30am

Pasir Ris Sculpture Walk
Pasir Ris Park
9am – 10.30am

Wetland Wonders Guided Tour
Singapore Botanic Gardens
9am – 10.30am

World Wetlands Day – Activity Booth
Sungei Buloh Wetland Reserve
9am – 11am

World Wetlands Day – Wetland Family Adventure!
Sungei Buloh Wetland Reserve
9am – 12pm

Upcycle with Us
Sungei Buloh Wetland Reserve
9am – 1pm

Nature Appreciation Walk
Windsor Nature Park
9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Craft with Us
Singapore Botanic Gardens
9.30am – 12pm

Race Against Time – Science behind a Botanic Garden Tour
Singapore Botanic Gardens
10am – 10.45am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

Love Our Wetlands Guided Tour
Pulau Ubin
3pm – 4.30pm

Art & Ecology – Fun Prints with Marine Debris
Singapore Botanic Gardens
3pm – 5pm

A Walk with Your Neighbours – the Macaques of Bukit Timah
Bukit Timah Nature Reserve
5pm – 6.30pm

27 Jan

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

28 Jan

Festival at the Fort @ iLight Singapore
Fort Canning Park
28 Jan – 24 Feb
6.30pm – 11pm

29 Jan

Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

30 Jan Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

31 Jan Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

Various Weekends in The Park:
Mass Chalk Art Drawing
East Coast Park
Daily
7.30am – 11pm

Sundays @ the Park
Various locations
Every Sunday
8.30am – 9.30am / 9am – 10am
9.30am – 10.30am / 5pm – 6pm

Beneath tide, Running forest Exhibition
Singapore Botanic Gardens
1 Jan – 14 Apr
9am – 6pm

Celebration of Two Queens: A Tale of Queen Elizabeth II's Sapphire Anniversary and Vanda Miss Joaquim, Singapore's National Flower
Singapore Botanic Gardens
1 Jan – 29 Mar
9am – 6pm

Festival at the Fort @ iLight Singapore
Fort Canning Park
28 Jan – 24 Feb
6.30pm – 11pm

Singapore Botanic Gardens Speaker Series
Singapore Botanic Gardens
Monthly
4pm – 5pm

Families for Nature
Various locations
Monthly

Guided Intertidal Walk
Sisters' Islands Marine Park
Twice a month during low tides
Timing dependent on low tide

2 Feb Healing Garden Tour
Singapore Botanic Gardens
9am & 10am (English)
10am (Mandarin)

Singapore Botanic Gardens Market Square
Singapore Botanic Gardens
9am – 7.30pm

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Guided Intertidal Walk
St. John's Island
10am

Rain Forest Tour
Singapore Botanic Gardens
10am (Japanese)

Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

3 Feb Singapore Botanic Gardens Market Square
Singapore Botanic Gardens
9am – 7.30pm

6 Feb Istana Open House (Chinese New Year)
Istana Domain
8.30am – 6pm

8 Feb Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

9 Feb Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Rain Forest Tour
Singapore Botanic Gardens
9am, 10am, 11am & 4pm (English)
10am & 4pm (Mandarin)

Open House at Teck Seng's Place Pulau Ubin
10am – 2pm

Weekends in The Park: Lifestyle Market & Workshops
East Coast Park
11am – 8pm

Evening Chorus at Kranji Marshes (Guide Tour)
Kranji Marshes
4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie
MacRitchie Reservoir Park
5pm – 6.30pm

Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

10 Feb Weekends in The Park:
Family Yoga in the Park
Bishan-Ang Mo Kio Park
8am – 9am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

Weekends in The Park: Lifestyle Market & Workshops
East Coast Park
11am – 8pm

12 Feb Therapeutic Horticulture Programme
Bishan-Ang Mo Kio Park
9am – 10.30am

13 Feb Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

14 Feb Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

15 Feb Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

16 Feb National Orchid Garden Tour
National Orchid Garden
9am, 10am, 11am & 4pm (English)
4pm (Mandarin)

Art in Nature
Bukit Timah Nature Reserve
9am – 12pm

Gardeners' Day Out
HortPark
9am – 3pm

Nature Appreciation Walk
Bukit Timah Nature Reserve
9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Kampong Tour
Pulau Ubin
9.30am – 11.30am

Rustic Reflections Tour
Pulau Ubin
9.30am – 11.30am

A Walk with Your Neighbours – the Macaques of Lower Peirce
Lower Peirce Reservoir Park
5pm – 6.30pm

Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

22 Feb Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

23 Feb Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Heritage Tour
Singapore Botanic Gardens
9am – 10.30am

Nature Appreciation Walk
Windsor Nature Park
9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Race Against Time – Science behind a Botanic Garden Tour
Singapore Botanic Gardens
10am – 10.45am

Sara Goes Gardening (A Guided Tour)
Jacob Ballas Children's Garden
10am – 11am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

Revised! Basic Home Gardening (A Gardening Workshop cum Guided Tour)
Singapore Botanic Gardens
10am – 5pm

