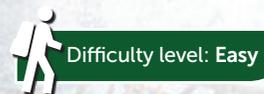


Sights and Activities in **West Coast Park**

Themed as the 'Play Centre in the West', West Coast Park is a large regional park in the southwest of Singapore. Aside from being popular with residents living in the West Coast, Clementi, Jurong and Pasir Panjang, the park also gives students from the universities and polytechnics in the vicinity a respite from the bustle of life.

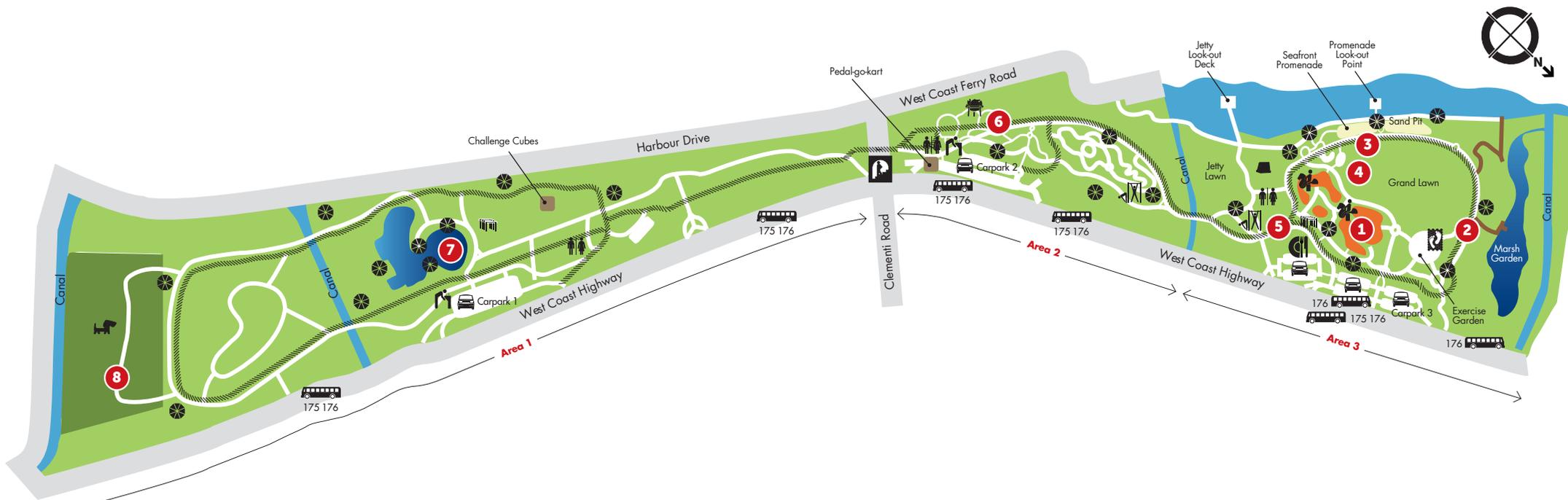
A linear park comprising 50 hectares of flat park land, West Coast Park runs parallel to West Coast Highway. It consists of three areas, each with its own variety of activities to ensure a fun-filled day for visitors both young and old.



Tips for a safe and enjoyable trip

- Dress comfortably and wear suitable footwear.
- Wear a hat, put on sunglasses and apply sunscreen to shield yourself from the sun.
- Spray on insect repellent if you are prone to insect bites.
- Drink ample fluids to stay hydrated.
- Walk along the designated paths to protect the natural environment of the park.
- Dispose of rubbish at the nearest bin.
- Activities such as poaching, releasing and feeding of animals, damaging and removal of plants, and those that cause pollution are strictly prohibited.
- Clean up after your pets and keep them leashed.
- A barbecue pit permit is required if you would like to barbecue in the park. Apply for the permit on www.axs.com.sg or at any AXS machine. There is one located at the McDonald's outlet in Carpark 3.
- A camping permit is required if you would like to camp in the designated campsites in the park. Apply for the permit through the same channels above.





To Haw Par Villa MRT Station
(1km away)



8 Dog Run



7 Pond



6 Barbecue in the Park



5 3G Fitness Corner



4 Grand Lawn



3 Seafront Promenade



2 Marsh Garden



1 Adventure Playground

Legend

Sights and Activities in
West Coast Park

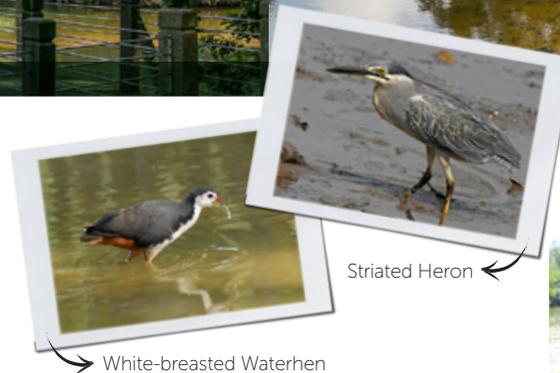




1. Adventure Playground



2. Marsh Garden



White-breasted Waterhen

Striated Heron



Planting Mangrove Saplings at Marsh Garden



3. Seafont Promenade



4. Grand Lawn

Area 3

Area 3 is located at the western end of the park and is a haven for visitors who enjoy adventurous activities. It is no wonder that this is the most visited section of the park.

