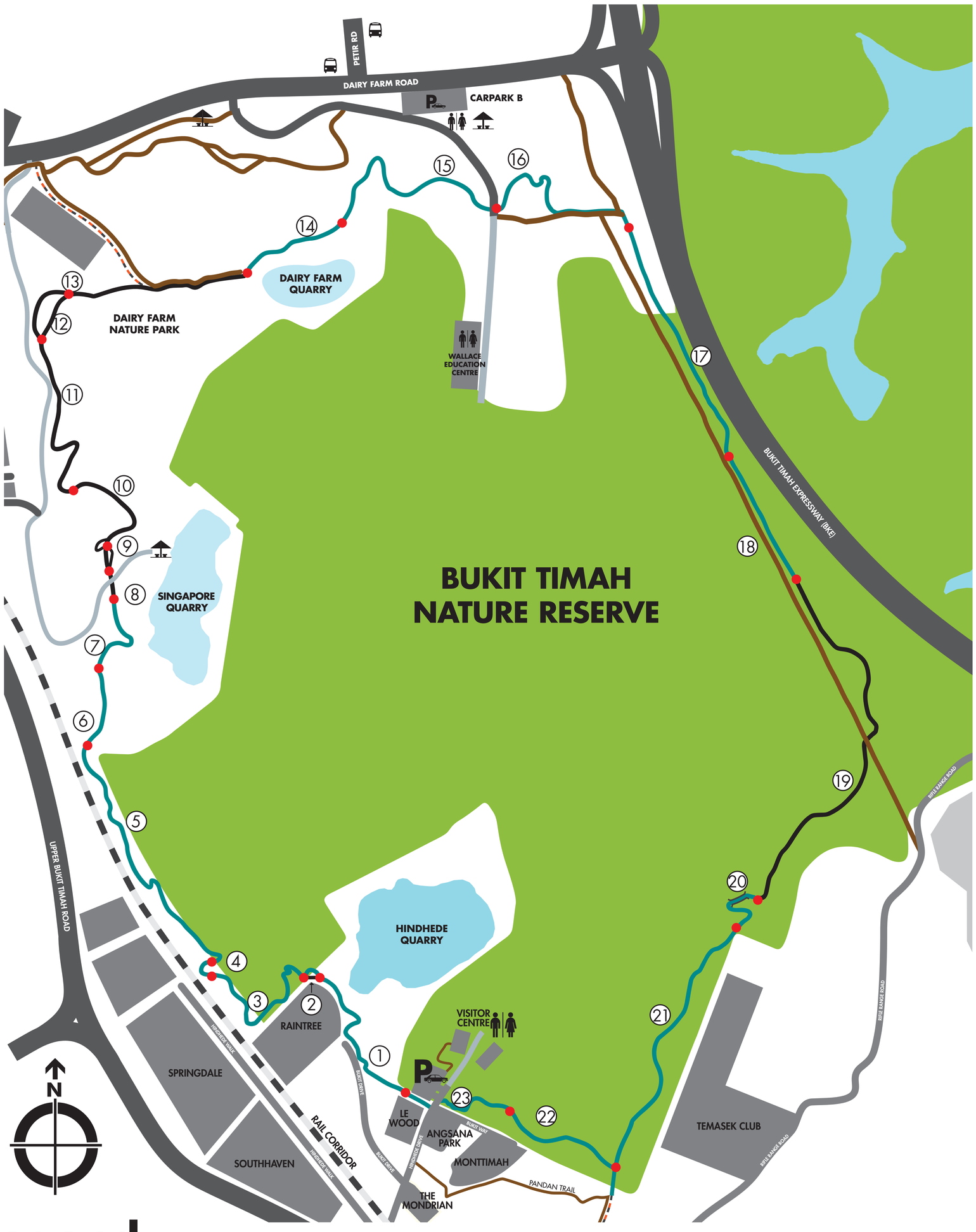
Bukit Timah Mountain Bike Trail

NATIONAL PARKS | LET'S MAKE SINGAPORE OUR GARDEN



The Parks and Trees Act 2005

Regulations for visitors to the Nature Reserves

1. The following activities are prohibited:
   - (a) Damaging, removing or collecting any plant or parts of plants
   - (b) Killing, injuring, capturing, disturbing or feeding any animal
   - (c) Bringing or introducing any animal (including dogs) into the Reserves
   - (d) Setting fires (kindle or cause any fire)
   - (e) Vandalising signages, benches, shelters or any other public amenity
   - (f) Setting up unauthorised signages or markers
   - (g) Littering
   - (i) Polluting, bathing, washing or walking in any water body
   - (j) Creating excessive noise using any audion equipment, musical instrument, loudhailer or other public address system
2. Offenders shall be liable on conviction to a fine not exceeding $50,000 or imprisonment for a term not exceeding 6 months or both.
3. Animals as indicated above include any mammal, bird, reptile, amphibian, fish or invertebrate.
4. For enquiries and emergencies, please call the NParks helpline at 1800-4717300.

Ride within your ability

Trail Name	Grade	Trail Name	Grade
① Centipede	■	⑬ Comfortably Numb	◆
② Cilffhanger	◆◆	⑭ Dairy Farm Pass	■
③ Kinematic Lab	■	⑮ Heart of Darkness	■
④ Figwood Heights	■	⑯ Paku Waku	■
⑤ Viper Zone	■	⑰ Belukar Track	■
⑥ Dive Bomber	■	⑱ Survival	■
⑦ SQueeky	■	⑲ P-Line	◆◆
⑧ Tunnel Vision	◆	⑳ Stairway to Heaven	■
⑨ Bottomless	◆◆	㉑ Rifle Range Trail	■
⑩ Calamus Flow	◆	㉒ Senapang Link	■
⑪ Asas Grinds	◆	㉓ Meek Creek	■
⑫ Drop & Rock	◆◆		

Trail Difficulty Rating System

■ Moderately difficult trails having a combination of some steep slopes, narrow tracks and uneven surfaces

◆ Very difficult trails having a combination of long steep climbs, drop-offs and tricky obstacles

◆◆ Extremely difficult trails having a combination of very steep climbs and drop-offs, sharp corners and tricky obstacles

Legend

Trail | Track | Road | Mountain Biking Trail | Building

Nature Reserve | Bus Stop | Carpark | Shelter | Toilet