A Walk with Your Neighbours – the Macaques of Bukit Timah
Bukit Timah Nature Reserve
5pm – 6.30pm

FEBRUARY 2019

1 Feb Night Heritage Tour
Fort Canning Park
7pm – 8.30pm

	Night Heritage Tour Fort Canning Park 7pm – 8.30pm
24 Feb	Open House at Teck Seng's Place Pulau Ubin 10am – 2pm
25 Feb	7th ISHS Symposium 2019 Singapore Botanic Gardens 25 Feb – 1 Mar 8am – 6pm
26 Feb	Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am
27 Feb	Therapeutic Horticulture Programme Tiong Bahru Park 9am – 10.30am
28 Feb	Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am
Various	Weekends in The Park: Mass Chalk Art Drawing East Coast Park Daily 7.30am – 11pm
	Sundays @ the Park Various locations Every Sunday 8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm
	Festival at the Fort @ iLight Singapore Fort Canning Park 28 Jan – 24 Feb 6.30pm – 11pm
	Singapore Botanic Gardens Speaker Series Singapore Botanic Gardens Monthly 4pm – 5pm
	Families for Nature Various locations Monthly
	Guided Intertidal Walk Sisters' Islands Marine Park Twice a month during low tides Timing dependent on low tide

MARCH 2019

2 Mar	Healing Garden Tour Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)
--------------	---

	Singapore Botanic Gardens Market Square Singapore Botanic Gardens 9am – 7.30pm
	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am
	Guided Intertidal Walk St. John's Island 10am
	Rain Forest Tour Singapore Botanic Gardens 10am (Japanese)
	The Art of Planting: Container Gardens and Terrariums (A Gardening Workshop) Singapore Botanic Gardens 10am – 5pm
3 Mar	Singapore Botanic Gardens Market Square Singapore Botanic Gardens 9am – 7.30pm
	NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – NAC-ExxonMobil Concert in the Park Shaw Foundation Symphony Stage 4.30pm – 6.30pm
9 Mar	Learning Forest Tour Singapore Botanic Gardens 9am – 10am
	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am
	Rain Forest Tour Singapore Botanic Gardens 9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)
	Open House at Teck Seng's Place Pulau Ubin 10am – 2pm
	Weekends in The Park: Lifestyle Market & Workshops East Coast Park 11am – 8pm
	Evening Chorus at Kranji Marshes (Guide Tour) Kranji Marshes 4.30pm – 6.30pm

	A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park 5pm – 6.30pm
10 Mar	Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park 8am – 9am
	Open House at Teck Seng's Place Pulau Ubin 10am – 2pm
	Weekends in The Park: Lifestyle Market & Workshops East Coast Park 11am – 8pm
12 Mar	Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am
13 Mar	Therapeutic Horticulture Programme Tiong Bahru Park 9am – 10.30am
14 Mar	Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am
16 Mar	Nature Sketching in the Gardens Singapore Botanic Gardens 9am – 11am
	Pasir Ris Park Mangrove Guided Walk Pasir Ris Park 9am – 11am
	National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)
	Art in Nature Bukit Timah Nature Reserve 9am – 12pm
	Gardeners' Day Out HortPark 9am – 3pm
	Nature Appreciation Walk Bukit Timah Nature Reserve 9.30am – 10.30am
	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

	Kampong Tour Pulau Ubin 9.30am – 11.30am
	Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am
	Plants & Their Habitats (A Guided Tour) Jacob Ballas Children's Garden 10am – 11am
	NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – An Evening With Studio Ghibli Shaw Foundation Symphony Stage 4.30pm – 6.45pm
	A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm
18 Mar	Be an Ethnobotanist for a Day! Singapore Botanic Gardens 10am – 11am
19 Mar	"Celebrating Wildlife" Series: Our Amazing Rainforest and its Biodiversity (A Biodiversity Investigative Workshop) Singapore Botanic Gardens 9am – 1pm
21 Mar	"Celebrating Wildlife" Series: Amphibian Survey for Young Naturalists (A Biodiversity Investigative Workshop) Singapore Botanic Gardens 4.30pm – 8.30pm
23 Mar	Learning Forest Tour Singapore Botanic Gardens 9am – 10am
	Heritage Tour Singapore Botanic Gardens 9am – 10.30am
	Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am
	Nature Appreciation Walk Windsor Nature Park 9.30am – 10.30am
	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

23 Mar Race Against Time – Science behind a Botanic Garden Tour
Singapore Botanic Gardens
10am – 10.45am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

A Walk with Your Neighbours – the Macaques of Bukit Timah
Bukit Timah Nature Reserve
5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Victoria School Band
Shaw Foundation Symphony Stage
5pm – 7pm

24 Mar Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

26 Mar Therapeutic Horticulture Programme
Bishan-Ang Mo Kio Park
9am – 10.30am

27 Mar Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

28 Mar Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

30 Mar Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – NGAYAH - A Dedication of Heart and Soul
Shaw Foundation Symphony Stage
6pm – 7pm

