

# Parks for Everyone What's Happening Jan 2020- June 2020







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# Parks for Everyone

Our parks, gardens and nature areas are for all to enjoy. In this booklet, learn about the wide variety of activities that you can participate in for a fulfilling day at our green spaces from now till June 2020! Do look out for a list of eateries and recreational facilities you can visit in our parks, gardens and nature areas.

If you have ideas for new activities, do share them with us at NParks Programmes Events@nparks.gov.sg







#### **GET UPDATES!**

SMS the respective programme codes to 77275, or subscribe to our Telegram channel @NParksBuzz to receive event updates! Standard message and data rates may apply.



# SIGN UP FOR OUR FREE E-NEWSLETTERS!

Sign up at <a href="www.nparks.gov.sg/e-newsletter">www.nparks.gov.sg/e-newsletter</a> to receive event updates, or learn how you can shape our City in a Garden. Text NB01 to 77275 to receive the e-newsletter on your mobile.

# The Art of Birding: A Nation's Fascination with Birds

(Programme Code: AC111)

## 23 NOV 2019 — 31 MAR 2020

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

9am - 6pm





Come discover the vibrant world of our feathered friends through the eyes of birders and artists in Singapore. These include that of Chris Hails and Frank Jarvis, who collaborated to publish "The Birds of Singapore". Find out how the local birding scene has grown, uncover what birding really entails and maybe, you can be a birder too.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

# Imprinted by Nature

(Programme Code: AC211)

1 - 3 JAN

Singapore Botanic Gardens, Library of Botany and Horticulture, Level 1 of Botany Centre

9am - 5pm





Learn more about nature printing, an art form which nvolves the use of natural objects like leaves and flowers to produce an image or give a direct impression onto materials, through the Imprinted by Nature Exhibition, which traces its early beginnings to modern day, and explains its significance in botanical studies. A series of prints from the Gardens' Heritage Trees made by Dr Michele Rodda is exhibited.

#### FOR MORE INFORMATION:

## The Lakeside Project – Jurong Lake Gardens

(Programme Code: AC311)

11 JAN - 31 MAR

Jurong Lake Gardens, Entrance Pavilion

9am - 10pm





The Lakeside Project aims to pay tribute to biodiversity and identify the vital relationship between art and natural science.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/juronglakegardens

# **Ant Play**

(Programme Code: AC411)

# Every 2nd and 4th Saturday of the month

11 & 25 JAN • 8 & 22 FEB 14 & 28 MAR • 11 & 25 APR 9 & 23 MAY • 13 & 27 JUN

Jurong Lake Gardens, Play Pavilion

9am - 12pm





[Given the uncertainty regarding the current COVID-19 situation, the sessions taking place in March are cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Let your children have fun interacting with new friends while using giant blocks to make fortresses and houses, and discover how ants build their homes.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/juronglakegardens

# Nature Sketching in the Gardens

(Programme Code: AC511

Every 3rd Saturday of odd months

# 18 JAN 21 MAR 16 MAY

Singapore Botanic Gardens, Visitor Centre (Nassim Gate)

9am - 11am





Enjoy nature creatively through this engaging, fun and therapeutic activity. Let our volunteer artist, Tham Pui San, guide you in acquiring drawing and observational skills to equip you for an interesting journey of nature appreciation.

Please bring along your own sketching materials.

#### TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In person: Visitor Centre (Nassim Gate),

Singapore Botanic Gardens

Email: nparks sbg visitor services@nparks.gov.sg

# Heritage Tour (Programme Code: AC611)

# Every 4th Saturday of the month

25 JAN • 22 FEB • 28 MAR 25 APR • 23 MAY • 27 JUN

Singapore Botanic Gardens, Visitor Services Counter (Tanglin Gate)

9am - 10.30pm





The Singapore Botanic Gardens dates back to 1859. Learn about the grand old trees and characters that have shaped the Gardens through the years during this guided walk.

For groups larger than 20, please register at least 14 days in advance.

#### TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In person: Visitor Centre (Nassim Gate).

Singapore Botanic Gardens

Email: nparks\_sbg\_visitor\_services@nparks.gov.sg

# Brick Art Workshop

(Programme Code: AC711)

**Every 4th Saturday** of the month\* (FEB - JUN)

22 FEB • <del>21 MAR</del> • 25 APR 23 MAY • 27 JUN

Jurong Lake Gardens, Lakeside Garden, Gardenhouse, Neram Room

10am - 12pm





[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session is cancelled. Please check back our website for further updates, as well as the <u>latest advisories by the Ministry</u> of Health.1

Bring out the inner builder in your child and let his/her creativity flow! Join us for a garden-themed Brick Art workshop by Taman Jurong Brick Art Interest Group, where your child can learn basic building techniques. Be amazed by your child's creativity as the simple building blocks get transformed into works of art!

This workshop is recommended for children aged 4 to 12. Parental guidance is recommended for children aged 5 and below

\*The session in the month of March will be held on the 3rd Saturday.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/juronglakegardens

# Craft with Us

(Programme Code: AC811)

# **Every 4th Saturday** of the month\* (FEB - JUN)

22 FEB • <del>21 MAR</del> • 25 APR • 23 MAY • 27 JUN

Jurong Lake Gardens, Lakeside Garden, Gardenhouse, Neram Room

2.30pm - 3.15pm & 3.30pm - 4.15pm





[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session is cancelled. Please check back our website for further updates, as well as the latest advisories by the Ministry of Health.]

Let your children exercise their creativity and learn about about Jurong Lake Gardens and its biodiversity through fun crafting activities

\*The session in the month of March will be held on the 3rd Saturday.

\*\*Some sessions are chargeable, please check our website for more details.

#### FOR MORE INFORMATION:

# Pioneers Trail along Ann Siang Hill and Telok Ayer Green

(Programme Code: AC911)

# 23 FEB (SUN) 26 APR (SUN) 31 MAY (SUN)

Meeting Point: Tanjong Pagar MRT Station, Entrance of Exit G

10am - 11.30am





Learn about the trades and lives of Singapore's early immigrants in this walking trail around a quiet enclave amidst bustling Chinatown. Visit places of worship and old shophouses built in the 1800s, and take a close look at interesting fruit and spice trees planted along the way. Don't miss the old well at the foot of Ann Siang Hill, from which residents used to collect fresh water.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

### Monument Trail

(Programme Code: AC1011)

# 29 FEB (SAT)25 APR (SAT)30 MAY (SAT)

Meeting Point: Cavenagh Bridge, at the entrance of Asian Civilisations Museum

10am - 11.30am





Take a stroll along the mouth of the Singapore River, once the heart of Singapore's commercial activity and entrepôt trade. Learn about its heritage and the interesting trees around the vicinity, and relive the memories of Singapore's history, growth and development along this trail that takes you past several historical landmarks and national monuments.

#### TO REGISTER:

### Bird Watercolour Painting Workshop

(Programme Code: AC1111)

### 14 MAR (SAT)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

9am - 11am



Take a short tour of the the Art of Birding exhibition at the CDL Green Gallery and discover beautiful bird art pieces. The watercolour workshop is a great introductory lesson to learn how to create your very own watercolour painting, even for beginners!

This workshop is suitable for participants aged 10 years and above.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

# Bird Quilling Workshop

(Programme Code: AC1211)

#### 15 MAR (SUN)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

9am - 11am





Take a short tour of the the Art of Birding exhibition at the CDL Green Gallery and discover beautiful bird art pieces. The paper quilling workshop is a great introductory lesson to learn how to work with coloured paper to create your very own bird art, even for beginners!

This workshop is suitable for participants aged 12 years and above

#### TO REGISTER:

Website: www.nparks.gov.sg/events

# Bird Sketch Workshop

(Programme Code: AC1311)

### 17 MAR (TUES)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

3.30pm - 5pm

Take a short tour of the the Art of Birding exhibition at the CDL Green Gallery and discover beautiful bird art pieces. The sketching workshop is a great introductory lesson to learn how to create your very own art piece, even for beginners!

This workshop is suitable for participants aged 10 years and above.

#### TO REGISTER:



# Garden Treats Series: Tropical Fruits Pizza (A Culinary Workshop) [Cancelled]

(Programme Code: AC1411)

### 18 MAR (WED)

Jacob Ballas Children's Garden 10am – 11.30am



\$30 / child



[Given the uncertainty regarding the current COVID-19 situation, this workshop is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Learn more about tropical fruits and how to make delicious pizzas with these yummy ingredients. The programme includes a guided tour to explore the tropical fruit trees in Jacob Ballas Children's Garden

This tour is suitable for children at the K1 – P6 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### **FOR ENQUIRIES:**

Email: nparks\_sbg\_edu@nparks.gov.sg

# Bird Macrame Art Workshop

(Programme Code: AC1511

### 19 MAR (THURS)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

9am - 10am

10am - 11am







Want to learn how to create your own unique and eye-catching macrame artpiece that you can display at your home, desk or gift as a present? Join us in this fun, yet easy workshop and bring home a special bird art creation of your own! Participants will also be taken on a guided tour of the Art of Birding exhibition at the CDL Green Gallery.

This workshop is suitable for participants aged 10 years and above.

#### TO REGISTER:

# Bird String Art Workshop

(Programme Code: AC1611

# 19 MAR (THURS)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

2pm - 4pm





Want to learn how to create your own unique and eye-catching macrame artpiece that you can display at your home, desk or gift as a present? Join us in this fun, yet easy workshop and bring home a special string art creation of your own! Participants will also be taken on a guided tour of the Art of Birding exhibition at the CDL Green Gallery.

This workshop is suitable for participants aged 12 years and above.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

# Bird Embroidery Workshop

(Programme Code: AC1711)

### 29 MAR (SUN)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

2pm - 4pm



Ever wanted to try embroidery? This workshop is for you! This introductory embroidery workshop is an easy class to get into this craft. Join us in creating your very own cute bird embroidery! Participants will also be taken on a guided tour of the Art of Birding exhibition at the CDL Green Gallery.

#### TO REGISTER:

### Civic District Tree Trail

(Programme Code: AC1811)

# 29 MAR (SUN) 28 JUN (SUN)

Various locations

9am - 10 30am





The Civic District Tree Trail takes you through Singapore's historic Civic District where you will marvel at many majestic and interesting trees, some of which have stood tall for many generations and witnessed the transformation and progress of Singapore through the years.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

"Garden Treats"
Series: Easter
Day Special:
Chocolate
Bunny Eggs
(A Culinary
Workshop)

(Programme Code: A1911)

#### 4 APR (SAT)

Jacob Ballas Children's Garden

10am - 11.30am



\$30 / child



This Easter, learn how to make chocolate bunny eggs. Children will discover the origins of chocolate, participate in a mini treasure hunt and create their own delicious treat.

This tour is suitable for children at the K1 – P6 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

"Garden Treats" Series: Pandan Cupcake with Gula Melaka (A Culinary Workshop) (Programme Code: AC2011)

# 16 JUN (TUES)

Jacob Ballas Children's Garden 10am - 11.30am



\$30 / child



Learn more about pandan and gula melaka, cooking ingredients that come from plants! Pick up tips to make delectable cupcakes using these ingredients which are widely used in this part of the world. This programme includes a guided tour to familiarise children with the Fragrant Pandan & Coconut Trees in Jacob Ballas Children's Garden

This tour is suitable for children at the K1 - P6 levels.

#### TO REGISTER:

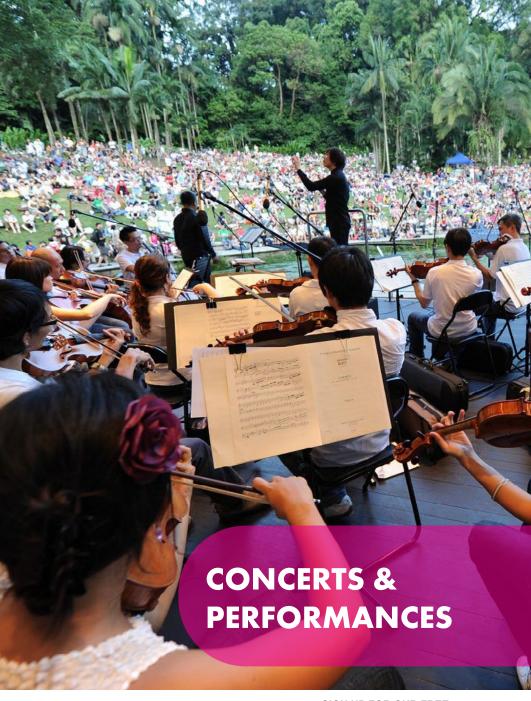
Website: www.nparks.gov.sg/sbg (under "Education")

#### **FOR ENQUIRIES:**

Email: nparks\_sbg\_edu@nparks.gov.sg



City in a Garden through the Garden City Fund.





#### GET UPDATES!

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# NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens

(Programme Code: SBGC)

Singapore Botanic Gardens, Shaw Foundation Symphony Stage



[Given the uncertainty regarding the current COVID-19 situation, some concerts in the month of March are cancelled. Please <a href="https://example.com/check-back-our-website">check back our website</a> for further updates, as well as the <a href="https://example.com/check-back-our-website">latest advisories by the Ministry of Health</a>.]

Performances in the Gardens are free, and we welcome everyone to pack a picnic basket and relax amid the lush surroundings of Palm Valley.