► 1 Adventure Playground

After a hearty breakfast at McDonald's, which is located near the park entrance, you can have a blast at the Adventure Playground just around the corner. Occupying about 1.1 hectares of land and comprising eight play sets and obstacle courses, the playground offers challenging features like the flying fox, tall spacenet pyramid, and balancing beams. The playground is the focal point of attraction for children, teenagers and parents and it is what West Coast Park is about – play and fun!

► 2 Marsh Garden

Take a slow walk to Marsh Garden and be amazed at its thriving biodiversity. Marsh Garden might seem quiet but it is teeming with activity and interesting creatures. Bring your binoculars to see if you can spot the **White-breasted Waterhen** (*Amaurornis phoenicurus*) and **Striated Heron** (*Butorides striata*).

► 3 Seafont Promenade

The last remaining seafont of West Coast Park boasts views of the horizon and the setting sun. You can enjoy a stroll with a loved one at dusk, or play a game of beach soccer or volleyball at the nearby sand pit with friends.

► 4 Grand Lawn

One of the biggest lawns in Singapore with an excellent sea view, the Grand Lawn boasts 3.5 hectares of space for picnics, frisbee-playing and carnivals. Bring your kite and enjoy a spot of kite-flying with your family.



5. 3G Fitness Corner



6. Barbecue in the Park

7. Pond

► 5 3G Fitness Corner

Want to keep fit? Try the fitness equipment suitable for all ages at the inter-generational fitness corner. Strengthen your physique at the purpose-designed stations, or tone your body at the exercise machines.

Area 2

Area 2 is an ideal section for some weekend family fun.

► 6 Barbecue in the Park

There is nothing like a great barbecue session for catching up with friends or bonding with family in the natural surroundings. Organise your next barbecue in the park, where the lovely surroundings will serve as a complement to the food and company.

If you are looking for new outdoor activities for the family, rent a pedal-go-kart at the pedal-go-kart shop near Carpark 2.

Area 1

Area 1 is located at the eastern wing of the park and allows you to take a breather if you prefer a peaceful environment.

► 7 Pond

The pond is a favourite with those seeking an escape from our fast-paced city life. Visitors can jog or stroll along the shaded paths in this part of the park or relax in the serene environment.

Nature lovers, look out for birds, dragonflies and butterflies around the pond. Hear the melodious "too-who-you" whistle of the **Black-naped Oriole** (*Oriolus chinensis*), or try catching a close-up of the beautiful black and yellow **Common Flangetail** (*Ictinogomphus decoratus melaenops*) on camera. The **Chocolate Pansy** (*Junonia hedonia ida*), with its orange-brown wings, can also be seen frolicking in sunny, grassy spots.



Common Flangetail



Black-naped Oriole

Chocolate Pansy

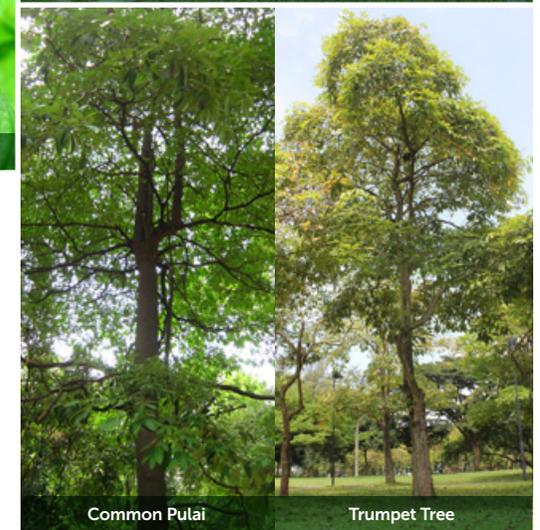


8. Dog Run

After a good rest and if you are up for a "caving" adventure, try the Challenge Cubes (www.challengecubes.com) nearby, a simulated cave system where participants move in complete darkness. Use your senses to make your way through tight crawl spaces and moving obstacles.

► 8 Dog Run

A large turf of 2.3 hectares, the dog run is fenced up to create a green expanse for dogs to run free. It is perfect for dog owners who want to bring their pets to the park for some exercise. While you watch your pet having fun, relax in the pockets of shade around the vicinity. Tree species like the **Common Pulai** (*Alstonia angustiloba*) and **Trumpet Tree** (*Tabebuia rosea*) were selectively planted to create shady sections for visitors to rest in.



Common Pulai

Trumpet Tree

*We hope you have enjoyed exploring West Coast Park.
For another experience in a park near the coast,
embark on a journey of discovery at Changi Beach Park.*

www.nparks.gov.sg/eguides
www.facebook.com/nparksbuzz
www.instagram.com/nparksbuzz

Sights and Activities in
West Coast Park