Various Weekends in The Park: Mass Chalk Art Drawing
East Coast Park
Daily
7.30am – 11pm

Sundays @ the Park
Various locations
Every Sunday
8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm

Singapore Botanic Gardens Speaker Series
Singapore Botanic Gardens
Monthly
4pm – 5pm

Families for Nature
Various locations
Monthly

Guided Intertidal Walk
Sisters' Islands Marine Park
Twice a month during low tides
Timing dependent on low tide

APRIL 2019

4 Apr Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

6 Apr Healing Garden Tour
Singapore Botanic Gardens
9am & 10am (English)
10am (Mandarin)

Singapore Botanic Gardens Market Square
Singapore Botanic Gardens
9am – 7.30pm

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Guided Intertidal Walk
St. John's Island
10am

Rain Forest Tour
Singapore Botanic Gardens
10am (Japanese)

Herbs & Spices (A Gardening Workshop cum Guided Tour)
Singapore Botanic Gardens
10am – 5pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Spring at the Gardens
Shaw Foundation Symphony Stage
6pm – 7pm

7 Apr Singapore Botanic Gardens Market Square
Singapore Botanic Gardens
9am – 7.30pm

9 Apr Therapeutic Horticulture Programme
Bishan-Ang Mo Kio Park
9am – 10.30am

10 Apr Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

12 Apr The Pawfect Match @ Pet Expo 2019
Singapore EXPO Convention and Exhibition Centre, Hall 7
11am – 8pm

13 Apr Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Rain Forest Tour
Singapore Botanic Gardens
9am, 10am, 11am & 4pm (English)
10am & 4pm (Mandarin)

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

Growing Tropical Orchids for Beginners (A Gardening Workshop)
Singapore Botanic Gardens
10am – 5pm

The Pawfect Match @ Pet Expo 2019
Singapore EXPO Convention and Exhibition Centre, Hall 7
11am – 8pm

Evening Chorus at Kranji Marshes (Guide Tour)
Kranji Marshes
4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie
MacRitchie Reservoir Park
5pm – 6.30pm

14 Apr Weekends in The Park: Family Yoga in the Park
Bishan-Ang Mo Kio Park
8am – 9am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

The Pawfect Match @ Pet Expo 2019
Singapore EXPO Convention and Exhibition Centre, Hall 7
11am – 8pm

20 Apr National Orchid Garden Tour
National Orchid Garden
9am, 10am, 11am & 4pm (English)
4pm (Mandarin)

20 Apr Art in Nature
Bukit Timah Nature Reserve
9am – 12pm

Nature Appreciation Walk
Bukit Timah Nature Reserve
9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Kampong Tour
Pulau Ubin
9.30am – 11.30am

Rustic Reflections Tour
Pulau Ubin
9.30am – 11.30am

A Walk with Your Neighbours – the Macaques of Lower Peirce
Lower Peirce Reservoir Park
5pm – 6.30pm

21 Apr NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Celebrate Jazz @ The Red Dot
Shaw Foundation Symphony Stage
4.30pm – 7.30pm

23 Apr Therapeutic Horticulture Programme
Bishan-Ang Mo Kio Park
9am – 10.30am

24 Apr Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

25 Apr Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

27 Apr Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Heritage Tour
Singapore Botanic Gardens
9am – 10.30am

Nature Appreciation Walk
Windsor Nature Park
9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

27 Apr Race Against Time – Science behind a Botanic Garden Tour
Singapore Botanic Gardens
10am – 10.45am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

Advanced Gardening
(A Gardening Workshop)
Singapore Botanic Gardens
10am – 5pm

A Walk with Your Neighbours – the Macaques of Bukit Timah
Bukit Timah Nature Reserve
5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Celebrating UNESCO International Jazz Day
Shaw Foundation Symphony Stage
6pm – 7.30pm

NParks Concert Series in the Park: Rockstra@
Jurong Lake Gardens
6.30pm till late

28 Apr SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Big Band Bash
Shaw Foundation Symphony Stage
5.30pm – 7pm

29 & 30 Apr SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

Various Weekends in The Park: Mass Chalk Art Drawing
East Coast Park
Daily
7.30am – 11pm

Sundays @ the Park
Various locations
Every Sunday
Various times

Singapore Botanic Gardens
Speaker Series
Singapore Botanic Gardens
Monthly
4pm – 5pm

Families for Nature
Various locations
Monthly

Guided Intertidal Walk
Sisters' Islands Marine Park
Twice a month during low tides
Timing dependent on low tide

MAY 2019

1 May Istana Open House (Labour Day)
Istana Domain
8.30am – 6pm

SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

2 & 3 May SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

4 May Healing Garden Tour
Singapore Botanic Gardens
9am & 10am (English)
10am (Mandarin)

Singapore Botanic Gardens
Market Square
Singapore Botanic Gardens
9am – 7.30pm

Sungei Buloh Wetland Reserve
Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Guided Intertidal Walk
St. John's Island
10am