We host jazz and classical groups about twice a month on Saturdays or Sundays. For more details and further updates, please refer to our calendar of events online at www.sbg.org.sg.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg





4 JAN (SAT) 6pm – 7pm

New Gen Wind Symphony – Taman Jurong Community Arts and Culture Club 18 JAN (SAT) 6pm – 7.30pm

Arts@SBG presents NAC-ExxonMobil Concert in the Park 7 FEB (FRIt)

6pm - 7pm

An Evening with the Gustavus Symphony Orchestra & Gustavus Jazz Ensemble

1 MAR (SUN) <del>6pm - 7.30pm</del>

Arts@SBGpresents NAC-ExxonMobil-Concert in the-Park 7 MAR (SAT) <del>6pm - 7.30pm</del>

Tango Beats at the Gardens: A Musical Tour of Argentina 14 MAR (SAT) <del>6pm - 7pm</del>

A Disney and Marvel Fantasy

15 MAR (SUN) 6pm - 7pm

Evergreen Serenades at the Gardens 21 MAR (SAT)

6pm - 7pm

Botanic Beats

22 MAR (SUN) 5.30pm - 7pm

Sang Nila Utama: The Crowd of the Three Worlds

28 MAR (SAT) 5.30pm - 7pm

Memories of 2055: Worlds Beyond 4 APR (SAT) 6pm – 7pm

SCO Music Oasis 2020 12 APR (SUN) 6pm – 8pm

Jazz @ the Red Dot

25 APR (SAT) 6pm – 7.15pm

UNESCO International Jazz Day Concert 10 MAY (SUN) 6pm – 7pm

SSO Mother's Day Concert 16 MAY (SAT) 6pm – 7pm

New Opera Singapore

31 MAY (SUN) TBC

Big Band Bash

6 JUN (SAT) TBC

Peace Concert

13 JUN (SAT) 6pm – 7pm

Opera in the Park

27 JUN (SAT)

6pm - 7.30pm

Music Day Out 2020 – MacPherson Philharmonic Orchestra



### NParks Concert Series in the Park: Rockestra®

(Programme Code: ROCK)

**20 JUN (SAT)**Fort Canning Park
6.30pm till late



The NParks Concert Series in the Park: Rockestra® is a series of free outdoor concerts aiming to inspire and encourage the development of the local music scene. The concerts will shine the spotlight and serve as a platform for Singapore's homegrown talents, where both established and budding musicians can showcase their music.

To receive updates on the concert, SMS ROCK to 77275.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/concertseries



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.





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# Singapore Botanic Gardens Market Square

(Programme Code: GD111)

### **Every 1st weekend** of the month\*

4 & 5 JAN • 1 & 2 FEB 4 & 5 APR • 2 & 3 MAY • 6 & 7 JUN

Singapore Botanic Gardens, Orchid Plaza

9am - 7.30pm





Bring your family and friends for a weekend of scrumptious bites and plant shopping at the Market Square, Orchid Plaza in the Singapore Botanic Gardens. There will be different food stalls and plant vendors every month. Afterwards, relax and unwind as you enjoy a concert in the evening.

\*The Singapore Botanic Gardens Market Square will not be taking place in the month of March.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

# Gardeners' Day Out (GDO)

(Programme Code: GDO)

# Every 3rd Saturday of the month

18 JAN • 15 FFB • <del>21 MAR</del> 18 APR • 16 MAY • 20 JUN

HortPark

9am – 3pm





[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session is cancelled. Please check back our website for further updates, as well as the latest advisories by the Ministry of Health.]

Join us for a day of gardening fun at HortPark - The Gardening Hub. Highlights at Gardeners' Day Out include our Gardeners' Market, free talks and demonstrations, free garden tours of HortPark and kids' activities like storytelling and arts and craft!

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/GDO



#### Bazaar in the Garden

(Programme Code: BIG)

# Every 4th Saturday of the month\*

25 JAN • 22 FEB • <del>21 MAR</del> 25 APR • 23 MAY • 27 JUN

Jurong Lake Gardens, Lakeside Garden

9am - 5pm





Join us at our gardening and lifestyle market at Jurong Lake Gardens! There will be fun craft activities suitable for children of all ages, and various workshops for gardening enthusiasts to learn skills and techniques from our experienced instructors. Be sure to check out the plant retailers, food stalls and local businesses!

\*Bazaar in the Garden will be held on the 3rd saturday in the month of March.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/juronglakegardens

### Gardening Masterclass Series

(Programme Code: GD411)

# Every 4th Saturday of the month

25 JAN • 22 FEB • <del>21 MAR</del> 25 APR • 23 MAY • 27 JUN

Jurong Lake Gardens, Lakeside Garden

9.30am - 10.30am





There is nothing quite like the satisfaction of savouring produce grown in your own home. However, pests, diseases, and the lack of suitable conditions are often stumbling blocks for many aspiring gardeners.

Join us for the talk and pick up some handy tips and tricks from garden expert Dr Wilson Wong from Singapore Botanic Gardens, on how to start and maintain a successful edible garden.

Broaden your gardening knowledge with our monthly sessions that focus on a range of topics, including the basics of gardening and plant health, as well as alternatives to typical gardens such as terrariums and aquascapes.

\*The Gardening Masterclass Series will be held on the 3rd Saturday in the month of March.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session for Bazaar in the Garden and Gardening Masterclass Series is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

# Gardening 101

(Programme Code: GD511)

# Every 4th Saturday of the month\*

25 JAN • 22 FEB • <del>21 MAR</del> 25 APR • 23 MAY • 27 JUN

Jurong Lake Gardens, Lakeside Garden

2.30pm - 3.30pm





[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Join us for these free talks and demonstrations every 4th Saturday of the month at Jurong Lake Gardens! Broaden your gardening knowledge on a range of topics, including the basics of gardening, plant health, terrariums and aquascapes. This session is open to gardening enthusiasts of all levels.

\*Gardening 101 will be held on the 3rd Saturday in the month of March.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

# Plant Clinic

(Programme Code: GD611)

# Every 4th Saturday of the month\*

25 JAN • 22 FEB • <del>21 MAR</del> 25 APR • 23 MAY • 27 JUN

Jurong Lake Gardens, Lakeside Garden

3.30pm - 4.30pm



[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Experiencing gardening problems and need advice? An expert will be present after the Gardening 101 talk to dispense advice and tips to those who need it. This session is open to gardening enthusiasts of all levels.

\*The Plant Clinic will be held on the 3rd Saturday in the month of March.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/juronglakegardens



### "Art of Bonsais" Series

(Programme Code: GD711)

# Every 4th Saturday of odd months\*

### 25 JAN <del>21 MAR</del> 23 MAY

Jurong Lake Gardens, Lakeside Garden

11.30am - 12.30pm





[Given the uncertainty regarding the current COVID-19 situation, the 21 Mar session is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry</u> of Health.]

Eager to own a bonsai but don't know how to start? Or perhaps you're growing your own bonsai and need some tips on maintaining a healthy bonsai tree. Be sure to check out our new bi-monthly 'The Art of Bonsais' series!

Held in collaboration with Yuhua CC Bonsai and Artistic Stone Club, this series will consist of talks, sharing sessions and demonstrations. Learn about the basics of bonsais from the experts, as well as the rich history of artistic stones!

\*The "Art of Bonsais" Series will be held on the 3rd Saturday in the month of March.

25 Jan: Bonsai Appreciation – Basic Bonsai II Trimming & Simple Wiring

21 Mar: Create Landscape Bonsai - Wet & Dry

23 May: Life with Bonsai - Experience & Creation

TO REGISTER:

### Beautiful Indoor Plants: Begonias and African Violets

(Programme Code: GD811)

### 11 JAN (SAT)

Centre for Education and Outreach (1F Cluny Road)

10am - 1pm



\$50 / pax (Includes all materials)



Growing plants to beautify a household or workplace can be challenging. This workshop will introduce attractive plants that are suitable for growing in homes and offices – begonias are adored for their interesting foliage colours and patterns, while African Violets are admired for their attractive flowers.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

### Native Plants Workshop [Cancelled] (Programme Code: GD911)

22 FEB (SAT)

Centre for Education and Outreach (1F Cluny Road)

10am - 1pm



\$50 / pax (Includes all materials)



[Given the uncertainty regarding the current COVID-19 situation, this workshop is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Professional gardeners and hobbyists can be spared much misery and frustration by choosing plants well-adapted to the local climate. Small as we are, Singapore has a record of over 2,000 native plant species, some of them with ornamental value. Plants native to our region are naturally adapted to our hot and humid environment, making them potentially easier to care for. Sign up for this workshop and appreciate the native flora that our Little Red Dot has to offer.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg



### Herbs and Spices: Asian Herbs [Cancelled] (Programme Code: GD1011)

**29 FEB** (SAT) Centre for Education and Outreach (1F Cluny Road)

10am - 1pm

\$50 / pax (Includes all materials)



[Given the uncertainty regarding the current COVID-19 situation, this workshop is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Get up-close and personal with herbs and spices commonly used in Asian cooking! This workshop will explore their historical significance, their uses as herbal remedies and methods of propagation.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

### National Orchid Garden School Holidays Promotion

(Programme Code: GD1111)

7 – 22 MAR 23 MAY – 28 JUN National Orchid Garden







Did you know that orchids are one of the largest and most diverse families of flowering plants in the world? Be enthralled by the splendour of blooms at the National Orchid Garden, with over 1.000 species and 2.000 hybrids on display.

Terms and conditions apply.

\*Free admission for students, local residents and work permit holders.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

### Growing Tropical Orchids for Beginners

(Programme Code: GD1211)

### 28 MAR (SAT)

Singapore Botanic Gardens, Botany Centre, Level 2 Classroom

10am - 5pm



\$80 / pax (Includes all materials)



Do you aspire to cultivate prize-winning orchids? Start with the basics in this workshop, where you can learn about the Orchidaceae family and cultivation techniques to maintain and propagate healthy orchids. A guided tour of the National Orchid Garden and hands-on planting session are also included.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

# Beautiful Savage of the Plant World: Nepenthes

(Programme Code: GD1311)

# 4 APR (SAT) Centre for Education and Outreach (1F Cluny Road) 10am – 1pm



\$50 / pax (Includes all materials)



Found in places with low level of nutrients, carnivorous plants have developed the adaptation of snacking on the occasional insect to supplement their nutrition needs. The specialised growth forms which help the plants trap their prey make them a favourite among gardeners.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

# **Basic Home** Gardening

(Programme Code: GD1411)

#### 18 APR (SAT)

Singapore Botanic Gardens. Botany Centre, Level 2 Classroom

10am - 5pm



\$80 / pax (Includes all materials)



This comprehensive basic course will cover tips on choosing the right plant, watering regime and fertiliser, as well as re-potting, pruning and other general plant care techniques. Participants will be led on a guided tour (weather permitting) around the Tanglin Core of Singapore Botanic Gardens to learn and discuss about the different types of plants suitable for home gardening.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks sbg\_edu@nparks.gov.sg

### The Art of Planting: Terrarium

(Programme Code: GD1511)

### 25 APR (SAT)

Centre for Education and Outreach (1F Cluny Road)

10am - 1pm



\$50 / pax (Includes all materials)



The art of growing and arranging plants in enclosed bottles (also known as terrariums) will be explored in this workshop. Learn how plants can self-sustain in a terrarium and design your own attractive terrarium for your home, or as a gift for family and friends. At the end of the workshop, you get to bring the terrarium home.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg



# Advanced Gardening

(Programme Code: GD 1611)

### 16 MAY (SAT)

Centre for Education and Outreach (1F Cluny Road)

10am - 5pm



\$50 / pax (Includes all materials)



A follow up to the workshop, Basic Home Gardening, Advanced Gardening will cover pest and diseases as well as plant propagation techniques. You will also be introduced to wider variety of plant selections to increase your plant collection. Participants are invited to bring in infected plants for diagnosis and advice.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.





#### **GET UPDATES!**

SMS the respective programme codes to 77275, or subscribe to our Telegram channel @NParksBuzz to receive event updates! Standard message and data rates may apply.



# **E-NEWSLETTERS!**

Sign up at www.nparks.gov.sg/e-newsletter to receive event updates, or learn how you can shape our City in a Garden. Text NB01 to 77275 to receive the e-newsletter on your mobile.

# Community in Nature Initiative

The Community in Nature (CIN) initiative is a national movement. It brings together all of NParks' nature-related events, activities and programmes with the aim of connecting, engaging and inspiring diverse communities to help conserve our natural heritage.

For more details, please refer to our website at www.nparks.gov.sg/CIN or write to us at CIN@nparks.gov.sg



### Sungei Buloh Wetland Reserve Guided Tour

(Programme Code: NR111)

# **Every Saturday**

4, 11, 18, 25 JAN 1, 8, 15, 22, 29 FEB 7, 14, 21, 28 MAR 4, 11, 18, 25 APR 2, 9, 16, 23, 30 MAY 6, 13, 20, 27 JUN

Sungei Buloh Wetland Reserve 9.30am – 11am Learn about the diverse plants and animals found in the various habitats of Sungei Buloh Wetland Reserve. There is a different theme every week! This guided walk is suitable for everyone, including families with children.

Registration is required with a maximum of 20 people per session, on a first-come, first-served basis.

TO REGISTER (TWO FRIDAYS BEFORE SCHEDULED DATE): Website: www.nparks.gov.sg/sbwr



# Gallop Extension

(Programme Code: NR211)

## **Every 1st Saturday** of the month

4 JAN • 1 FEB • 7 MAR 4 APR • 2 MAY • 6 JUN

Singapore Botanic Gardens, Gallop Extension

9am - 9.45am





Join us for a 45 minute guided walk through the Gallop Extension of the Singapore Botanic Gardens. Visit the OCBC Arboretum and a section of the Mingxin Foundation Rambler's Ridge.

The tour begins at the Visitor Centre at Gallop, and will take you through the OCBC Arboretum, viewing the dipterocarp collection. You will also experience the Mingxin Foundation Rambler's Ridge, which showcases various pitcher plants and ant plants.

#### TO REGISTER (15 MINUTES BEFORE THE TOUR COMMENCES):

In Person: Visitor Centre (Gallop), Singapore Botanic Gardens

Tel: 1800 471 7300

Email: nparks sbg visitor services@nparks.gov.sg

For groups larger than 20, please register at least 14 days in advance

### Healing Garden Tour

(Programme Code: NR311)

# **Every 1st Saturday** of the month

4 JAN • 1 FEB • 7 MAR 4 APR • 2 MAY • 6 JUN

Singapore Botanic Gardens, Visitor Centre (Nassim Gate)

Pam & 10am (English) 10am (Mandarin)





Join us for this tour of the Healing Garden, which showcases over 400 varieties of plants used medicinally. It is laid out thematically relating to parts of the body such as the head, as well as respiratory and reproductive systems.