Rain Forest Tour
Singapore Botanic Gardens
10am (Japanese)

SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Songs At Twilight
Shaw Foundation Symphony Stage
6pm – 7pm

5 May Singapore Botanic Gardens
Market Square
Singapore Botanic Gardens
9am – 7.30pm

SGF Horticulture Show 2019
Jurong Lake Gardens West
27 Apr – 5 May
10am – 7pm

9 May Therapeutic Horticulture Programme
Choa Chu Kang Park
9am – 10.30am

11 May Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Sungei Buloh Wetland Reserve
Guided and Terrariums
(A Gardening Workshop)
Singapore Botanic Gardens
10am – 5pm

Evening Chorus at Kranji Marshes
(Guide Tour)
Kranji Marshes
4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie
MacRitchie Reservoir Park
5pm – 6.30pm

12 May Weekends in The Park:
Family Yoga in the Park
Bishan-Ang Mo Kio Park
8am – 9am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

NParks Concert Series in the Park:
Concerts at the Singapore Botanic Gardens – SSO Mother's Day Concert
Shaw Foundation Symphony Stage
6pm – 7pm

14 May Therapeutic Horticulture Programme
Bishan-Ang Mo Kio Park
9am – 10.30am

15 May Therapeutic Horticulture Programme
Tiong Bahru Park
9am – 10.30am

18 May Nature Sketching in the Gardens
Singapore Botanic Gardens
9am – 11am

National Orchid Garden Tour
National Orchid Garden
9am, 10am, 11am & 4pm (English)
4pm (Mandarin)

Art in Nature
Bukit Timah Nature Reserve
9am – 12pm

Gardeners' Day Out
HortPark
9am – 3pm

Nature Appreciation Walk
Bukit Timah Nature Reserve
9.30am – 10.30am

Sungei Buloh Wetland Reserve
Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Kampong Tour
Pulau Ubin
9.30am – 11.30am

Rustic Reflections Tour
Pulau Ubin
9.30am – 11.30am

A Walk with Your Neighbours – the Macaques of Lower Peirce
Lower Peirce Reservoir Park
5pm – 6.30pm

25 May Learning Forest Tour
Singapore Botanic Gardens
9am – 10am

Heritage Tour
Singapore Botanic Gardens
9am – 10.30am

Nature Appreciation Walk
Windsor Nature Park
9.30am – 10.30am

Sungei Buloh Wetland Reserve
Guided Tour
Sungei Buloh Wetland Reserve
9.30am – 11am

Race Against Time – Science behind a Botanic Garden Tour
Singapore Botanic Gardens
10am – 10.45am

Open House at Teck Seng's Place
Pulau Ubin
10am – 2pm

Festival of Biodiversity 2019
HDB Hub
10.30am – 10.30pm

A Walk with Your Neighbours – the Macaques of Bukit Timah
Bukit Timah Nature Reserve
5pm – 6.30pm

26 May	Open House at Teck Seng's Place Pulau Ubin 10am – 2pm
	Festival of Biodiversity 2019 HDB Hub 10.30am – 10.30pm
28 May	Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am
29 May	Therapeutic Horticulture Programme Tiong Bahru Park 9am – 10.30am
30 May	Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am
Various	Biodiversity Week for Schools Various schools across Singapore 18 – 26 May Various times
	Pesta Ubin 2019 Pulau Ubin 18 May – 30 Jun Various times
	Weekends in The Park: Mass Chalk Art Drawing East Coast Park Daily 7.30am – 11pm
	Sundays @ the Park Various locations Every Sunday 8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm
	Singapore Botanic Gardens Speaker Series Singapore Botanic Gardens Monthly 4pm – 5pm
	Families for Nature Various locations Monthly
	Guided Intertidal Walk Sisters' Islands Marine Park Twice a month during low tides Timing dependent on low tide

JUNE 2019

1 Jun	Healing Garden Tour Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)
--------------	---

	Ecolife Family Tour Bishan-Ang Mo Kio Park & Coney Island Park 9am – 11am
	Singapore Botanic Gardens Market Square Singapore Botanic Gardens 9am – 7.30pm
	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am
	Guided Intertidal Walk St. John's Island 10am
	Rain Forest Tour Singapore Botanic Gardens 10am (Japanese)
	Dragons & Damsels in Our Wetland (A Guided Tour) Singapore Botanic Gardens 10am – 11am
	NParks Concert Series in the Park: Rockestra® Fort Canning Park 6.30pm till late
2 Jun	Singapore Botanic Gardens Market Square Singapore Botanic Gardens 9am – 7.30pm
	NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Festival Closing Concert with Singapore Symphony Orchestra Shaw Foundation Symphony Stage 6pm – 7.15pm
5 Jun	Istana Open House (Hari Raya Puasa) Istana Domain 8.30am – 6pm
7 Jun	"Grow with Nature" Drama Series: The Giving Tree (A Drama Workshop) Jacob Ballas Children's Garden 10am – 11am
8 Jun	Learning Forest Tour Singapore Botanic Gardens 9am – 10am
	Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am
	Satay Night Live at Mount Faber Mount Faber 6pm – 10pm

	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am
	Rain Forest Tour Singapore Botanic Gardens 9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)
	Sara Goes Supermarket Gardening (A Guided Tour) Jacob Ballas Children's Garden 10am – 11am
	Open House at Teck Seng's Place Pulau Ubin 10am – 2pm
	Evening Chorus at Kranji Marshes (Guided Tour) Kranji Marshes 4.30pm – 6.30pm
	A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park 5pm – 6.30pm
9 Jun	Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park 8am – 9am
	Open House at Teck Seng's Place Pulau Ubin 10am – 2pm
	NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Nicklas Sahl Concert: Asian Premiere at Singapore Botanic Gardens Shaw Foundation Symphony Stage 6pm – 7.15pm
11 Jun	Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am
12 Jun	Therapeutic Horticulture Programme Tiong Bahru Park 9am – 10.30am
13 Jun	Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am
14 Jun	Nature Keeper Camp Bukit Timah Nature Reserve 9am – 3pm
15 Jun	National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

	Ecolife Family Tour Bishan-Ang Mo Kio Park & Coney Island Park 9am – 11am
	Pasir Ris Park Mangrove Clean Up Pasir Ris Park 9am – 11am
	Art in Nature Bukit Timah Nature Reserve 9am – 12pm
	Gardeners' Day Out HortPark 9am – 3pm
	Nature Appreciation Walk Bukit Timah Nature Reserve 9.30am – 10.30am
	Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am
	Kampung Tour Pulau Ubin 9.30am – 11.30am
	Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am
	A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm
18 Jun	National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)
	Ecolife Family Tour Bishan-Ang Mo Kio Park & Coney Island Park 9am – 11am
	Pasir Ris Park Mangrove Clean Up Pasir Ris Park 9am – 11am
	Art in Nature Bukit Timah Nature Reserve 9am – 12pm
	Gardeners' Day Out HortPark 9am – 3pm
	Nature Appreciation Walk Bukit Timah Nature Reserve 9.30am – 10.30am

	<p>Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am</p> <p>Kampong Tour Pulau Ubin 9.30am – 11.30am</p> <p>Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am</p> <p>A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm</p>
21 Jun	<p>Nature Keeper Camp Bukit Timah Nature Reserve 9am – 3pm</p>
22 Jun	<p>Learning Forest Tour Singapore Botanic Gardens 9am – 10am</p> <p>Heritage Tour Singapore Botanic Gardens 9am – 10.30am</p> <p>Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am</p> <p>Nature Appreciation Walk Windsor Nature Park 9.30am – 10.30am</p> <p>Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am</p> <p>Race Against Time – Science behind a Botanic Garden Tour Singapore Botanic Gardens 10am – 10.45am</p> <p>Open House at Teck Seng's Place Pulau Ubin 10am – 2pm</p> <p>A Walk with Your Neighbours – the Macaques of Bukit Timah Bukit Timah Nature Reserve 5pm – 6.30pm</p>
23 Jun	<p>Open House at Teck Seng's Place Pulau Ubin 10am – 2pm</p>
25 Jun	<p>Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am</p>

	<p>Sara the Forgetful Dinosaur: Children's Treasure Hunt (A Guided Tour) Singapore Botanic Gardens 10am – 11am</p>
26 Jun	<p>Therapeutic Horticulture Programme Tiong Bahru Park 9am – 10.30am</p>
27 Jun	<p>Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am</p>
29 Jun	<p>Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am</p> <p>Ubin Day 2019 Pulau Ubin 9am – 4pm</p> <p>Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am</p>
Various	<p>Pesta Ubin 2019 Pulau Ubin 18 May – 30 Jun Various times</p> <p>Weekends in the Park: Mass Chalk Art Drawing East Coast Park Daily 7.30am – 11pm</p> <p>Sundays @ the Park Various locations Every Sunday 8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm</p> <p>Singapore Botanic Gardens Speaker Series Singapore Botanic Gardens Monthly 4pm – 5pm</p> <p>NParks Concert Series in the Park: Rockestra® TBA 6.30pm till late</p> <p>Families for Nature Various locations Monthly</p> <p>Guided Intertidal Walk Sisters' Islands Marine Park Twice a month during low tides Timing dependent on low tide</p>

NParks Volunteer Programme

Volunteer Opportunities



**TO SIGN UP AS A VOLUNTEER,
PLEASE VISIT**

www.volunteernetwork.mnd.gov.sg



For enquiries, you can contact us at:

Volunteer Opportunities
volunteer@nparks.gov.sg

Volunteer With Us!



Love spending time surrounded by nature? Passionate about greenery? Then come join us on this journey towards making Singapore our City in a Garden.