For groups larger than 20, please register at least 14 days in advance.

#### TO REGISTER (15 MINUTES BEFORE THE TOUR COMMENCES):

In Person: Visitor Centre (Nassim Gate), Singapore Botanic Gardens Tel: 1800 471 7300

Email: nparks sbg visitor services@nparks.gov.sg

For groups larger than 20, please register at least 14 days in advance.

### Rain Forest Tour

(Programme Code: NR411)

# Every 1st Saturday of the month

4 JAN • 1 FEB • 7 MAR 4 APR • 2 MAY • 6 JUN

Singapore Botanic Gardens, Visitor Centre (Nassim Gate)

10am (Japanese)



# Every 2nd Saturday of the month

11 JAN • 8 FEB • 14 MAR 11 APR • 9 MAY • 13 JUN

Singapore Botanic Gardens, Visitor Centre (Nassim Gate)

9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)



Since our very first tour launched in 2001, this remains the most popular of its kind to date. Find out more about the ecosystem of the Gardens' Rain Forest and its importance.

For groups larger than 20, please register at least 14 days in advance.

#### TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In Person: Visitor Centre (Nassim Gate), Singapore Botanic

Gardens Tel: 1800 471 7300

Email: nparks\_sbg\_visitor\_services@nparks.gov.sg



### Evening Chorus at Kranji Marshes

(Programme Code: NR511)

# Every 2nd Saturday of the month

11 JAN • 8 FEB • 14 MAR 11 APR • 9 MAY • 13 JUN

Kranji Marshes

4.30pm - 6.30pm





The walk will introduce participants to this unique nature area and the species that live in the marsh, woodland and grass habitats. Participants will be guided through the ecologically sensitive core conservation area which is not usually opened to the public. The approximately 3 km guided walk will take around two hours to complete.

Each guided walk is limited to 20 participants so as to minimise disturbance to the wildlife in the Kranji Marshes. Registration is compulsory and on a first-come, first-served basis. Visitors who turn up without prior registration may be turned away.

TO REGISTER (TWO FRIDAYS BEFORE SCHEDULED DATE):

#### Learning Forest Tour

(Programme Code: NR611)

# Every 2nd & 4th Saturday of the month

11 & 25 JAN • 8 & 22 FEB 14 & 28 MAR • 11 & 25 APR 9 & 23 MAY • 13 & 27 JUN

Singapore Botanic Gardens, Learning Forest

9am - 10am





The Learning Forest features a network of boardwalks and elevated walkways that allows visitors to explore habitats ranging from a freshwater forest wetland to a lowland rainforest. Join us for this tour, and learn about freshwater forest wetland ecosystems at the Keppel Discovery Wetlands and walk amongst a collection of some of the tallest tree species in Southeast Asia at the SPH Walk of Giants.

The Learning Forest is open daily from 5am – 12am. The SPH Walk of Giants and Keppel Discovery Wetlands will be closed from 7pm – 7am to maintain a conducive habitat for wildlife.

Please note that no pets are allowed on this tour as the route requires access to the elevated boardwalk.

#### TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In Person: Visitor Services Counter (Learning Forest), Singapore Botanic Gardens Tel: 1800 471 7300



### Nature Appreciation Walk at Bukit Timah Nature Reserve and Windsor Nature Park

(Programme Code: NR711)

# Every 2nd Saturday of the month

11 JAN • 8 FEB • 14 MAR 11 APR • 9 MAY • 13 JUN

#### NFW

Thomson Nature Park 9.15am – 10.30am

# Every 3rd Saturday of the month (Mar — Jun)\*

21 MAR • 16 MAY • 20 JUN

Bukit Timah Nature Reserve, Visitor Centre

9.15am - 10.30am

# Every 4th Saturday of even months\*

15 FEB • 25 APR • 27 JUN

Windsor Nature Park 9.15am – 10.30am





Experience nature in its pristine form at Bukit Timah Nature Reserve, Windsor Nature Park or the newly launched Thomson Nature Park. Bukit Timah Nature Reserve is home to one of the richest and most diverse ecological systems in Singapore, while Windsor and Thomson Nature Parks act as buffers to the Central Catchment Nature Reserve. Join our guided walks to gain a greater appreciation of Singapore's rich natural heritage and the need to protect it for future generations.

Registration is required with a maximum of 15 people per group, on a first-come, first-served basis.

\*The walk at Bukit Timah Nature Reserve will not take place in the months of January, February and April.

\*\*The walk at Windsor Nature Park in the month of February will take place on the 3rd Saturday.

#### FOR MORE INFORMATION & TO REGISTER:

Website: www.nparks.gov.sg/events Email: ruth\_foo@nparks.gov.sg A Walk with
Your Neighbours
— the Macaques
of MacRitchie,
Lower Peirce and
Bukit Timah

(Programme Code: NR811)

# Every 2nd Saturday of the month

11 JAN • 8 FEB • 14 MAR 11 APR • 9 MAY • 13 JUN

MacRitchie Reservoir Park

# Every 3rd Saturday of the month

18 JAN • 15 FEB • 21 MAR 18 APR • 16 MAY • 20 JUN

Lower Peirce Reservoir Park

# Every 4th Saturday of the month

25 JAN • 22 FEB • 28 MAR 25 APR • 23 MAY • 27 JUN

Bukit Timah Nature Reserve

5pm - 6.30pm



The Long-tailed Macaque is one of the most commonly encountered animals at MacRitchie Reservoir Park, Lower Peirce Reservoir Park and Bukit Timah Nature Reserve, but it is often misunderstood. Few people know about the complex social world the macaque lives in – it has kin networks, power struggles, friends and foes.

Learn more during this walk led by experts from the Jane Goodall Institute Singapore.

#### TO REGISTER:

Email: sg.monkey.walk@gmail.com Website: www.nparks.gov.sg/events



### Biodiversity Guided Walk at Jurong Lake Gardens

(Programme Code: NR911)

# Every 3rd Saturday of the month

18 JAN • 15 FEB • 21 MAR 18 APR• 16 MAY • 20 JUN

Jurong lake Gardens

8.30am - 10am



Treat your senses to a beautiful morning amidst greenery! Join us for a free guided walk to appreciate the animals, plants and trees around Jurong Lake Gardens and take in the sights and sounds of the garden.

#### TO REGISTER:

Website: www.nparks.gov.sg/events



### National Orchid Garden Tour

(Programme Code: NR1011)

# Every 3rd Saturday of the month

18 JAN • 15 FEB • 21 MAR 18 APR• 16 MAY • 20 JUN

National Orchid Garden

9am, 10am, 11am & 4pm (English) 4pm (Mandarin)



Admission fees apply



Treat yourself to a visual spectacle by visiting the National Orchid Garden, which has one of the world's largest collections of orchids, spanning over 1,000 species and 2,000 hybrids!

For groups larger than 20, please register at least 14 days in advance.

#### TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES):

In Person: Visitor Centre (Nassim Gate), Singapore Botanic

Gardens Tel: 1800 471 7300

Email: nparks\_sbg\_visitor\_services@nparks.gov.sg

For groups larger than 20, please register at least 14 days in advance.



# Kampong Tour

(Programme Code: NR1111)

# Every 3rd Saturday of the month

18 JAN • <del>15 FEB</del> • 21 MAR 18 APR • 16 MAY • 20 JUN

Pulau Ubin, Ubin Volunteer Hub 9.30am – 11.30am



\$60/group (Max. 15 persons per group)



Experience Pulau Ubin's wonderful natural and cultural heritage as this two-hour walk takes you from the Ubin Volunteer Hub, through the spice trees around the Jelutong campsite, Butterfly Hill, Pekan Quarry, Sensory Trail Ponds, Kampong House, the old Bin Kiang School site, Tua Pek Kong Temple, and finally, to the Wayang Stage.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

### Rustic Reflections Tour

(Programme Code: NR1211)

# Every 3rd Saturday of the month

18 JAN • <del>15 FEB</del> • 21 MAR 18 APR• 16 MAY • 20 JUN

Pulau Ubin, Ubin Volunteer Hub 9.30am – 11.30am



\$60/group

(Max. 15 persons per group)

Discover Pulau Ubin's unique and colourful kampong history with our volunteer guides. This two-hour walk will take you on a trip to discover the island's cultural, economic and natural heritage with visits to important historical landmarks, wildlife habitats and restored buildings. Learn about what life was like on this rustic island in the past and the hidden gems that make this place irreplaceable.

#### TO REGISTER:

# St. John's Island Trail Guided Tour

(Programme Code: NR1311)

# Every 1st Sunday of the month

5 JAN • 2 FEB • 1 MAR 5 APR • 3 MAY • 7 JUN

St. John's Island 10am - 11.30am





The St. John's Island Land Trail Guided Walk, which covers a distance of 1.6 kilometers, will lead you on an exploration of the island. On your journey, you will have many enriching encounters with both nature and history. Visitors will also learn about the Marine Park at a Public Gallery in the Marine Park Outreach and Education Centre, a collaboration between National Parks Board and the Tropical Marine Science Institute, National University of Singapore.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

# Open House at Teck Seng's Place

(Programme Code: NR1411)

# Every 2nd & 4th weekend of the month, and public holidays

1, 11, 12, 25 & 26 JAN • 8, 9, 22 & 23 FEB • 14, 15, 28 & 29 MAR • 10, 11, 12, 25 & 26 APR • 1, 7, 9, 10, 23 & 24 MAY •

13, 14, 27 & 28 JUN Pulau Ubin, Jalan Ubin, Teck Seng's Place

10am - 2pm



Take a self-guided tour around Teck Seng's Place and immerse yourself in 1970s Pulau Ubin. Learn about what life was like in a Chinese kampong house.

#### FOR MORE INFORMATION:



# Race Against Time – Science behind a Botanic Garden Tour

(Programme Code: NR1511)

# Every 4th Saturday of the month

25 JAN • 22 FEB • 28 MAR 25 APR • 23 MAY • 27 JUN

Singapore Botanic Gardens, Visitor Services Counter (Tanglin Gate)

10am - 10.45am





If you have a keen interest in orchids, Singapore Botanic Gardens' hybridisation programme, or how the Gardens' specimens of dried plants assist us in recording plant species of our region, this is the tour for you!

TO REGISTER (15 MINS BEFORE THE TOUR COMMENCES): In Person: Visitor Services Counter (Tanglin Gate), Singapore Botanic Gardens

"Grow with Nature" Drama Series: The Mixed-up Chameleon (A Drama Workshop)

(Programme Code: NR1611)

# 11 JAN (SAT)

Jacob Ballas Children's Garden 10am – 11am





Nature holds many life lessons anyone can learn. By dramatising stories based on plants and animals, children can pick up acting skills and understand the importance of character-building qualities such as tenderness and generosity. Through these drama workshops, they will also be taught how to care for nature and develop an appreciation for biodiversity.

Join us as we follow the story of the enormous turnip!

This workshop is suitable for children at the K1 – P4 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg



# Croc Talk: Learn about Estuarine Crocodiles at Main Bridge

(Programme Code: NR1711)

18 JAN (SAT) 22 FEB (SAT) 15 MAR (SUN) 18 APR (SAT)

Sungei Buloh Wetland Reserve, Main Bridge (Neo Tiew Entrance)

10am - 12pm





Drop by and learn all about the Estuarine Crocodile that basks in the Sungei Buloh Wetland Reserve (SBWR) from Bernard, a SBWR volunteer with a keen interest in our reptilian friend!

Find out fascinating information about the crocodile, such as its characteristics and behaviour, and obseve them as they go about their daily business.

Registration is not required.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events Email: nparks\_sbwr@nparks.gov.sg

# Bird-watching in the Garden

(Programme Code: NR1811)

# 7 MAR (SAT)

Singapore Botanic Gardens, CDL Green Gallery @ Singapore Heritage Museum

8.30am - 10am



Ever wondered where the best spots are to see birds in our UNESCO World Heritage Site? Come join our friendly guides and take a chill Saturday morning walk in Singapore's favourite garden, and be wowed by the beautiful bird art showcased at the Art of Birding exhibition in the CDL Green Gallery!

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg Email: sheryl\_koh@nparks.gov.sg

# West Marsh Visit with the 'Kranji Marshals'

(Programme Code: NR1911)

# 7 MAR (SAT) 6 JUN (SAT)

Kranji Marshes (West Marsh, gate near Moorhen Blind)
7.30am – 11am





The West Marsh, within the Core Conservation Area of Kranji Marshes, is a special area designated for the conservation of marsh birds. To minimise disturbances to these shy animals and other wildlife, access to this section is restricted to guided activities organised by NParks and its partners. Several times a year, visitors can access this section when NParks volunteers (the 'Kranji Marshals') conduct station-guiding. They will be stationed at the hides and strategic locations to help you appreciate the beauty of the marsh habitat.

Registration is not required.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

# Young Naturalist Passport (YNP) Camp

(Programme Code: NR2011)

# 14 MAR (SAT) 6 JUN (SAT)

Sungei Buloh Wetland Reserve 8.30am – 3.30pm



\$5/child & \$0.50 purchase of the Young Naturalist Passport



This one day camp encompasses a series of fun-filled and educational indoor and outdoor learning of the wetlands and nature conservation issues through worksheets, nature walks and hands-on activities.

#### FOR MORE INFORMATION:

# World Pangolin Day [Cancelled]

(Programme Code: NR2111)

# 15 FEB (SAT)

Windsor Nature Park

9am - 11am





#worldpangolinday worldpangolinday.org

[Given the uncertainty regarding the current COVID-19 situation, this event is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Come celebrate World Pangolin Day with us and learn about how you can protect and conserve them! There will be a free exhibition, guided walks, art session and children's programme.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

Email: rachel\_loh@nparks.gov.sg/ruth\_foo@nparks.gov.sg

# Mangrove Guided Walk

(Programme Code: NR2211)

# 14 MAR (SAT)

Pasir Ris Park, Mangrove Swamp ("Outreach" venue)

9am - 11am





Mangroves like the 6-hectare Pasir Ris Mangrove not only help prevent coastal erosion by breaking the strong force of waves, they also shelter young animals and fish. Get up close and personal with mud crabs, mudskippers and water monitors during this guided walk as you stroll along the boardwalk.

#### TO REGISTER:

# The Secret World of Pollinators (A Guided Tour) [Cancelled]

(Programme Code: NR2311)

# 14 MAR (SAT)

Jacob Ballas Children's Garden 10am – 11am



\$6 / child & \$6 / accompanying adult



[Given the uncertainty regarding the current COVID-19 situation, this tour is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Discover how plants develop from flower to fruit during this tour and learn more about the role pollinators – bees, birds and butterflies – play in this process!

Follow us on a journey in the Jacob Ballas Children's Garden to spot nectar-producing plants and find out why our pollinator friends are attracted to them.

This tour is suitable for children at the K1 – P6 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

# Ecolife Family Tour

(Programme Code: NR2411)

16 & 23 MAR (MON) 25 MAY (MON) 1, 8, 15, 22 & 29 JUN (MON)

Bishan-Ang Mo Kio Park, River Plains

21 MAR (SAT) 1 & 15 JUN (MON) 13 & 27 JUN (SAT)











This family tour introduces Bishan-Ang Mo Kio Park, Coney Island Park and their biodiversity – have fun working together answering worksheets, conducting surveys and going for photo hunts, among other activities.

Online registration opens a month prior to the event.

#### TO REGISTER:

"Celebrating Wildlife" Series: Beautiful Birds of the Gardens (A Biodiversity Investigative Workshop) [Cancelled]

(Programme Code: NR2511)

# 17 MAR (TUES)

Singapore Botanic Gardens, Botany Centre

9am - 1pm



\$50 / child



[Given the uncertainty regarding the current COVID-19 situation, this workshop is cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

Learn about Singapore's native birds, their habitats and behaviour. In this workshop, participants will go on a guided tour, get up-close to some bird specimens, make bird art crafts and create their very own bird-themed dish garden.

This workshop is suitable for children at the K1 – P6 levels.

## TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### **FOR ENQUIRIES:**

Email: nparks\_sbg\_edu@nparks.gov.sg

# Nature Keeper Camp

(Programme Code: NR2611)

# 18 MAR (WED) 3 & 10 JUN (WED)

Bukit Timah Nature Reserve, Seminar/ Meeting Room

9am - 3pm



\$25 / child\* (Includes Halal lunch and craft materials)



This one-day programme by NParks and Mitsubishi Corporation\* aims to develop in the young an appreciation for forests and nature, and to encourage them to actively take part in the conservation of our natural heritage. The camp encompasses fun and educational learning opportunities in a forest environment. There will be nature walks, games with nature themes, indoor learning opportunities and hands-on activities that children can participate in and enjoy.

This tour is suitable for children at the P1 – P4 levels. \*Charges subsidised by Mitsubishi Corporation.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events Email: lim\_siew\_hong@nparks.gov.sg /

jeanne\_tan@nparks.gov.sg

"Celebrating Wildlife" Series: Creepy Crawlies of the Night (A Biodiversity Investigative Workshop) [Cancelled]

(Programme Code: NR2711)

# 19 MAR (THURS)

Singapore Botanic Gardens, **Botany Centre** 

4.30pm - 8.30pm



\$50 / child (Includes all materials & dinner)



Did you know that many insects, bugs and other creepy crawlies of the Singapore Botanic Gardens are nocturnal? Learn about these animals that are active only at night, their adaptations and habitats through a guided tour and hands-on activities. Participants will also bring home a potted plant.

This workshop is suitable for children at the K1 - P6 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

"Grow with Nature" **Drama Series:** The Grouchy Ladybug (A Drama Workshop) [Cancelled]

(Programme Code: NR2811)

# 21 MAR (SAT)

Jacob Ballas Children's Garden 10am - 11am



\$10 / child



Nature holds many life lessons anyone can learn. By dramatising stories based on plants and animals, children can pick up acting skills and understand the importance of character-building qualities such as tenderness and generosity. Through these drama workshops, they will also be taught how to care for nature and develop an appreciation for biodiversity.

Join us as we follow the story of the grouchy ladybug!

This workshop is suitable for children at the K1 – P4 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks sbg edu@nparks.gov.sg

[Given the uncertainty regarding the current COVID-19 situation, the "Celebrating Wildlife" Series: Creepy Crawlies of the Night and "Grow with Nature" Drama Series: The Grouchy Ladybug workshops are cancelled. Please check back our website for further updates, as well as the latest advisories by the Ministry of Health.]

# Coco & Friends

(Programme Code: NR2911)

# 21 MAR (SAT) 16 MAY (SAT) 20 JUN (SAT)

Bukit Timah Nature Reserve, Seminar/Meeting Room 10.30am – 12pm



\$10 / child (Including guided walk, nature journal, crayon and sling bag)



"Coco and Friends" is a new programme by National Parks Board and HSBC Singapore aiming to promote more understanding and awareness of some of our native biodiversity found in our forests.

Through the eyes of Coco the Malayan Colugo, children will embark on a nature adventure, learning about Coco (the Malayan Colugo) and his friends, and about the plants that are useful to both Man and animals which can be found in the forest. They will complete a series of embossing stations during the nature walk as well, and see where their discovery takes them.

This programme is open only to children between 5 to 8 years old (accompanied by a parent/guardian). They will be given a creative and colourful nature journal, crayons and a beautifully decorated sling bag to take back home.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/activities/events-and-workshops Email: lim\_siew\_hong@nparks.gov.sg / jeanne\_tan@nparks. gov.sg

# Bird-watching along the Southern Ridges

(Programme Code: NR3011)

# 21 MAR (MON) 20 JUN (MON)

Mount Faber Park, entrance of Henderson Waves 730am – 930am





Go bird-watching with us at the Southern Ridges, where up to 43 species of birds have been spotted so far. This tour will take you through the Forest Walk and the Singing Forest in search of these beautiful birds. Do bring along a pair of binoculars or a camera with a zoom function for a better experience.

#### TO REGISTER:

# Chek Jawa Wetlands Tour

(Programme Code: NR3111)

# 12, 13, 28, 29 MAY 10, 11, 26 JUN

Chek Jawa Wetlands Information Kiosk

8am - 10am



\$60 / group (Max. 15 persons / group)



Experience Chek Jawa's amazing natural heritage through this tour, led by our nature guides. It is best to visit the intertidal flats at Chek Jawa Wetlands during low tides of 0.5 metres and below, which allows you to see most of the marine life.

Online registration opens on the first day of December, March, June and September.

#### TO REGISTER:

Website: www.nparks.gov.sg/pulau-ubin

# Let's Discover Plants & Animals (A Guided Tour)

(Programme Code: NR3211)

# 23 MAY (SAT)

Jacob Ballas Children's Garden

10am - 11am



\$6 / child and \$6 / accompanying adult



Did you know that the Singapore Botanic Gardens is home not only to plants, but also to many fascinating animals? On this guided tour, be intrigued by the diverse wildlife inhabiting our Gardens. You may even get to see a Four-lined Tree Frog or a monitor lizard!

This tour is suitable for children at the K1 – P6 levels.

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### **FOR ENQUIRIES:**

Email: nparks sbg edu@nparks.gov.sg

# Fun Walk along the Southern Ridges

(Programme Code: NR3311)

# 27 JUN (SAT)

Mount Faber Park, entrance of Henderson Wayes

9am - 11am





Take your family on a leisure stroll through southern ridges, a soothing sanctuary of greenery that is not only steeped in history but also home to some of Singapore's most exciting flora and fauna. Highlights of the tour included the Henderson Waves, Sembcorp Forest of the Giants, Forest Walk and the Singing Forest.

#### TO REGISTER:

Website: www.nparks.gov.sg/pulau-ubin

# Be an Ethnobotanist for a Day!

(Programme Code: NR3411)

# 1 JUN (MON)

Centre for Ethnobotany & Ethnobotany Garden

10am - 11am



\$6 / child and \$6 / accompanying adult



Join us on a journey to discover the many uses of plants for food, clothing, medicine and craft! Participants can step into the shoes of an ethnobotanist to appreciate the importance of plants in their daily lives. Learn about how plants have shaped human culture. Try your hand at the many interactive displays that can be found in the Centre of Ethnobotany!

This tour is suitable for children at the K1 – P6 levels

#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

# Sara Goes Carbon Footprinting (A Guided Tour)

(Programme Code: NR3511)

# 5 JUN (FRI)

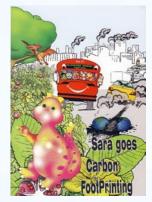
Jacob Ballas Children's Garden 10am - 11am



\$8.50 / child (Includes \$2.50 "Sara Goes Carbon Footprinting" workbook) & \$6 / accompanying adult

Join Sara and her new friend, Rana the Frog, to learn about carbon footprinting and the things that all of us can do to make a difference for our home. Planet Earth! Participants will be able to learn about different trees and the many ways they are useful to us, and learn how to reuse and recycle objects from home and nature

This tour is suitable for children at the K1 – P6 levels.



#### TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

# FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

# Mangrove Clean-up

(Programme Code: NR3611)

# 13 JUN (SAT)

Pasir Ris Park, Mangrove Swamp ("Outreach" venue)

9am - 11am





During the high tide, human-made waste such as plastics and foam pieces get trapped in the mangrove forest. Help in cleaning up the mangrove bed to prevent such inedible material from getting ingested by wildlife such as mudskippers, tree-climbing crabs and mangrove snakes, which you may get to see during this activity.

#### TO REGISTER:

Website: www.nparks.gov.sg/events

# Sara the Forgetful Dinosaur: Children's Treasure Hunt (A Guided Tour)

(Programme Code: NR3711)

# 15 JUN (MON)

Singapore Botanic Gardens, Botany Centre

10am - 11am



\$8.50 / child (Includes \$2.50 "Sara the Forgetful Dinosaur" workbook) & \$6 / accompanying adult

Sara the Botanicosaurus has left her eggs in the Singapore Botanic Gardens! Children will discover interesting plants as they go on this treasure hunt and guided tour.

This tour is suitable for children at the K1 – P6 levels.

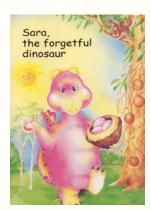
#### TO REGISTER:

Website: www.nparks.gov.sg/ sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@

nparks.gov.sg





# Larger than Life!: Seeds (An Investigative Workshop)

(Programme Code: NR3811)

# 25 JUN (THURS)

Centre for Education and Outreach (1F Cluny Road)

9am - 1pm



\$50 / child (includes all materials & refreshments)



Everyone knows the usual info about flowers, fruits and seeds. Ever wondered though what is inside a seed, and how a small seed can eventually grow into a big plant? Participants will get to view cross-sections of seeds using microscopes, and will also learn what we mean by terms such as "monocot" and "dicot". They can discover the budding scientist in themselves by making observations and setting up a mini experiment for growing seeds using different planting media.

This tour is suitable for children at the K1 - P6 levels.

## TO REGISTER:

Website: www.nparks.gov.sg/sbg (under "Education")

#### FOR ENQUIRIES:

Email: nparks\_sbg\_edu@nparks.gov.sg

# Singapore Botanic Gardens Speaker Series

(Programme Code: NR3911)

# Monthly

Singapore Botanic Gardens, Botany Centre, Function Hall

4pm - 5pm





The Singapore Botanic Gardens benefits from the knowledge and expertise of eminent visiting foreign botanists, as well as distinguished local scientists. This series offers them a platform to share their passion and the fascinating stories behind their research with the public.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/sbg

# Educational Guided Tour

(Programme Code: NR4011)

# **Monthly**

Jurong Lake Gardens
Various times



\$6 / child & \$10 / adult (per hour)



In this guided walk, participants will learn more about the attractions and biodiversity that can be found at Jurong Lake Gardens.

Minimum sign up for group bookings is 15 pax for adults and 20 pax for children.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/juronglakegardens

# Families for Nature

(Programme Code: NR4111)

# Monthly

Various locations





Families for Nature is an initiative which encourages families to experience nature and learn more about Singapore's biodiversity through exciting events and activities organised under the National Parks Board's Community in Nature (CIN) programme.

Take part in activities organised throughout the year with your family! These activities fall into four categories — Nature Adventurer, Wildlife Guardian, CIN Ambassador and SGBioAtlas Contributor

Participate in all four types of activities and collect unique stamps and puzzle pieces. Upon completion of each activity, you will also receive one of four puzzle pieces. Collect all four pieces to form a map featuring Singapore's rich biodiversity.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/familiesfornature



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.





#### **GET UPDATES!**

SMS the respective programme codes to 77275, or subscribe to our Telegram channel @NParksBuzz to receive event updates! Standard message and data rates may apply.



# SIGN UP FOR OUR FREE E-NEWSLETTERS!

Sign up at <a href="www.nparks.gov.sg/e-newsletter">www.nparks.gov.sg/e-newsletter</a> to receive event updates, or learn how you can shape our City in a Garden. Text NB01 to 77275 to receive the e-newsletter on your mobile.

# Weekends in The Park: Mass Chalk Art Drawing

(Programme Code: SW111)

# **Daily**

East Coast Park, Parkland Green 7.30am – 11pm





Does your child enjoy doodling or drawing? Walk in to any business outlet at Parkland Green and ask for some free chalk. Unleash their creativity and have a go drawing on the concrete floor outside the outlets.

#### FOR MORE INFORMATION:

Website: http://www.nparks.gov.sg/weekends

# Sundays @ the Park

(Programme Code: SW211)

# Every Sunday of the month

5, 12, 19, 26 JAN • 2, 9, 16, 23 FEB • 8, 15, 22, 29 MAR • 5, 12, 19, 26 APR • 3, 10, 17, 24, 31 MAY • 7, 14, 21, 28 JUN

Various locations 8.30am - 9.30am 9am - 10am 5pm - 6pm





Get active with your family and friends every Sunday! Bond over fun, instructor-led group workouts at a park near you.