Whether you are a student, professional, retiree or on a study/ career break, we welcome you. Volunteers are important to us, and we value the time and contributions of every one on our volunteer programme.

This partnership with our nature enthusiasts has allowed us to accomplish much more than we could. Join us and make a difference in our nature areas and green spaces!

To sign up as a volunteer, please visit www.volunteernetwork.mnd.gov.sg.

For enquiries, you can contact us at: volunteer@nparks.gov.sg.

What Our Volunteers Say



“Volunteering with NParks gives me an avenue to get close to nature. It keeps me active and allows me to give back to the community.”

Pang Shi Jie
Volunteer at Bishan-Ang Mo Kio Park



“My wish is that we will learn to appreciate the beauty of this living earth and share our knowledge with others so as to cultivate a closer relationship with Mother Nature and among ourselves.”

Tham Pui San
Nature Artist and Volunteer at Sungei Buloh Wetland Reserve

Choose from a wide range of volunteer opportunities:



Citizen Science

Citizen science refers to the community participating in organised research efforts to survey the biodiversity around us. As a citizen scientist, you aid in the collection of large amounts of data, and learn more about our biodiversity at the same time. The data you collect can inform decision makers and help in the formulation of conservation strategies.

There is a variety of citizen science initiatives available to the public and school groups. The programmes target specific groups of animals like birds, butterflies and dragonflies. Find out more about the programmes from the National Biodiversity Centre.

- **BioBlitz**
- **Bird Ringing Programme**
- **Butterfly Watch**
- **Dragonfly Watch**
- **Garden Bird Watch**
- **Heron Watch**
- **Intertidal Watch**



Community in Bloom

Community in Bloom is a nationwide gardening movement that aims to foster a community spirit and bring together residents, both young and old, to make Singapore our garden. Put your green fingers to good use as you maintain a community garden, which includes sowing of seeds, pruning, weeding, fertilising the soil, composting, and identifying and labelling the plants.



Habitat Enhancement

Play an active role in supporting and promoting Singapore's natural heritage by maintaining and enhancing habitats for our flora and fauna.

Butterfly Habitat Enhancement

- Bishan-Ang Mo Kio Park
- Pasir Ris Park
- Tampines Eco Green

Coastal Cleanup

- Coney Island Park
- Pulau Ubin
- Sungei Buloh Wetland Reserve

Invasive Species Management

- Bukit Timah Nature Reserve
- Central Catchment Nature Reserve
- Pulau Ubin
- Sungei Buloh Wetland Reserve

Plants need the ideal location to grow well and prosper. Weeds can suffocate these plants and make the landscape look unsightly. Join us for a weeding session and get to know the weeds that are invasive in our landscape.

Mangrove Cleanup

- Pasir Ris Park

Plant Records

- Singapore Botanic Gardens

To work on plant records, you should be familiar with data entry. You will help build up the Gardens' plant information database during office hours on weekdays, and have the opportunity to conduct field surveys and gain knowledge of plant records management in a botanical institution.



Horticulture

Work closely with our horticulturists and support them in managing the landscapes in parks and gardens. Also, learn about different plants and their characteristics.

Herbarium Cataloguing

- Singapore Botanic Gardens

Work closely with our horticulturists and support them in managing the landscapes in parks and gardens. Also, learn about different plants and their characteristics.

Horticulture Management

- Bedok Reservoir Park
- Bishan-Ang Mo Kio Park
- Bukit Timah Nature Reserve
- Coney Island Park
- Fort Canning Park
- HortPark
- Jurong Lake Gardens
- MacRitchie Reservoir Park
- Park Connector Network
- Pasir Ris Park
- Singapore Botanic Gardens
- Yishun Park



Outreach & Events

Be involved in preparing for and running exciting events for the community, which could include manning information counters, ushering, and facilitating activities.

Art in Nature

- **Bukit Timah Nature Reserve**
- **Windsor Nature Park**

Proficient in painting? Gather with fellow volunteers once every month to help participants hone their painting skills on nature subjects, while raising awareness on conservation and native biodiversity.

Community Garden Edibles Competition

You can assist the Horticulture and Community Gardening division in shortlisting the competition entries (i.e., fruit and vegetables), ushering participants, and packing and storing the entries.

Community Garden Festival

You can help to set up displays, or run talks and tours for this biennial event organised by the Horticulture and Community Gardening division.

Gardeners' Day Out

- **HortPark**

Operation No Release

- **Bukit Timah Nature Reserve**
- **Central Catchment Nature Reserve**

'Operation No Release' is a Whole-of-Government initiative that aims to spread public awareness on the harmful impact of releasing animals into parks (including ponds), nature areas, reservoirs and waterways. You will help to look out for any sign of animal release and educate members of the public about the impact of releasing animals into the wild.

Singapore Garden Festival Horticulture Show

- **Jurong Lake Gardens**

Track Safety Ambassador Programme

- **Park Connector Network**

You can help spread public awareness on track safety by advising members of the public on safe and responsible riding.

Volunteering at Park Events

- **Civic District**
- **Fort Canning Park**
- **HortPark**



Nature & Heritage Education

Be a guide in our parks and gardens, and share your knowledge on history, heritage, as well as flora and fauna with visitors.

Biodiversity Guided Walk

- **Jurong Lake Gardens**

Biodiversity Roadshows

- **Central Catchment Nature Reserve**
- **Pulau Ubin**
- **Sungei Buloh Wetland Reserve**

Children's Programmes

- **Bukit Timah Nature Reserve**
- **Central Catchment Nature Reserve**

Ecolife Tour

- **Bishan-Ang Mo Kio Park**
- **Coney Island Park**

Guide at Teck Seng's Place

- **Pulau Ubin**

Play a part in preserving our heritage as a volunteer docent. You will get to engage visitors with tales of what kampong life was like in Pulau Ubin in the 1970s and help to care for our vintage items displayed at Teck Seng's Place.

Healing Garden, Heritage, Orchid Garden and Rainforest Guided Walks

- **Singapore Botanic Gardens**

Istana Open House Nature Guided Walk

- **Istana**

Mangrove Guided Walk

- **Pasir Ris Park**

Nature Appreciation Walks

- **Bukit Timah Nature Reserve**
- **Sungei Buloh Wetland Reserve**
- **Windsor Nature Park**

Nature & Heritage Walks

- **Empress Place & Esplanade Park**
- **Fort Canning Park**
- **Telok Ayer Park**
- **The Southern Ridges**

Operation Deadline

- **Pulau Ubin**

Operation Deadline is an activity that targets the removal of stray fishing tackles and lines left by anglers in our mangroves, beaches and ponds. The stray tackles include hooks, swivels, floaters and spools. This activity is important because the stray tackles and lines may ensnare wildlife, strangle plants and pose a safety hazard to visitors.

Therapeutic Horticulture Programme

- **Bishan-Ang Mo Kio Park**
- **Choa Chu Kang Park**
- **HortPark**
- **Tiong Bahru Park**

Other Guiding Opportunities

- **Chek Jawa Tour**
- **Festival of Biodiversity**
- **Kampong Tour**
- **Rustic Reflections Tour**
- **Sisters' Islands Marine Park Guided Walk**



Enjoy interacting with people? Help provide general information to visitors, respond to queries, gather feedback and manage notice boards and brochure stands.

- **Visitor Information**
- **Singapore Botanic Gardens**

Visitor information volunteer sessions are available on weekdays and weekends either from 9 am to 12 pm, or 2 pm to 5 pm.

Terms & Conditions

Registration

By subscribing to updates on programmes, you agree to receive updates on the requested programme.

To register for the programmes, please refer to the information on registration for the respective programmes.

Registration for programmes is on a first-come, first-served basis upon receipt of registration. Separate terms and conditions for registration for programmes apply.

The registration period and method of registration may differ for each programme. For more information, visit www.nparks.gov.sg.

Fees stated are subject to change without prior notice.

Modification, replacement or cancellation of programme

National Parks Board reserves the right to modify, replace or cancel the programme without prior notice at its sole and absolute discretion. National Parks Board shall not be held liable for any loss or damage howsoever incurred arising out of the modification, replacement and / or cancellation of the programme.

For safety reasons, outdoor tours or programmes may be cancelled in the event of inclement weather. National Parks Board reserves the right to modify, replace or cancel any outdoor programme or any part thereof without prior notice at its sole and absolute discretion. National Parks Board shall not be held liable for any loss or damage howsoever incurred arising out of the modification, replacement and / or cancellation of the affected programme.

General

All information is correct at the time of printing, but may be subject to change. Please visit www.nparks.gov.sg for the latest updates.

All photos and images used are for illustration purposes only. They may not depict the actual product or materials used in the programme, or the actual activities conducted during the programme.

All titles, ownership rights and intellectual property rights (including all copyrights) in and relating to the programme and any copies thereof (including but not limited to any titles, themes, concepts and any related documentation) are owned by National Parks Board.

National Parks Board reserves the right to amend, delete and / or add to these terms and conditions without prior notice at its sole and absolute discretion.

Tenants Listing

Lifestyle Amenities in Parks

Our parks offer everything you need for a holistic and truly memorable park experience – from dining options, arts and cultural activities, sports equipment and bicycle rentals to shopping and lots more!

Simply visit <https://www.nparks.gov.sg/activities/activities-and-promotions> to check out the wide range of lifestyle offerings in our parks and gardens!

Please check with the respective outlets for more information and for their operating hours.