Organised in collaboration with the Health Promotion Board (HPB), look forward to energetic routines suitable for all ages such as Zumba® Fitness, Mind Body & Blend, and more to keep yourself trim and fit!

For the men, there's also the Men's Boot Camp and Circuit Training – get your heart pumping and grow stronger with a mix of traditional callisthenic and body weight exercises, as well as interval, strength, resistance trainings, and more!

The programme schedule is subject to change.

#### TO REGISTER:

Website: www.go.gov.sg/sundaysatthepark

# Weekends in The Park: Family Yoga in the Park

(Programme Code: SW311)

# Every 2nd Sunday of the month

12 JAN • 9 FEB • <del>8 MAR</del> • 12 APR • 10 MAY • 14 JUN

Bishan-Ang Mo Kio Park, River Plains (Ficus Green / Tecoma Green)

8am - 9am





[Given the uncertainty regarding the current COVID-19 situation, the session on 8 Mar is cancelled. Please check back our website for further updates, as well as the latest advisories by the Ministry of Health.]

Welcome the morning sun with a family yoga session in the park, happening on the second Sunday of every month! Soak in the sights and sounds of nature as you stretch and relax among the lush banks of wildflowers and winding waterways.

Things to bring: water bottle, yoga mat and mosquito repellent.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/weekends

# Weekends in The Park: Upcycling Workshops and Activities

(Programme Code: **SW411**)

# 11 & 12 JAN (SAT & SUN) 14 & 15 MAR (SAT & SUN)

East Coast Park, Marine Cove

# 8 & 9 FEB (SAT & SUN)

East Coast Park, Parkland Green

12pm – 6pm (Saturdays) 9am – 3pm (Sundays)





Join us for fun-filled weekends with free activities and great learning experiences! Get creative and transform discarded materials into useful everyday items at our upcycling workshops. Look forward to other activities suitable for the whole family, like sports, games, and more!

#### FOR MORE INFORMATION:

Website: http://www.nparks.gov.sg/weekends

# Therapeutic **Horticulture** Programme (Suspended till further notice)

(Programme Code: SW511)

Bishan-Ang Mo Kio Park Choa Chu Kang Park HortPark Punggol Waterway Park Telok Blangah Hill Park Tiona Bahru Park

9am - 10.30am



\$38 / participant with full 100% waiver for participants from MCCY registered charities, IPC, Co-op and WWOs



[Due to the current COVID-19 situation, the Therapeutic Horticulture Programme will be suspended till further notice.]

Suitable for elderly groups, persons with dementia and other special needs, the Therapeutic Horticulture Programme is designed to stimulate participants' senses and memories through interaction with nature

This senior-friendly programme promotes the well-being of participants through hands-on activities, such as gardening and nature art. Participants can look forward to growing their own edible sprouts or making scent bags in a relaxing, friendly environment for instance!

Each session lasts 1.5 hours and has a minimum group size of five and a maximum group size of ten participants (caregivers not included).

**INFORMATION** FOR MORE AND REGISTRATION (2 WEEKS PRIOR TO EVENT):

Website: www.nparks.gov.sg/gardens-parks-and-nature/ therapeutic-gardens



Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.





#### **GET UPDATES!**

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# SIGN UP FOR OUR FREE E-NEWSLETTERS!

Sign up at <a href="www.nparks.gov.sg/e-newsletter">www.nparks.gov.sg/e-newsletter</a> to receive event updates, or learn how you can shape our City in a Garden. Text NB01 to 77275 to receive the e-newsletter on your mobile.

# Istana Open House

(Programme Code: SE111)

# 26 JAN (SUN) 1 MAY (SAT) 24 MAY (SUN)

Istana Domain 8.30am – 6pm





Visit the Istana during its Open House and sign up for the Nature Guided Walk (charges apply, see below), a collaboration between the President's Office and NParks, which showcases the Istana's flora and fauna.

The guided walk is conducted hourly from 10am to 4pm.

Charges for the Nature Guided Walk:

\$2 / child (aged 3 years and above)

\$4 / pax for Singaporeans or PRs (aged 13 and above)

\$10 / pax for foreigners (aged 13 and above)

\$12 / family of four for Singaporeans and PRs

\$30 / family of four for all other visitors

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/events

# Festival of Biodiversity 2020

(Programme Code: SE211)

# 30 & 31 MAY (SAT & SUN)

Bedok Town Square 10am - 9pm





Organised in collaboration with the Biodiversity Roundtable, the annual Festival of Biodiversity celebrates Singapore's biodiversity. Through games, crafts, interactive booths and exhibitions, the Festival aims to enthuse the general public about conserving our natural heritage.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/festivalofbiodiversity

# Pets' Day Out

(Programme Code: PDO)

JAN (SAT) 22 FEB (SAT) 14 MAR (SAT) 11 APR (SAT)

Bishan-Ang Mo Kio Park, Ficus Green

2pm - 7pm

# 2 MAY (SAT) 27 JUN (SAT)

TBC





[Given the uncertainty regarding the current COVID-19 situation, the sessions on 22 Feb & 14 Mar are cancelled. Please <u>check back our website</u> for further updates, as well as the <u>latest advisories by the Ministry of Health.</u>]

A monthly event that's all about pets!

Say 'hi' to the adorable animals up for adoption, and chat with volunteers at the Animal Welfare Groups adoption drive, have your pets checked by professional veterinarians at our free pet health check and micro-chipping sessions\*, shop for tasty treats, cute pet accessories and more at our pet retail, grab a bite from our F&B options, or simply be entertained by the birds on display by BirdCraze!

Parents, sign your kids up for Petzmania\* where they will learn basic pet care to be responsible pet owners through role-playing activities such as being a junior vet, pet groomer, pet trainer, or pet scholar for a day! This programme is free and suitable for kids aged 7 to 12.

\*Pre-registration is required.

#### FOR MORE INFORMATION:

Website: www.nparks.gov.sg/pdo

Scan the QR code to donate to support our biophilic City in a Garden through the Garden City Fund.



# NParks Coast-to-Coast Trail









Do you enjoy taking nice long walks in lush greenery, or exploring the outdoors spaces around you? Then visit the new Coast-to-Coast (C2C) Trail for a curated walking experience across the island!

The Coast-to-Coast Trail is a 36 km trail that spans across Singapore. Stretching from Jurong Lake Gardens in the west to Coney Island Park in the northeast, join Phil, a leaf from the native Broad-leaved Sterculia (Sterculia macrophylla), and the C2C mascot, as it guides you through a curated walking experience along the Trail!

You can choose to explore the Trail on your own using the **C2C online Trail Guide**, or download the **C2C mobile app**, NParks' first augmented reality (AR)-enabled mobile application for an immersive and interactive walking experience across the 36 km stretch of parks, parks connectors and nature areas.

Visit the checkpoints, scan the animal characters on the checkpoint markets using the AR setting in the C2C app and watch the characters come to life on your phone!





oast-to-Coast Trail



# NParks Coast-to-Coast Trail (C2C) Mobile App



Developed to complement the Coast-to-Coast Trail for an interactive walking experience, the C2C mobile app has a wealth of opportunities to earn points that can be converted into exciting rewards – from logging in to the app, checking in at any of the checkpoints, completing quests, sharing your experiences in-app, to finding "hidden fruits", and more!







- Navigate your way to the C2C Trail from wherever you are in Singapore
- Watch animal characters spring to life!
- Hunt treasure!
- Share your C2C experience
- Get notified about events and promotions
- Use your points to redeem rewards







Start your C2C journey today!



Scan to download the app



# **Overview Calendar**

- 61 Jan
- 66 Mar

71 May

63 Feb

68 Apr

**74** Jun



# **JAN 2020**

# 1 Jan (Wed)

## Imprinted by Nature

Singapore Botanic Gardens 9am - 5pm

# 2 Jan (Thurs)

#### Imprinted by Nature

Singapore Botanic Gardens 9am - 5pm

# 3 Jan (Fri)

### Imprinted by Nature

Singapore Botanic Gardens 9am - 5pm

# 4 Jan (Sat)

#### Healing Garden Tour

Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)

### Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am - 7.30pm

#### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am - 11am

## Rain Forest Tour

Singapore Botanic Gardens 10am (Japanese)

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens - New Gen Wind Symphony – Taman Jurong Community Arts and Culture Club Shaw Foundation Symphony Stage 6pm - 7pm

# 5 Jan (Sun)

#### Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am - 7.30pm

# St John's Island Trail Guided Tour

St. John's Island 10am - 11.30am

# 7 Jan (Tues)

#### Therapeutic Horticulture Programme Telok Blangah Hill Park

9am - 10.30am

# 8 Jan (Wed)

# Therapeutic Horticulture Programme

Choa Chu Kang Park 9am - 10.30am

# 9 Jan (Thurs)

# Therapeutic Horticulture Programme

Tiong Bahru Park 9am - 10.30am

# 11 Jan (Sat)

#### Learning Forest Tour

Singapore Botanic Gardens 9am - 10am

### Ant Play

Jurong Lake Gardens 9am - 12pm

#### Rain Forest Tour

Singapore Botanic Gardens 9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)

#### Nature Appreciation Walk

Thomson Nature Park 9.30am - 10.30am

### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am - 11am

#### "Grow with Nature" Drama Series: The Enormous Turnip (A Drama Workshop)

Jacob Ballas Children's Garden 10am - 11am

#### Beautiful Indoor Plants: Begonias and African Violets

Singapore Botanic Gardens 10am - 1pm

#### Open House at Teck Seng's Place Pulau Ubin

10am - 2pm

#### Weekends in The Park: Upcycling Workshops and Activities

East Coast Park 12pm - 6pm

#### Pets' Day Out

Bishan-Ang Mo Kio Park 2pm - 7pm

#### Evening Chorus at Kranji Marshes

Kranji Marshes 4.30pm - 6.30pm

#### A Walk with Your Neighbours – the Macagues of MacRitchie

MacRitchie Reservoir Park 5pm - 6.30pm

# 12 Jan (Sun)

Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park 8am – 9am

Weekends in The Park: Upcycling Workshops and Activities East Coast Park 9am – 3pm

14 Jan (Tues) Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am

Therapeutic Horticulture Programme HortPark 9am – 10.30am

18 Jan (Sat) Biodiversity Guided Walk Jurong Lake Gardens 8.30am – 10am

Nature Sketching in the Gardens Singapore Botanic Gardens 9am – 11am

Art in Nature
Bukit Timah Nature Reserve
9am — 12pm

Gardeners' Day Out HortPark 9am – 3pm

National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve

Kampong Tour Pulau Ubin 9.30am – 11.30am

9.30am - 11am

Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am

Croc Talk: Learn about Estuarine Crocodiles at Main Bridge Sungei Buloh Wetland Reserve 10am – 12pm

A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Arts@SBG presents NAC-ExxonMobil Concert in the Park Shaw Foundation Symphony Stage 6pm – 7pm

# 21 Jan (Tues)

Therapeutic Horticulture Programme Telok Blangah Hill Park 9am – 10.30am

Therapeutic Horticulture Programme HortPark Pam = 10.30am

22 Jan (Wed) Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am

23 Jan (Thurs)

Therapeutic Horticulture Programme Tiong Bahru Park 9am – 10.30am

25 Jan (Sat) Learning Forest Tour Singapore Botanic Gardens 9am – 10am

Heritage Tour
Singapore Botanic Gardens
9am – 10.30am

Ant Play Jurong Lake Gardens 9am – 12pm

Bazaar in the Garden Jurong Lake Gardens 9am – 5pm

Gardening Masterclass Series Jurong Lake Gardens 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

Race Against Time – Science behind a Botanic Garden Tour Singapore Botanic Gardens 10am – 10.45am

Open House at Teck Seng's Place Pulau Ubin 10am – 2pm

"Art of Bonsais" Series: Bonsai Appreciation – Basic Bonsai Il Trimming & Simple Wiring Jurong Lake Gardens 11.30am – 12.30pm

Gardening 101 Jurong Lake Gardens 2.30pm – 3.30pm



# 25 Jan (Sat)

Plant Clinic

Jurong Lake Gardens 3.30pm - 4.30pm

A Walk with Your Neighbours the Macaques of Bukit Timah Bukit Timah Nature Reserve 5pm - 6.30pm

26 Jan (Sun)

Istana Open House Istana Domain 8.30am - 6pm

28 Jan (Tues)

Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am - 10.30am

Therapeutic Horticulture Programme HortPark 9am - 10.30am

Various

The Art of Birding: A Nation's Fascination with Birds

Singapore Botanic Gardens 1 Jan - 31 Mar 9am - 6pm

The Lakeside Project – Jurong Lake Gardens

Jurong Lake Gardens 11 Jan - 31 Mar 9am - 10pm

Weekends in The Park: Mass Chalk Art Drawing East Coast Park

Daily 7.30am - 11pm

Sundays @ the Park

Various locations Every Sunday 8.30am - 9.30am / 9am - 10am / 9.30am - 10.30am / 5pm - 6pm

Singapore Botanic Gardens Speaker

Singapore Botanic Gardens Monthly 4pm - 5pm

Educational Guided Tour

Jurong Lake Gardens Monthly Various times

Families for Nature Various locations Monthly

# FEB 2020

1 Feb (Sat)

Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am - 7.30pm

Healing Garden Tour

Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)

Sungei Buloh Wetland Reserve Guided Tour

Sunaei Buloh Wetland Reserve 9.30am - 11am

Rain Forest Tour Singapore Botanic Gardens 10am (Japanese)

2 Feb (Sun)

Singapore Botanic Gardens Market Sauare Singapore Botanic Gardens

9am - 7.30pmSt John's Island Trail Guided Tour

10am - 11.30am 4 Feb (Tues)

Therapeutic Horticulture Programme Telok Blangah Hill Park

9am - 10.30am

St. John's Island

5 Feb (Wed)

Therapeutic Horticulture Programme Choa Chu Kang Park 9am - 10.30am

6 Feb (Thurs)

Therapeutic Horticulture Programme Tiong Bahru Park 9am - 10.30am

8 Feb (Sat)

Learning Forest Tour Singapore Botanic Gardens 9am - 10am

Ant Play Jurona Lake Gardens 9am - 12pm

Rain Forest Tour

Singapore Botanic Gardens 9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)

Nature Appreciation Walk Thomson Nature Park 9.30am - 10.30am

# 8 Feb (Sat)

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Open House at Teck Seng's Place Pulau Ubin 10am – 2pm

Weekends in The Park: Upcycling Workshops and Activities East Coast Park

12pm – 6pm

Evening Chorus at Kranji Marshes Kranji Marshes 4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park 5pm – 6.30pm

# 9 Feb (Sun)

Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park 8am – 9am

Weekends in The Park: Upcycling Workshops and Activities East Coast Park 9am – 3pm

11 Feb (Tues) Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park 9am – 10.30am

Therapeutic Horticulture Programme Hort Park 9am - 10.30am

15 Feb (Sat) Biodiversity Guided Walk Jurong Lake Gardens 8.30am – 10am

Art in Nature Bukit Timah Nature Reserve 9am – 12pm

Gardeners' Day Out HortPark 9am – 3pm

National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

#### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Kampong Tour Pulau Ubin 9.30am – 11.30am

Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am

A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm

18 Feb (Tues) Therapeutic Horticulture Programme HortPark

9am - 10.30am

Therapeutic Horticulture Programme Telok Blangah Hill Park 9am – 10.30am

19 Feb (Wed) Therapeutic Horticulture Programme Choa Chu Kang Park 9am – 10.30am

20 Feb (Thurs) Therapeutic Horticulture Programme Tiong Bahru Park 9am — 10.30am

22 Feb (Sat) Learning Forest Tour Singapore Botanic Gardens 9am – 10am

Heritage Tour Singapore Botanic Gardens 9am – 10.30am

Ant Play Jurong Lake Gardens 9am – 12pm

**Bazaar in the Garden** Jurong Lake Gardens 9am – 5pm

Gardening Masterclass Series Jurong Lake Gardens 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve

Sungei Buloh Wetland Reserve 9.30am – 11am

# 22 Feb

# Race Against Time – Science behind a Botanic Garden Tour

Singapore Botanic Gardens 10am – 10.45am

### Brick Art Workshop Jurong Lake Gardens

jurong take Garaens 10am – 1pm

#### Open House at Teck Seng's Place Pulau Ubin

10am - 2pm

# Pets' Day Out

Bishan-Ang Mo Kio Park 2pm – 7pm

### Craft with Us

Jurong Lake Gardens 2.30pm – 3.15pm 3.30pm – 4.15pm

### Gardening 101

Jurong Lake Gardens 2.30pm – 3.30pm

#### Plant Clinic

Jurong Lake Gardens 3.30pm – 4.30pm

## Croc Talk: Learn about Estuarine Crocodiles at Main Bridge

Sungei Buloh Wetland Reserve 4pm – 6pm

# A Walk with Your Neighbours – the Macaques of Bukit Timah

Bukit Timah Nature Reserve 5pm – 6.30pm

# 23 Feb (Sun)

## Pioneers Trail along Ann Siang Hill and Telok Ayer Green

Tanjong Pagar MRT Station (Exit G) 10am – 11.30am

# 25 Feb

### Therapeutic Horticulture Programme Bishan-Ang Mo Kio Park

9am - 10.30am

#### Therapeutic Horticulture Programme HortPark

9am - 10.30am

# 29 Feb

#### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

## Monument Trail

Civic District 10am - 11.30am

# Various

# The Art of Birding: A Nation's Fascination with Birds

Singapore Botanic Gardens 1 Jan – 31 Mar 9am – 6pm

#### The Lakeside Project – Jurong Lake Gardens

Jurong Lake Gardens 11 Jan – 31 Mar 9am – 10pm

### Weekends in The Park: Mass Chalk Art Drawing

East Coast Park Daily 7.30am – 11pm

## Sundays @ the Park

Various locations Every Sunday 8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm

#### Singapore Botanic Gardens Speaker Series

Singapore Botanic Gardens Monthly 4pm – 5pm

#### Educational Guided Tour

Jurong Lake Gardens Monthly Various times

#### Families for Nature

Various locations Monthly



# **MAR 2020**

# 1 Mar (Sun)

St John's Island Trail Guided Tour St. John's Island 10am – 11.30am

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Arts@SBG presents NAC-ExxonMobil Concert in the Park Shaw Foundation Symphony Stage Opm – 7.30pm

# 7 Mar (Sat)

West Marsh Visit with the 'Kranji Marshals' Kranji Marshals 7.30am – 11am

Bird-watching in the Garden Singapore Botanic Gardens 8.30am – 10am

Healing Garden Tour Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

Rain Forest Tour Singapore Botanic Gardens 10am (Japanese)

# 13 Mar (Fri)

Community Chest Concert Jurong Lake Gardens 7pm – 9.30pm

# 14 Mar (Sat)

Young Naturalist Passport (YNP) Camp

Sungei Buloh Wetland Reserve 8.30am – 3.30pm

**Learning Forest Tour**Singapore Botanic Gardens
9am – 10am

Bird Watercolour Painting Workshop Singapore Botanic Gardens 9am – 11am

Mangrove Guided Walk Pasir Ris Park 9am – 11am

Rain Forest Tour Singapore Botanic Gardens

9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)

Nature Appreciation Walk Thomson Nature Park 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

Open House at Teck Seng's Place Pulau Ubin 10am – 2pm

Weekends in The Park: Upcycling Workshops and Activities East Coast Park 12pm – 6pm

**Evening Chorus at Kranji Marshes** Kranji Marshes 4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park 5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – A Disney and Marvel Fantasy Shaw Foundation Symphony Stage Opm – 7pm

# 14 Mar (Sat)

Community Chest Concert Jurong Lake Gardens 7pm – 9.30pm

# 15 Mar (Sun)

Bird Quilling Workshop Singapore Botanic Gardens 9am – 11am

Croc Talk: Learn about Estuarine Crocodiles at Main Bridge Sungei Buloh Wetland Reserve

Weekends in The Park: Upcycling Workshops and Activities East Coast Park 9am – 3pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – OBOG Wind Symphony – Yuhua Community Centre Shaw Foundation Symphony Stage 6pm – 7pm

# 16 Mar (Mon)

Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

17 Mar (Tues) **Bird Sketch Workshop**Singapore Botanic Gardens
3.30pm – 5pm

18 Mar (Wed) Nature Keeper Camp Bukit Timah Nature Reserve 9am — 3pm

19 Mar (Thurs)

Singapore Botanic Gardens
10am - 11am

Rird String Art Workshop

Bird Macrame Art Workshop

**Bird String Art Workshop**Singapore Botanic Gardens
2pm – 4pm

# 21 Mar (Sat)

Bird-watching along the Southern Ridges Southern Ridges

7.30am - 9.30am

Nature Sketching in the Gardens Singapore Botanic Gardens 9am – 11am

**Art in Nature** Bukit Timah Nature Reserve 9am – 12pm

National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

Bazaar in the Garden Jurong Lake Gardens 9am – 5pm

Nature Appreciation Walk Bukit Timah Nature Reserve 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

Kampong Tour Pulau Ubin 9.30am – 11.30am

Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am

Coco & Friends Bukit Timah Nature Reserve 10.30am – 12pm

A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Botanic Beats Shaw Foundation Symphony Stage 6pm – 7pm

23 Mar

Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

# (Sat)

## Learning Forest Tour

28 Mar Singapore Botanic Gardens 9am - 10am

### Heritage Tour

Singapore Botanic Gardens 9am - 10.30am

#### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am - 11am

#### Race Against Time - Science behind a Botanic Garden Tour

Singapore Botanic Gardens 10am - 10.45am

## Open House at Teck Seng's Place

Pulau Ubin 10am - 2pm

#### Growing Tropical Orchids for **Beainners**

Singapore Botanic Gardens 10am - 5pm

#### A Walk with Your Neighbours the Macagues of Bukit Timah Bukit Timah Nature Reserve 5pm - 6.30pm

# 29 Mar (Sun)

#### Civic District Tree Trail

Various locations 9am - 10.30am

# Bird Embroidery Workshop

Singapore Botanic Gardens 2pm - 4pm

# Various Gardens

# The Lakeside Project - Jurong Lake

Jurong Lake Gardens 11 Ian - 31 Mar 9am - 10pm

### National Orchid Garden School Holidays Promotion

National Orchid Garden 7 – 22 Mar

#### The Art of Birding: A Nation's Fascination with Birds

Singapore Botanic Gardens 1 Jan – 31 Mar 9am - 6pm

#### Weekends in The Park: Mass Chalk Art Drawing East Coast Park

7.30am - 11pm

## Sundays @ the Park

Various locations Every Sunday 8.30am - 9.30am / 9am - 10am / 9.30am - 10.30am / 5pm - 6pm

# Singapore Botanic Gardens Speaker

Singapore Botanic Gardens Monthly 4pm - 5pm

### Educational Guided Tour

Jurong Lake Gardens Monthly Various times

### Families for Nature

Various locations Monthly

# **APR 2020**

# 4 Apr (Sat)

## Healing Garden Tour

Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)

#### Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am - 7.30pm

#### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am - 11am

#### Rain Forest Tour

Singapore Botanic Gardens 10am (Japanese)

## "Garden Treats" Series: Easter Day Special: Chocolate Bunny Eggs (A Culinary Workshop)

Jacob Ballas Children's Garden 10am - 11.30am

#### Beautiful Savage of the Plant World: Nepenthes

Singapore Botanic Gardens 10am - 1pm

# 4 Apr (Sat)

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – SCO Music Oasis 2020 Shaw Foundation Symphony Stage 6pm – 7pm

# 5 Apr (Sun)

Singapore Botanic Gardens Market Square Singapore Botanic Gardens

Singapore Botanic Gardens
9am – 7.30pm

St John's Island Trail Guided Tour St. John's Island 10am – 11.30am

# 11 Apr (Sat)

Learning Forest Tour

Singapore Botanic Gardens 9am – 10am

## Ant Play

Jurong Lake Gardens 9am – 12pm

#### Rain Forest Tour

Singapore Botanic Gardens 9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)

Nature Appreciation Walk

Thomson Nature Park 9.30am - 10.30am

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Open House at Teck Seng's Place Pulau Ubin

10am – 2pm Evening Chorus at Kranji Marshes

Kranji Marshes 4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park 5pm – 6.30pm 12 Apr (Sun) Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park 8am – 9am

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Jazz @ the Red Dot Shaw Foundation Symphony Stage opm – 8pm

# 18 Apr (Sat)

Biodiversity Guided Walk Jurong Lake Gardens

8.30am - 10am

Art in Nature

Bukit Timah Nature Reserve 9am – 12pm

Gardeners' Day Out HortPark 9am – 3pm

National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Kampong Tour Pulau Ubin 9.30am – 11.30am

Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am

Basic Home Gardening Singapore Botanic Gardens 10am – 5pm

Croc Talk: Learn about Estuarine Crocodiles at Main Bridge Sungei Buloh Wetland Reserve 3pm – 5pm



### A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park

Lower Peirce Reservoir F 5pm – 6.30pm

# 25 Apr (Sat)

# Learning Forest Tour

Singapore Botanic Gardens 9am – 10am

#### Heritage Tour

Singapore Botanic Gardens 9am – 10.30am

#### Ant Play

Jurong Lake Gardens 9am – 12pm

#### Bazaar in the Garden

Jurong Lake Gardens 9am – 5pm

## Gardening Masterclass Series

Jurong Lake Gardens 9.30am – 10.30am

## Nature Appreciation Walk

Windsor Nature Park 9.30am – 10.30am

#### Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

### Race Against Time – Science behind a Botanic Garden Tour

Singapore Botanic Gardens 10am – 10.45am

#### Monument Trail

Civic District 10am – 11.30am

#### Brick Art Workshop

Jurong Lake Gardens 10am – 1pm

### The Art of Planting: Terrarium

Singapore Botanic Gardens 10am – 1pm

# Open House at Teck Seng's Place

Pulau Ubin 10am – 2pm

## Craft with Us

Jurong Lake Gardens 2.30pm – 3.15pm 3.30pm – 4.15pm

## Gardening 101

Jurong Lake Gardens 2.30pm – 3.30pm

#### Plant Clinic

Jurong Lake Gardens 3.30pm – 4.30pm

# A Walk with Your Neighbours – the Macaques of Bukit Timah

Bukit Timah Nature Reserve 5pm – 6.30pm

#### NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – UNESCO International Jazz Day Concert

Shaw Foundation Symphony Stage 6pm – 7.15pm

# 26 Apr (Sun)

### Pioneers Trail along Ann Siang Hill and Telok Ayer Green

Tanjong Pagar MRT Station (Exit G) 10am – 11.30am

# Various

Weekends in The Park: Mass Chalk Art Drawing

East Coast Park Daily 7.30am – 11pm

Sundays @ the Park Various locations

Every Sunday 8.30am - 9.30am / 9am - 10am / 9.30am - 10.30am / 5pm - 6p**m** 

Singapore Botanic Gardens Speaker Series

Singapore Botanic Gardens Monthly 4pm – 5pm

Educational Guided Tour

Jurong Lake Gardens Monthly Various times

Families for Nature

Various locations Monthly

# **MAY 2020**

# 1 May (Fri)

Istana Open House

Istana Domain 8.30am – 6pm

# 2 May (Sat)

Healing Garden Tour Singapore Botanic Gardens

9am & 10am (English) 10am (Mandarin)

Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am – 7.30pm

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11a**m** 

Rain Forest Tour

Singapore Botanic Gardens 10am (Japanese)