Parks and Gardens	Outlet Name	Telephone Number
Admiralty Park	Sakura International Buffet Restaurant	6368 8197
Ang Mo Kio Town Garden West	McDonald's	6451 3365
Bedok Reservoir Park	Forest Adventure	8100 7420
	WAWAWA - Bistro by The Reservoir	6285 8038
Bishan-Ang Mo Kio Park	Aramsa - The Garden Spa	6456 6556
	Canopy Garden Dining	6556 1533
	Toriyard	9296 5988
	GRUB	6459 5743
	McDonald's	6456 9839
Bukit Timah Nature Reserve	Campers' Corner	6337 4743
Changi Beach Park	GoCycling (Carpark 1)	-
	GoCycling (Carpark 7)	-
	The Seagrill (Carpark 1)	9062 7718
Chestnut Nature Park	AIRE MTB	9680 5403
Choa Chu Kang Park	Mr Teh Tarik Cartel	8338 0708
Dhoby Ghaut Green	Visual Arts Centre	6255 0711/6733 2155
East Coast Park	Aloha Sea Sports Centre (Area E1)	6241 9212
	Castle Beach (Carpark E2)	6346 2252
	Central Thai Casual + Seafood Dining (Carpark F2)	6443 5510
	Coastline Leisure (Area B1 and Carpark E2)	6443 3489
	Convenience Kiosk (Carpark C3)	-
	Georges (Carpark C3)	6449 0019
	GoCycling (Carpark C4)	9183 6964
	GoCycling (Area G1)	-

New Zealand Natural (Carpark C3)	6659 1488	
Singapore Wake Park (Carpark E1)	Singapore Wake Park: 6636 4266 Coastal Rhythm Café & Bar: 6636 3705	
East Coast Park – Marine Cove (Carpark C2)		
BABAlicious	6636 3681	
Hill Street Coffee Shop	6444 3533	
McDonald's	6243 0471	
My Briyani House	6742 5522	
The Coffee Bean & Tea Leaf	6444 4325	
East Coast Park – Parkland Green (Carpark C1)		
Atmosphere Bistro	6440 9705	
Bakery & Bar ST. MARC	6342 1786	
Cheers and Killiney	6342 0266	
Full Pint Brewery	6342 0244	
Hyper Sport	6342 0208	
Kebab Station	9697 8227	
Patro's Sports Bar & Restaurant	6440 9372	
Sandbank	6247 7988	
Starbucks Coffee	6910 1211	
Tag Team	6348 2696	
The Yoga Space	8877 7851	
East Coast Park – Seafood Centre (Carpark E1)		
Blue Pier	6604 6777	
Enak Enak HongKong Tea House	6876 5911	
Jumbo Seafood Restaurant	6442 3435	
Long Beach Seafood Restaurant	6448 3636	
Ubin First Stop Restaurant	6546 5905	
Fort Canning Park	Battlebox	6338 6133
	Hotel Fort Canning and The Legends	6559 6770
	Lewin Terrace	6333 9905
	The Fabulous Baker Boy	6694 8336
Holland Village Park	PARK	9721 3815
HortPark	Edible Garden City	-
	Vineyard	6479 7977

Istana Park	My Art Space	6222 1662
Jurong Central Park	McDonald's	6861 0684
Labrador Park	Tamarind Hill	6278 6364
	Villa Samadhi Singapore	6274 5674
Marsiling Park	Mr Teh Tarik Cartel	6742 5522
Mount Faber Park	Ma2 Shop Vending Machine Café	-
Pasir Ris Park	Gallop Stable	6583 9665
	Georges at the Cove	6585 0535
	Ohana Beach House	6384 9820
	Rasa Istimewa Restaurant	6386 9339
Pasir Ris Town Park	D'Best Fishing	6581 2123
	GoCycling	-
Punggol Park	Five & 2	6282 8801
	GoCycling	9859 0053
Punggol Point Park	GoCycling	9859 0054
Raffles Place Park	The Providore Singapore	6533 1352
Sembawang Park	Beaulieu House	6257 9234
Sengkang Riverside Park	O' My Kampong	9710 4280
Singapore Botanic Gardens	Bee's Knees & Botanico at The Garage	6264 7978 / 9831 1106
	Casa Verde	6467 7326
	Cluny Food Hall	6763 6578
	Corner House	6469 1000
	Food For Tots	6338 4848
	Fusion Spoon	6255 5110
	Gardens Shop @ Nassim Gate	6467 0380
	Gardens Shop @ National Orchid Garden	6475 5104
	Gardens Shop @ Tanglin Gate	6475 1155
	JUUU	9389 2042
	The Halia The Villa Provisions Store	8444 1148 / 6476 6711
Springleaf Nature Park	Verdure Café	8692 6288

Toa Payoh Town Park	Oasis Bay	6346 4418
West Coast Park	Dog Wash	9236 7094
	GoCycling	9199 8411
	McDonald's	6779 1413
Woodlands Waterfront Park	Rasa Istimewa Waterfront Restaurant	6366 9339



LET'S MAKE SINGAPORE OUR GARDEN

1 Cluny Road Singapore 259569
www.nparks.gov.sg



nparksbuzz

Share your love for nature with us at
#nparksbuzz

www.facebook.com/NParksBuzz