3 May (Sun) Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am – 7.30pm

# St John's Island Trail Guided Tour

St. John's Island 10am – 11.30am

9 May (Sat) Learning Forest Tour

Singapore Botanic Gardens 9am – 10am

Ant Play

Jurong Lake Gardens 9am – 12pm

Rain Forest Tour

Singapore Botanic Gardens 9am, 10am, 11am & 4pm (English) 10am & 4pm (Mandarin)

Nature Appreciation Walk

Thomson Nature Park 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Open House at Teck Seng's Place Pulau Ubin

10am - 2p**m** 

Evening Chorus at Kranji Marshes Kranji Marshes

4.30pm – 6.30pm

5pm - 6.30pm

8am - 9am

A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park

10 May (Sun) Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – SSO Mother's Day

Concert

Shaw Foundation Symphony Stage 6pm – 7pm





Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am

13 May (Wed)

Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am

# 16 May (Sat)

Biodiversity Guided Walk Jurong Lake Gardens 8.30am – 10am

Nature Sketching in the Gardens Singapore Botanic Gardens 9am – 11am

Art in Nature Bukit Timah Nature Reserve 9am – 12pm

Gardeners' Day Out HortPark 9am – 3pm

National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

Nature Appreciation Walk Bukit Timah Nature Reserve 9.30am – 10.30am

Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

Kampong Tour Pulau Ubin 9.30am – 11.30am

**Advanced Gardening**Singapore Botanic Gardens
10am – 5pm

#### Coco & Friends

Bukit Timah Nature Reserve 10.30am – 12pm

A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – New Opera Singapore Shaw Foundation Symphony Stage Opm – 7pm

# 23 May (Sat)

Learning Forest Tour Singapore Botanic Gardens 9am – 10am

Heritage Tour Singapore Botanic Gardens 9am – 10.30am

Ant Play Jurong Lake Gardens 9am – 12pm

Bazaar in the Garden Jurong Lake Gardens 9am – 5pm

9.30am - 11am

Gardening Masterclass Series Jurong Lake Gardens 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve

Race Against Time – Science behind a Botanic Garden Tour Singapore Botanic Gardens 10am – 10.45am

## 23 May (Sat)

Let's Discover Plants & Animals (A Guided Tour)

Jacob Ballas Children's Garden 10am – 11am

Brick Art Workshop

Jurong Lake Gardens 10am – 1pm

Open House at Teck Seng's Place Pulau Ubin 10am – 2pm

"Art of Bonsais" Series: Bonsai Appreciation – Life with Bonsai – Experience & Creation

Jurong Lake Gardens 11.30am – 12.30pm

Craft with Us

Jurong Lake Gardens 2.30pm - 3.15pm 3.30pm - 4.15pm

Gardening 101 Jurong Lake Gardens 2.30pm – 3.30pm

3.30 pm - 4.30 pm

Plant Clinic Jurong Lake Gardens

A Walk with Your Neighbours – the Macaques of Bukit Timah Bukit Timah Nature Reserve

24 May (Sun) Istana Open House Istana Domain 8.30am — 6pm

5pm - 6.30pm

25 May (Mon) Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

28 May (Thurs) Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am 29 May (Fri)

Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am

30 May

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Monument Trail

Civic District 10am – 11.30am

Festival of Biodiversity Bedok Town Square 10am – 9pm

31 May (Sun) Pioneers Trail along Ann Siang Hill and Telok Ayer Green

Tanjong Pagar MRT Station (Exit G) 10am – 11.30am

Festival of Biodiversity Bedok Town Square 10am – 9pm

Various

National Orchid Garden School Holidays Promotion

National Orchid Garden 23 May – 28 Jun 2020

Weekends in The Park: Mass Chalk Art Drawing East Coast Park Daily 7.30am – 11pm

Sundays @ the Park Various locations Every Sunday 8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm

Singapore Botanic Gardens Speaker Series

Singapore Botanic Gardens Monthly 4pm – 5pm

Educational Guided Tour Jurong Lake Gardens Monthly Various times

Families for Nature Various locations Monthly

## **JUNE 2020**

# 1 Jun (Mon)

Ecolife Family Tour Bishan-Ang Mo Kio Park

Ecolife Family Tour Coney Island Park 9am – 11am

9am - 11am

Be an Ethnobotanist for a Day! Singapore Botanic Gardens 10am – 11am

3 Jun (Wed) Nature Keeper Camp Bukit Timah Nature Reserve 9am – 3pm

5 Jun (Fri) Sara Goes Carbon Footprinting (A Guided Tour) lacob Ballas Children's Garden

6 Jun (Sat) West Marsh Visit with the 'Kranji Marshals' Kranji Marshals

10am - 11am

7.30am - 11am

Young Naturalist Passport (YNP) Camp

Sungei Buloh Wetland Reserve 8.30am – 3.30pm

Healing Garden Tour Singapore Botanic Gardens 9am & 10am (English) 10am (Mandarin)

Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am – 7.30pm

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Rain Forest Tour Singapore Botanic Gardens

10am (Japanese)

7 Jun (Sun) Singapore Botanic Gardens Market Square

Singapore Botanic Gardens 9am – 7.30pm

St John's Island Trail Guided Tour St. John's Island 10am – 11.30am 8 Jun (Mon) Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

10 Jun (Wed)

Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am

Nature Keeper Camp Bukit Timah Nature Reserve 9am — 3pm

11 Jun (Thurs) Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am

13 Jun (Sat) Learning Forest Tour Singapore Botanic Gardens 9am – 10am

Mangrove Clean-up Pasir RIs Park 9am – 11am

Ant Play Jurong Lake Gardens 9am – 12pm

Rain Forest Tour
Singapore Botanic Gardens
9am, 10am, 11am & 4pm (English)
10am & 4pm (Mandarin)

Nature Appreciation Walk Thomson Nature Park 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour Sungei Buloh Wetland Reserve 9.30am – 11am

## 13 Jun (Sat)

Open House at Teck Seng's Place Pulau Ubin

10am – 2pm

Evening Chorus at Kranji Marshes Kranji Marshes 4.30pm – 6.30pm

A Walk with Your Neighbours – the Macaques of MacRitchie MacRitchie Reservoir Park 5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Opera in the Park Shaw Foundation Symphony Stage 6pm – 7pm

## 14 Jun (Sun)

Weekends in The Park: Family Yoga in the Park Bishan-Ang Mo Kio Park 8am – 9am

# 15 Jun (Mon)

Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

Ecolife Family Tour Coney Island Park 9am – 11am

Sara the Forgetful Dinosaur: Children's Treasure Hunt (A Guided Tour) Singapore Botanic Gardens 10am – 11am

16 Jun (Tues)

Garden Treats Series: Pandan Cupcake with Gula Melaka (A Culinary Workshop) Jacob Ballas Children's Garden 10am – 11 30am

20 Jun (Sat) Bird-watching along the Southern Ridges

Southern Ridges 7.30am – 9.30am

Biodiversity Guided Walk Jurong Lake Gardens 8.30am – 10am

#### Art in Nature

Bukit Timah Nature Reserve 9am – 12pm

Gardeners' Day Out HortPark 9am – 3pm

National Orchid Garden Tour National Orchid Garden 9am, 10am, 11am & 4pm (English) 4pm (Mandarin)

NParks Concert Series in the Park: Rockestra®

Fort Canning Park 6.30pm till late

Nature Appreciation Walk Bukit Timah Nature Reserve 9.30am – 10.30am

Rustic Reflections Tour Pulau Ubin 9.30am – 11.30am

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am**Kampong Tour** Pulau Ubin 9.30am – 11.30am

Coco & Friends Bukit Timah Nature Reserve 10.30am – 12pm

A Walk with Your Neighbours – the Macaques of Lower Peirce Lower Peirce Reservoir Park 5pm – 6.30pm

22 Jun (Mon) Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

## 25 Jun (Thurs)

Larger than Life!: Seeds (An Investigative Workshop) Singapore Botanic Gardens 9am – 1pm

26 Jun (Fri) Chek Jawa Wetlands Tour Pulau Ubin 8am – 10am

## 27 Jun (Sat)

Learning Forest Tour

Singapore Botanic Gardens 9am – 10am

Heritage Tour

Singapore Botanic Gardens 9am – 10.30am

Fun Walk along the Southern Ridges Southern Ridges 9am – 1!am

Ant Play

Jurong Lake Gardens 9am – 12pm

Bazaar in the Garden Jurong Lake Gardens 9am – 5pm

Gardening Masterclass Series Jurong Lake Gardens 9.30am – 10.30am

Nature Appreciation Walk Windsor Nature Park 9.30am – 10.30am

Sungei Buloh Wetland Reserve Guided Tour

Sungei Buloh Wetland Reserve 9.30am – 11am

Race Against Time – Science behind a Botanic Garden Tour Singapore Botanic Gardens

Singapore Botanic Garde 10am – 10.45am

Brick Art Workshop Jurong Lake Gardens 10am – 1pm

Open House at Teck Seng's Place Pulau Ubin 10am – 2pm

Craft with Us Jurong Lake Gardens 2.30pm – 3.15pm 3.30pm – 4.15pm

#### Gardening 101

Jurong Lake Gardens 2.30pm – 3.30pm

#### Plant Clinic

Jurong Lake Gardens 3.30pm – 4.30pm

A Walk with Your Neighbours – the Macaques of Bukit Timah Bukit Timah Nature Reserve 5pm – 6.30pm

NParks Concert Series in the Park: Concerts at the Singapore Botanic Gardens – Music Day Out 2020 – MacPherson Philharmonic Orchestra Shaw Foundation Symphony Stage 6pm – 7.30pm

28 Jun (Sun) Civic District Tree Trail Various locations 9am – 10.30am

29 Jun (Mon) Ecolife Family Tour Bishan-Ang Mo Kio Park 9am – 11am

# Various

National Orchid Garden School Holidays Promotion

National Orchid Garden 23 May – 28 Jun 2020

Weekends in The Park: Mass Chalk Art Drawing East Coast Park Daily 7.30am – 11pm

Sundays @ the Park

Various locations Every Sunday 8.30am – 9.30am / 9am – 10am / 9.30am – 10.30am / 5pm – 6pm

Singapore Botanic Gardens Speaker Series

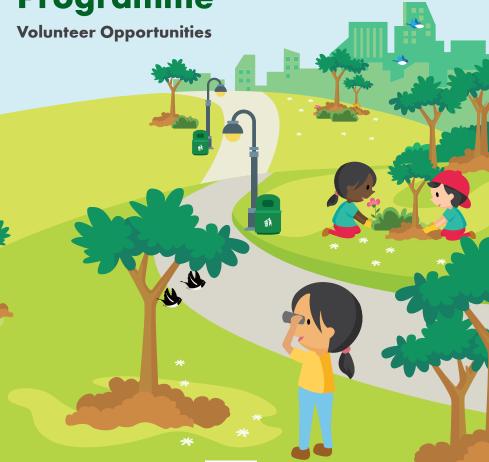
Singapore Botanic Gardens Monthly 4pm – 5pm

Educational Guided Tour Jurong Lake Gardens Monthly

Various times

Families for Nature Various locations Monthly





TO SIGN UP AS A VOLUNTEER, PLEASE VISIT

www.volunteernetwork.mnd.gov.sg

For enquiries, you can contact us at:

**Volunteer Opportunities** volunteer@nparks.gov.sg

# Volunteer With Us!



Love spending time surrounded by nature? Passionate about greenery? Then come join us on this journey towards making Singapore our City in a Garden.

Whether you are a student, professional, retiree or on a study/ career break, we welcome you. Volunteers are important to us, and we value the time and contributions of every one on our volunteer programme.

This partnership with our nature enthusiasts has allowed us to accomplish much more than we could. Join us and make a difference in our nature areas and green spaces!

To sign up as a volunteer, please visit www.volunteernetwork.mnd.gov.sg.

For enquiries, you can contact us at: volunteer@nparks.gov.sg.



# Choose from a wide range of volunteer opportunities:



Citizen science refers to the community participating in organised research efforts to survey the biodiversity around us. As a citizen scientist, you aid in the collection of large amounts of data, and learn more about our biodiversity at the same time. The data you collect can inform decision makers and help in the formulation of conservation strategies.

There is a variety of citizen science initiatives available to the public and school groups. The programmes target specific groups of animals like birds, butterflies and dragonflies. Find out more about the programmes from the National Biodiversity Centre.

- BioBlitz
- · Butterfly Watch
- Dragonfly Watch
- · Garden Bird Watch
- Heron Watch
- · Intertidal Watch



Community in Bloom is a nationwide gardening movement that aims to foster a community spirit and bring together residents, both young and old, to make Singapore our garden. Put your green fingers to good use as you maintain a community garden, which includes sowing of seeds, pruning, weeding, fertilising the soil, composting, and identifying and labelling the plants.



Play an active role in supporting and promoting Singapore's natural heritage by maintaining and enhancing habitats for our flora and fauna.

#### **Butterfly Habitat Enhancement**

- · Bishan-Ang Mo Kio Park
- Pasir Ris Park
- · Tampines Eco Green

#### Coastal Cleanup

- · Coney Island Park
- Pulau Ubin
- · Sungei Buloh Wetland Reserve

#### **Invasive Species Management**

- · Bukit Timah Nature Reserve
- Central Catchment Nature Reserve
- Pulau Ubin
- · Sungei Buloh Wetland Reserve

Plants need the ideal location to grow well and prosper. Weeds can suffocate these plants and make the landscape look unsightly. Join us for a weeding session and get to know the weeds that are invasive in our landscape..

#### **Mangrove Cleanup**

Pasir Ris Park

#### **Plant Records**

Singapore Botanic Gardens

To work on plant records, you should be familiar with data entry. You will help build up the Gardens' plant information database during office hours on weekdays, and have the opportunity to conduct field surveys and gain knowledge of plant records management in a botanical institution.





Work closely with our horticulturists and support them in managing the landscapes in parks and gardens. Also, learn about different plants and their characteristics.

#### **Herbarium Cataloguing**

· Singapore Botanic Gardens

You can contribute at the Herbarium by helping our research team preserve and record specimens from not just the Singapore Botanic Gardens but all over the world. This will involve repairing and mounting dried specimens currently stored in our Herbarium.

#### **Horticulture Management**

- Bishan-Ang Mo Kio Park
- · Bukit Timah Nature Reserve
- Coney Island Park
- Fort Canning Park
- HortPark
- Jurong Lake Gardens
- Park Connector Network
- · Pasir Ris Park
- Singapore Botanic Gardens



Be involved in preparing for and running exciting events for the community, which could include manning information counters, ushering, and facilitating activities.

#### Art in Nature

- Bukit Timah Nature Reserve
- Windsor Nature Park

Proficient in painting? Gather with fellow volunteers once every month to help participants hone their painting skills on nature subjects, while raising awareness on conservation and native biodiversity.

# Community Garden Edibles Competition

You can assist the Horticulture and Community Gardening division in shortlisting the competition entries (i.e., fruit and vegetables), ushering participants, and packing and storing the entries.

#### **Community Garden Festival**

You can help to set up displays, or run talks and tours for this biennial event organised by the Horticulture and Community Gardening division.

#### Gardeners' Day Out

HortPark

#### **Operation No Release**

- Bukit Timah Nature Reserve
- Central Catchment Nature Reserve

'Operation No Release' is a Whole-of-Government initiative that aims to spread public awareness on the harmful impact of releasing animals into parks (including ponds), nature areas, reservoirs and waterways. You will help to look out for any sign of animal release and educate members of the public about the impact of releasing animals into the wild.

# Singapore Garden Festival Horticulture Show

Jurong Lake Gardens

#### **Track Safety Ambassador Programme**

Park Connector Network

You can help spread public awareness on track safety by advising members of the public on safe and responsible riding.

#### Volunteering at Park Events

- Civic District
- Fort Canning Park
- HortPark





Nature & Heritage Education

Be a guide in our parks and gardens, and share your knowledge on history, heritage, as well as flora and fauna with visitors.

#### **Biodiversity Guided Walk**

· Jurong Lake Gardens

#### **Biodiversity Roadshows**

- Central Catchment Nature Reserve
- Pulau Ubin
- · Sungei Buloh Wetland Reserve

#### Children's Programmes

- · Bukit Timah Nature Reserve
- Central Catchment Nature Reserve

#### **Ecolife Tour**

- · Bishan-Ang Mo Kio Park
- · Coney Island Park

#### **Guide at Teck Seng's Place**

Pulau Ubin

Play a part in preserving our heritage as a volunteer docent. You will get to engage visitors with tales of what kampong life was like in Pulau Ubin in the 1970s and help to care for our vintage items displayed at Teck Seng's Place.

# Healing Garden, Heritage, Orchid Garden and Rainforest Guided Walks

· Singapore Botanic Gardens

#### Istana Open House Nature Guided Walk

Istana

#### Mangrove Guided Walk

Pasir Ris Park

#### **Nature Appreciation Walks**

- Bukit Timah Nature Reserve
- · Sungei Buloh Wetland Reserve
- Windsor Nature Park

#### Nature & Heritage Walks

- Ann Siang Hill Park and Telok Ayer Green
- Empress Place & Esplanade Park
- Fort Canning Park
- · The Southern Ridges

#### **Operation Deadline**

Pulau Ubin

Operation Deadline is an activity that targets the removal of stray fishing tackles and lines left by anglers in our mangroves, beaches and ponds. The stray tackles include hooks, swivels, floaters and spools. This activity is important because the stray tackles and lines may ensnare wildlife, strangle plants and pose a safety hazard to visitors.

#### **Therapeutic Horticulture Programme**

- Bishan-Ang Mo Kio Park
- · Choa Chu Kang Park
- HortPark
- Punggol Waterway Park
- · Telok Blangah Hill Park
- · Tiong Bahru Park

#### Other Guiding Opportunities

- · Chek Jawa Tour
- Festival of Biodiversity
- Kampong Tour
- · Rustic Reflections Tour
- Sisters' Islands Marine Park Guided Walk



Enjoy interacting with people? Help provide general information to visitors, respond to queries, gather feedback and manage notice boards and brochure stands.

- · Visitor Information
- Singapore Botanic Gardens

Visitor information volunteer sessions are available on weekdays and weekends either from 9 am to 12 pm, or 2 pm to 5 pm.

# Therapeutic Horticulture

• • •

With growing interest in the benefits of therapeutic gardens and therapeutic horticulture, a series of horticultural workshops targeting elderly groups, persons with dementia and other special needs has been introduced at our Therapeutic Gardens.

The greenery and sensory aspects of the garden will provide visitors with a rehabilitative environment, providing relief from attention fatigue and stress. This is complemented by an outdoor activity area where therapeutic horticulture programmes will be carried out.

These workshop activities are meant to stimulate participants' senses and memories through interaction with nature, and to encourage motor and hand-eye coordination. Our activities can cater for various levels of mobility. Each session is about 1.5 hours.

Led by trained gardeners, the group gardening activities help to:

- Promote low intensity exercise and fine motor skills;
- Stimulate memory;
- Encourage positive social and environmental connections; and
- Promote mindfulness.



# **Activities Available**

# Propagation of Edible Plants

Plant propagation is the process of creating new plants from seeds, cuttings, bulbs or other plant parts. Try this inexpensive way to tap on existing plants to produce healthy plants. The activity helps to stimulate memory, promote fine motor skills and encourage positive social and environmental connections.



# **Gardening** (Weeding/Pruning/Watering)

Learn the basics of park maintenance, where you can weed, prune and water the plants within the Therapeutic Garden. This activity helps to promote medium and low intensity exercise, encourage positive social and environmental connections and promote fine motor skills.

#### Making of Scent Bags

Select your preferred scented herbs and make your own scent bag for your home! This activity promotes medium and low intensity exercise, fine motor skills and stimulates memory.



### Growing of Edible Sprouts

Grow your own vegetables from seeds, which can be harvested after just a few days. The sprouts have high nutritional value, require minimal maintenance and do not need much sunlight. This activity helps to promote medium and low intensity exercise, mindfullness and stimulates memory.

## **Leaf Collage**

Create your own work of art by painting flowers and leave you can observe in the garden on paper. This activity promotes medium and low intensity exercise, fine motor skills and stimulates memory.



Express your creativity by arranging leaves and flowers in different designs on paper. This activity promotes medium and low intensity exercise, fine motor skills and stimulates memory.

Please email us at **volunteer@nparks.gov.sg** for the programme schedule and the full list of therapeutic horticulture activities held at each therapeutic garden.

Join us as a Therapeutic Programme Guide! Love sharing your knowledge and teaching hand-on activities in a cosy, outdoor environment? Join us as a guide to lead or even conduct the therapeutic horticulture programme!

To sign up as a guide, please visit www.nparks.gov.sg/volunteer.

To find out more, please visit www.nparks.gov.sg/therapeutic-gardens.

# Terms & Conditions

#### **Updates & Registration**

Subscription to updates on a programme does not constitute registration for the actual programme. By subscribing to updates on programmes, you agree to receive updates on the requested programme.

To register for the programmes, please refer to the information on registration for the respective programmes.

Registration for programmes is on a first-come, first-served basis upon receipt of registration. Separate terms and conditions for registration for programmes apply.

The registration period and method of registration may differ for each programme. For more information, visit www.nparks.gov.sg.

Fees stated are subject to change without prior notice.

#### Modification, Replacement or Cancellation of Programme

National Parks Board reserves the right to modify, replace or cancel the programme without prior notice at its sole and absolute discretion. National Parks Board shall not be held liable for any loss or damage howsoever incurred arising out of the modification, replacement and / or cancellation of the programme.

For safety reasons, outdoor tours or programmes may be cancelled in the event of inclement weather. National Parks Board reserves the right to modify, replace or cancel any outdoor programme or any part thereof without prior notice at its sole and absolute discretion. National Parks Board shall not be held liable for any loss or damage howsoever incurred arising out of the modification, replacement and / or cancellation of the affected programme.

#### General

All information is correct at the time of printing, but may be subject to change. Please visit **www.nparks.gov.sg** for the latest updates.

All photos and images used are for illustration purposes only. They may not depict the actual product or materials used in the programme, or the actual activities conducted during the programme.

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National Parks Board reserves the right to amend, delete and / or add to these terms and conditions without prior notice at its sole and absolute discretion.



# Tenants Listing

#### Lifestyle Amenities in Parks

Our parks offer everything you need for a holistic and truly memorable park experience - from dining options, arts and cultural activities, sports equipment and bicycle rentals to shopping and lots more!

Simply visit https://www.nparks.gov.sg/activities/activities-and-promotions to check out the wide range of lifestyle offerings in our parks and gardens!

Please check with the respective outlets for more information and for their operating hours.

Parks and Gardens	Outlet Name	Telephone Number
Admiralty Park	Sakura International Buffet Restaurant	6368 8197
Ang Mo Kio Town Garden West	McDonald's	6451 3365
Bedok Reservoir	Forest Adventure	8100 7420
Park	WAWAWA - Bistro by The Reservoir	6285 8038
Bishan-Ang Mo Kio	Aramsa - The Garden Spa	6456 6556
Park	Canopy Garden Dining	6556 1533
	Toriyard	6251 1465/ 9296 5988
	GRUB	6459 5743
	McDonald's	6456 9839
Bukit Timah Nature Reserve	Campers' Corner	6337 4743
Changi Beach Park	GoCycling (Carpark 1)	9238 3451
	GoCycling (Carpark 7)	9238 3450
	The Seagrill (Carpark 1)	6935 0076
Chestnut Nature Park	AIRE MTB	9680 5403
Choa Chu Kang Park	Mr Teh Tarik Cartel	8338 0708
Dhoby Ghaut Green	Visual Arts Centre	6255 0711/6733 2155
East Coast Park	Aloha Sea Sports Centre (Area E1)	6241 9212
	Castle Beach (Carpark E2)	6346 2252
	Central Thai Casual + Seafood Dining (Carpark F2)	6443 5510
	Coastline Leisure (Area B1 and Carpark E2)	6443 3489
	Georges (Carpark C3)	6449 0019
	GoCycling (Carpark C4)	9183 6964
	GoCycling (Area G1)	9238 3450

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	Singapore Wake Park (Carpark E1)	Singapore Wake Park: 6636 4266	
		Coastal Rhythm Café & Bar: 6636 3705	
	East Coast Park – Cyclist Park		
	7-Eleven	-	
	Khcycle	6509 4567	
	KNS Restaurant	8590 1020 / 6816 1383	
	PS. Café by the Sea	6708 9288	
	East Coast Park – Marine Cove (Carpark C2)		
	BABAlicious	6636 3681	
	McDonald's	6443 1467	
	My Briyani House	6742 5522	
	The Coffee Bean & Tea Leaf	6444 4325	
	East Coast Park – Parkland Green (Carpark C1)		
	Atmosphere Bistro	6440 9705	
	Bakery & Bar ST. MARC	6342 1786	
	Basil & Thyme	6286 7266	
	Cheers and Killiney	6342 0266	
	Full Pint Brewery	6342 0244	
	Hvper Sport	6342 0208	
	Kebab Station	9697 8227	
	Patro's Sports Bar & Restaurant	6440 9372	
	Sandbank	6247 7988	
	Starbucks Coffee	6910 1211	
	Tag Team	6348 2696	
	The Yoga Space	8877 7851	
	East Coast Park – Seafood Centre (Carpark E1)		
	Blue Pier Seafoood Restaurant	6604 6777	
	Enak Enak HongKong Tea House	6876 5911	
	Jumbo Seafood Restaurant	6442 3435	
	Long Beach Seafood Restaurant	6448 3636	
	Ubin First Stop Restaurant	6546 5905	
Fort Canning Park	Battlebox	6338 6133	
	Hotel Fort Canning and The Legends	6559 6770	
	The Fabulous Baker Boy	6694 8336	

	Holland Village Park	PARK	9721 3815
	HortPark	Vineyard	6479 7977
	Istana Park	My Art Space	6222 1662
	Jurong Central Park	McDonald's	6861 0684
	Jurong Lake Gardens	Fusion Spoon	6677 8976
	Labrador Park	Tamarind Hill	6278 6364
		Villa Samadhi Singapore	6274 5674
	Marsiling Park	Mr Teh Tarik Cartel	6742 5522
	Mount Faber Park	Mama Shop Vending Machine Café	-
	Pasir Ris Park	Gallop Stable	6583 9665
		Georges at the Cove	6585 0535
		Ohana Beach House	9737 7944
		Rasa Istimewa Restaurant@Pasir Ris	6386 9339
	Pasir Ris Town Park	D'Best Fishing	6581 2123
		GoCycling	9238 3450
	Punggol Park	Five & 2	6282 8801
		GoCycling	9859 0053
	Punggol Point Park	GoCycling	9859 0054
	Raffles Place Park	The Providore Singapore	6533 1352
	Sembawang Hot Spring Park	Sembawang Eating House Seafood Café	9238 6477
	Sembawang Park	Beaulieu House	6257 9234
	Sengkang Riverside Park	O' My Kampong	9710 4280
	Singapore Botanic Gardens	Bee's Knees & Botanico at The Garage	6264 7978/9831 1106
		Casa Verde	6467 7326
		Cluny Food Hall	6763 6578
		Corner House	6469 1000
		Food For Tots	6338 4848
		Forest Pavilion	9653 7775
		Fusion Spoon	6255 5110
		Gardens Shop @ Nassim Gate	6467 0380
		Gardens Shop @ National Orchid Garden	6475 5104
		Gardens Shop @ Tanglin Gate	6475 1155
		UUU	9389 2042

		The Halia The Villa	8444 1148/6476 6711
		Provisions Store	
	Springleaf Nature Park	Verdure Café	8692 6288
	Toa Payoh Town Park	Oasis Bay	6346 4418
	West Coast Park	Dog Wash	9236 7094
		GoCycling	9199 8411
		McDonald's	6779 1413
	Woodlands Waterfront Park	Rasa Istimewa Waterfront Restaurant	6366 9339



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